

THANK YOU

For attending our conference. We appreciate you taking the time to listen and engage with us, and we look forward to seeing where you go from here. Here are some resources to start (or continue!) your antiracism education.

ANTIRACISM BOOKS

Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla F. Saad

How to Be an Antiracist by Ibram X. Kendi

So You Want to Talk About Race, by Ijeoma Oluo

Between the World and Me, by Ta-Nehisi Coates

Why I'm No Longer Talking to White People About Race, by Renni Eddo-Lodge, 2017

White Fragility: Why It's So Hard for White People to Talk About Racism, by Robin DiAngelo

Uprooting Racism: How White People Can Work for Racial Justice, by Paul Kivel

White Privilege: Unpacking the Invisible Knapsack - Downloadable PDF © 1989 Peggy McIntosh

Why are all the Black kids sitting together in the cafeteria?: And other conversations about race by B. D. Tatum

Just Mercy, Bryan Stevenson

Americanah, (2013) Chimanda Ngozi Adichie.

The Hate You Give, (2017). Angie Thomas. Harper Collins.

White Victims, Black Villains (2006) Carol Stabile

Alligator & Other Stories (2020) Dina Alzayat

RESOURCES FOR TEACHERS

Early Childhood and Elementary Resources - Antiracism books, videos, learning plans.

Responding to Hate and Bias at School, this guide can help you address issues at any phase of a hate or bias incident. Tolerance.org

<u>Speak Up at School</u>, provides resources to help both educators and students tackle discussions about bias and stereotypes. Tolerance.org.

<u>Is Your Institution Racist?</u> - discussion of how institutions of higher education can better work for students, faculty members and staff members from diverse backgrounds and communities.

<u>Dealing with Dilemmas: Upstanders, Bystanders and Whistle-Blowers</u> - The purpose of these lessons is to help students think about how to resolve difficult ethical decisions related to injustice. By role-playing, researching people who have made courageous ethical decisions, and writing about their own role models, students will come to understand the importance of standing up for what they believe in.

How Systemic Racism Infiltrates Education by Ben&Jerry

<u>We Can't Just Go Back to "Normal"</u>- Research-based Resources to Help You Teach, Talk, and Learn About **Structural Racism,** By Olivia Butze, SAGE Publishing

RESOURCES FOR PARENTS

"Here's How W. Kamau Bell Talks About Race with His Kids," The Tell Show

"Talking to Your Child About Race and Racism" My New Life podcast episode featuring Julie Lythcott-Haims

"Talking Race with Young Children," NPR

"Tips for Talking About Race with Small Children," Third Space

"Looking for Excellent 'Diverse' Books for Children? Start Here!" EmbraceRace

"Your Kids Aren't Too Young to Talk About Race: Resource Roundup," by Katrina Michie

RESOURCES FOR BUSINESS OWNERS /MANAGERS/ HR

"How White Managers Can Respond to Anti-Black Violence," by Michael W. Kraus, Yale Insights

"What is means to be an anti racist company" Jennifer Liu, CNBC, July 2020

"4 Ways You Can Tackle Racial Discrimination In Your Workplace" Heidi Lynne Kurter, Forbes, July 2020

"Why CEO Black Lives Matter Communications Are Critical: A DIBs Leader's Perspective," by Erin L.

Thomas, VP, head of diversity, inclusion, and belonging, Upwork

"How to Fight Racism in the Workplace," Glassdoor Team

"Engaging in Conversations About Gender, Race, and Ethnicity in the Workplace," Catalyst

"Women of Color Get Less Support at Work. Here's How Managers Can Change That," by Zuhairah Washington and Laura Morgan Roberts

RESOURCES FOR HEALTHCARE PROFESSIONALS

"Killing the Black Body: Race, Reproduction, and the Meaning of Liberty" by Dorothy Roberts

Racism In Medicine Isn't An Abstract Notion. It's Happening All Around Us, Every Day by Ayotomiwa Ojo

<u>Discrimination, PTSD may lead to high preterm-birth rates among African-American women</u>, UNIVERSITY OF WASHINGTON,2019.

Gynecology & Anti Blackness

Why No One Can Design a Better Speculum by Rose Eveleth

The 'Father of Modern Gynecology' Performed Shocking Experiments on Slaves by Brynn Holland

Racism, African American Women, and Their Sexual and Reproductive Health: A Review of Historical and Contemporary Evidence and Implications for Health Equity

COVID-19 and Racism - Open Letter by Healthcare Professionals

BYSTANDER INTERVENTION

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How to report an incident

You can report a racist incident online at www.ireport.ie or through one of the iReport Reporting Centres listed overleaf (page 26)

What information do I need?

Our survey is designed to collect the maximum information, but you do not have to fill in answers to every question. Here's a quick guide to some of the information you might like to provide.

Questions marked * are not optional

What type of incident are you reporting? *

- ☐ Something racist in the media or on the internet?
- Physical harm / abuse / harassment/ damage / discrimination?
- ☐ Graffiti?

Graffiti

- ☐ Date & location
- ☐ Photo
- □ Who was it targeting?

Physical harm / abuse/ harassment / damage / discrimination

☐ What type of crime or incident is it choose from list

AND/OR

- What type of discrimination is it, e.g. employment, housing, access to goods and services?
- ☐ How many people were targeted?
- ☐ Where was it?
- □ Date
- □ Is it repeat harassment?
- □ Were there injuries
- ☐ Please describe the incident

Racism in the media

- □ Date & publication
- □ Screen shot or URL

Reporting

We ask about reporting so that we can track the responses of relevant authorities and the effectiveness of them.

- □ Did you report it to anyone else e.g.
 Gardaí, local authority, school, Twitter,
- ☐ What was their response?

Why do you think the incident was racist?

- ☐ Racist language, images or symbols
- Religious-associated clothing on targeted person
- ☐ There was no other motivation
- ☐ It was about something else but racism came into it

Impact

Racism can have very serious impacts on individual, family and community life, and we would like to understand better how incidents affect those targeted.

□ What impact did it have?

We will always ask the ethnicity and religion of the targeted person(s). We will also ask details about age, disability, and gender, and how many people were targeted. We will also ask for this information about the perpetrator(s), and your relationship with them, but this is used for analysis only. We use this information only to guide our analysis of racism in Ireland. We will always consider any identifying details in choosing what to publish from our data. Your safety is our priority.

OPPORTUNITIES FOR WHITE PEOPLE IN THE FIGHT FOR RACIAL JUSTICE - whiteaccomplices.org

LARGER COLLECTIONS OF ANTI-RACISM RESOURCES

Anti-Racism Project

Jenna Arnold's resources (books and people to follow)

Rachel Ricketts's anti-racism resources

"Resources for White People to Learn and Talk About Race and Racism," by Nicole Carpenter

Showing Up for Racial Justice's educational toolkits

Resources for White Allies - University of Wisconsin Madison

USEFUL YOUTUBE VIDEOS

Systemic racism explained!

Racial/Ethnic prejudice & discrimination

Does the UK suffer from a similar systemic racism to the US?

USEFUL INSTAGRAM VIDEOS

The Room by Amanda Adé

https://www.instagram.com/tv/CAvzHOIAcVv/?igshid=iek0xdnfdqcd

Racism in Ireland by Femi Bankole

https://www.instagram.com/tv/CBRC7M9AYOI/?igshid=b0dmulhz7hue

Police reform by Joe Biden & Trevor Noah

https://www.instagram.com/tv/CBRrMffJ4qM/?igshid=j9gqsf4cv54d

PODCASTS TO LISTEN TO

Racism is Real in Ireland (Spotify)

Modern Problem (Spotify)

The As It Is Podcast- Racism (Spotify)

1619, The New York Times

Brené With Ibram X Kendi On How To Be An Anti Racist, Unlocking Us (Spotify)

Code Switch, NPR

Seeing White, Scene One Radio (Spotify)

Black and Bold Podcast (Spotify)

<u>Ted Radio Hour: Ingrained Injustice</u> (Apple Podcasts)

ARTICLES TO READ

"75 Things White People Can Do for Racial Justice," by Corinne Shutack

"Welcome to the Anti-Racism Movement—Here's What You've Missed," by Ijeoma Oluo

"I Shudder. Do You?" by Julie Lythcott-Haims

"Antiracist Checklist for Whites," by Robin DiAngelo (adapted from Dr. John Raible)

"Black People Need Stronger Allies—Here's How You Can Be One," by Stephanie Long

"Racial Microaggressions in Everyday Life," by D. W. Sue, C. M. Capodilupo, G. C. Torino, et al.

"28 Common Racist Attitudes & Behaviors" by Debora Leigh

'You have to fight twice as hard to have your voice heard' - Linda Djougang, Leinster Rugby, June 2020

MOVIES/DOCUMENTARIES TO WATCH

<u>'This Land'</u> is a short twenty minute documentary by Zithelo Bobby Mthombeni which explores the themes of race, identity and immigration in Irish society.

The Hate U Give, a film based on the YA novel offering an intimate portrait of race in America

Just Mercy, a film based on civil rights lawyer Bryan Stevenson's work on death row in Alabama

The 1965 debate between James Baldwin and William F. Buckley

Let It Fall, a documentary looking at racial tensions in Los Angeles and the 1992 riots over LAPD officers' brutal assault on Rodney King

When They See Us, a Netflix miniseries from Ava DuVernay about the Central Park Five

13th, a Netflix documentary exposing racial inequality within the criminal justice system

I Am Not Your Negro, a documentary envisioning the book James Baldwin was never able to finish

Selma, a film that chronicles the marches of the Civil Rights Movement

Whose Streets?, a documentary about the uprising in Ferguson

American Son, a film with Kerry Washington about an estranged interracial couple waiting for their missing son

The Central Park Five, a documentary from Ken Burns

A Class Divided, a Frontline documentary

HELPFUL INFOGRAPHICS

I identify how I may unknowingly benefit from Racism. I promote & advocate for policies & leaders I recognize racism is a that are Anti-Racist. present & current problem. I seek out questions that I sit with my make me uncomfortable. discomfort. I deny racism is a problem. I avoid I understand my own I speak out when I see hard questions. privilege in ignoring racism. Racism in action. **Growth Zone** Fear Zone **Learning Zone Becoming** Anti-Racist I education myself about I educate my peers I strive to be race & structural racism. how Racism harms comfortable. our profession. I talk to others who I am vulnerable about my look & think like me. own biases & knowledge gaps. I don't let mistakes deter me from being better. I listen to others who think & look differently than me. I yield positions of power to those otherwise marginalized. I surround myself with others who think & look differently than me.



2019

VICTIMS OF RACISM



Racism in Ireland: iReport.ie Reports of Racism

GENDER



Men are more likely than women to experience RACIST ABUSE and RACIST ASSAULT.



more likely to experience assault



more likely to experience racist abuse

TARGETED GROUPS

RACIST CRIME

37% African descent

20% South/ East Asians

13% Other white EU

14% Muslims

DISCRIMINATION

34% African descent

14

14% Muslims

10% Travellers

IMPACT OF RACISM ON VICTIMS



IMMIGRATION STATUS

The largest group of victims are IRISH CITIZENS (34%) followed by VISA HOLDERS from non-EU countries (21%)



81 Psychological



38 Social



15 Financial



33 Physical

REPORT RACISM AT WWW.IREPORT.IE

READ OUR LATEST REPORTS OF RACISM IN IRELAND AT WWW.INAR.IE

2019

PERPETRATORS



Racism in Ireland: iReport.ie Reports of Racism



75%

of racist crime and abuse was by WHITE IRISH PEOPLE



50%

were STRANGERS, not known to their victims



47%

were acting ALONE.



28%

of cases were by PUBLIC SECTOR STAFF.



83%

ADULTS were 83% more likely to be perpetrators of racist crimes and abuse than young people.



2%

Less than 2% were under influence of ALCOHOL OR DRUGS.

REPORT RACISM AT WWW.IREPORT.IE

READ OUR LATEST REPORTS OF RACISM IN IRELAND AT WWW.INAR.IE

2019

REPORTING RACISM

Racism in Ireland: iReport.ie Reports of Racism



RACIST CRIME



UNDERREPORTING



ILLEGAL DISCRIMINATION

Cases were reported to a wide range of public and private sector organisations.

28%

of crimes were reported to organisations other than the police.

60% of other incidents



HATE SPEECH

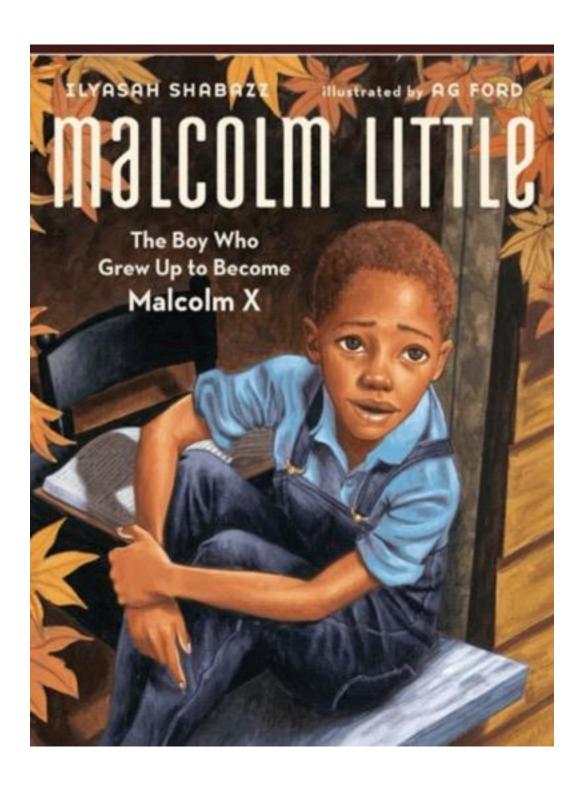
49% of social media hate speech cases were reported by the public to social media platforms.

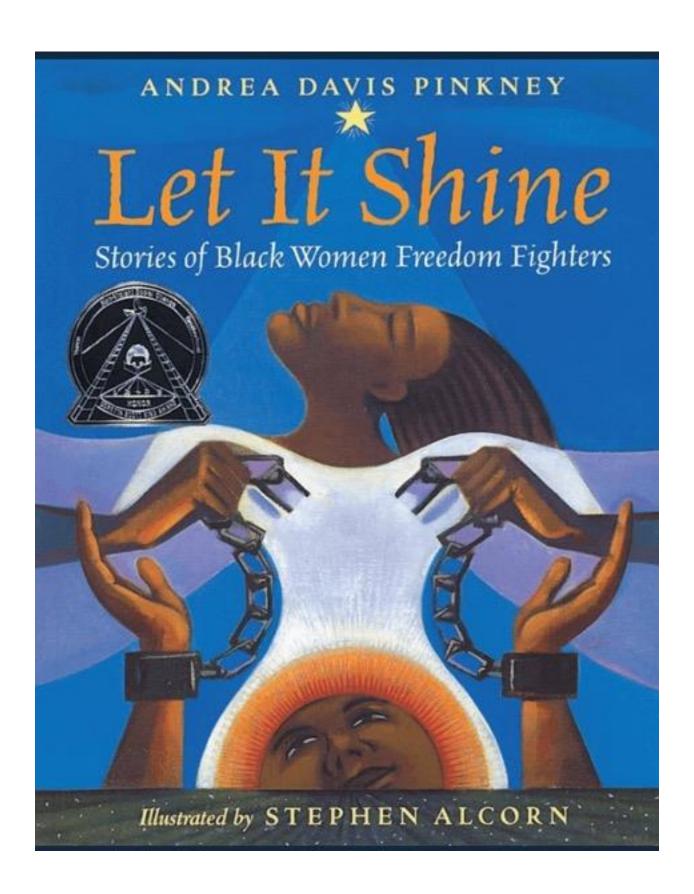
Only 4 of these posts were removed and 1 user suspended temporarily

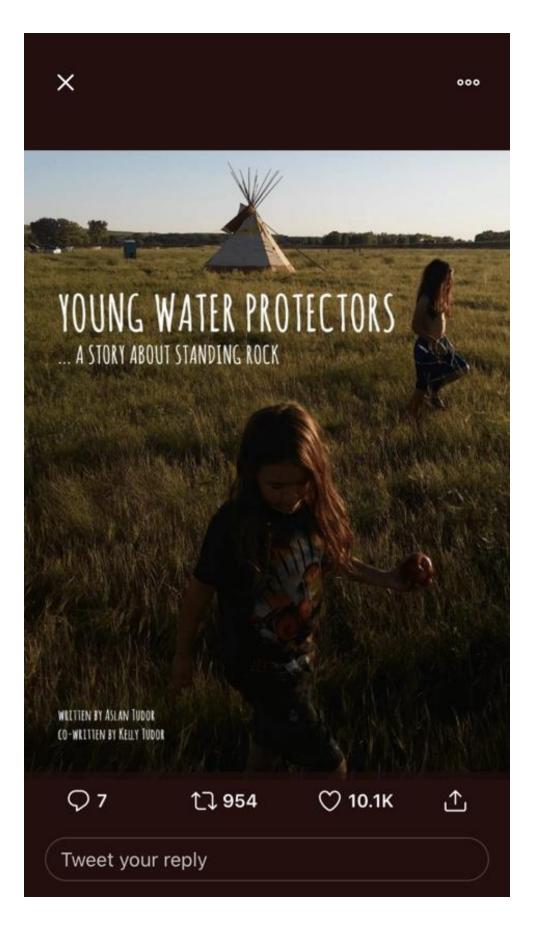
Most victims of racist crime would like anonymous reporting and self-report form to make reporting to

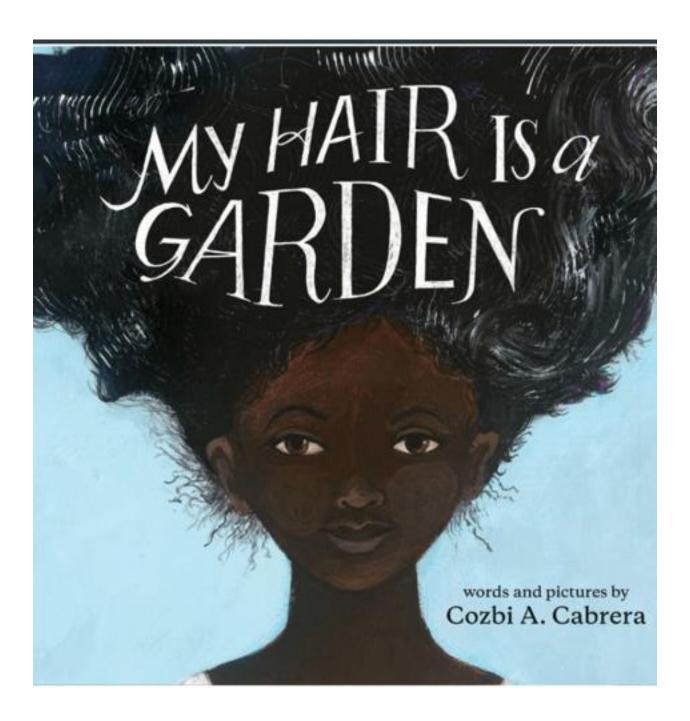
REPORT RACISM AT WWW.IREPORT.IE

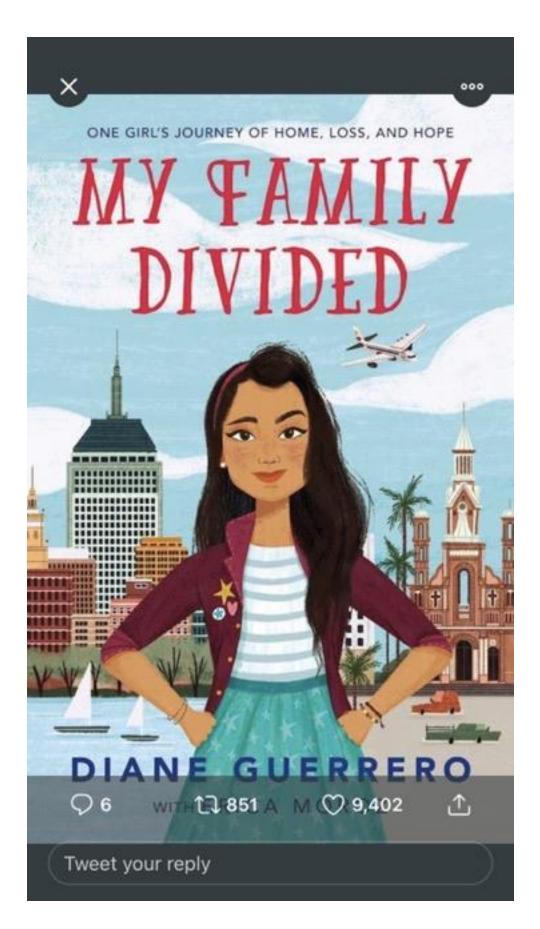
READ OUR LATEST REPORTS OF RACISM IN IRELAND AT WWW.INAR.IE

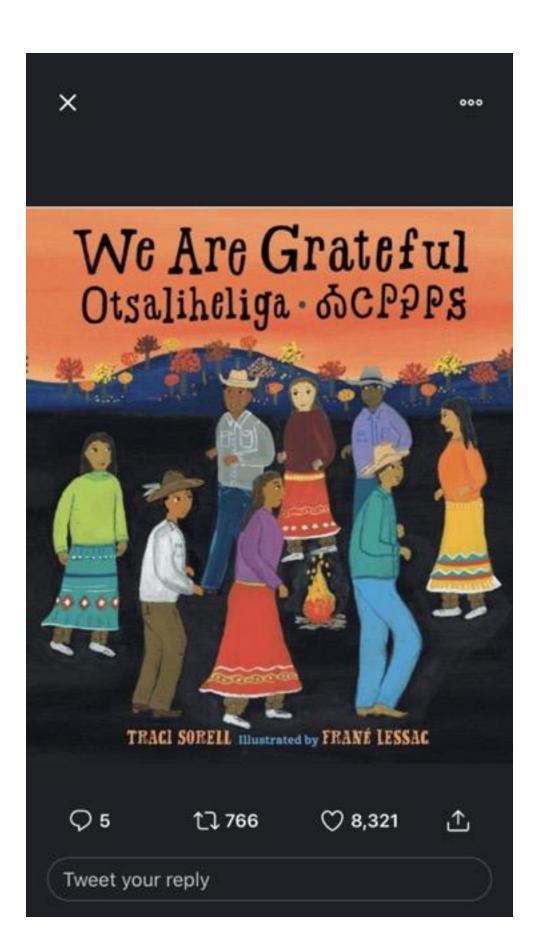


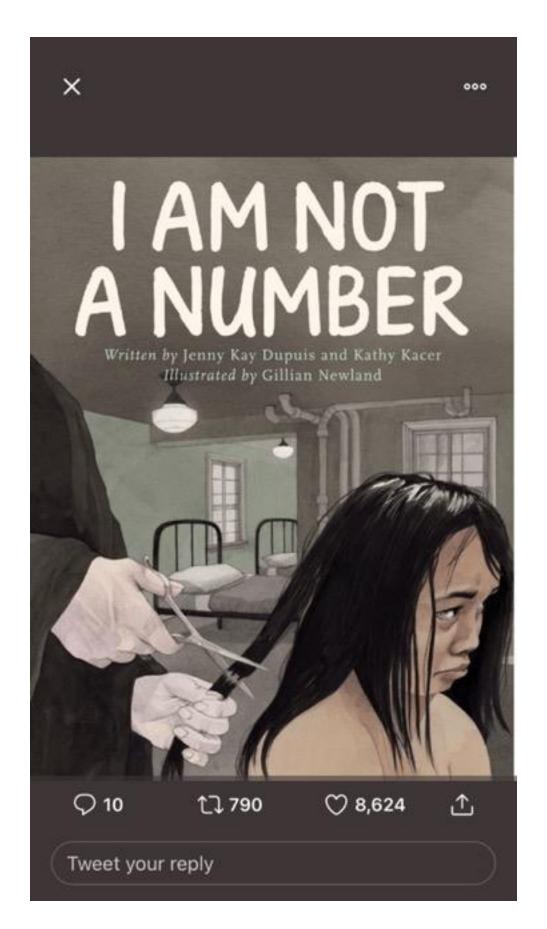








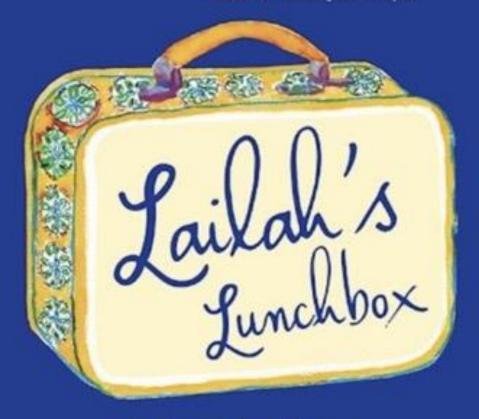




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"A levely classroom-friendly introduction to the Meelim mouth of fasting!"

—Babtens than approximate pather and storytellar



A Ramadan Story

Reem Faruqi 🐇 Illustrations by Lea Lyon

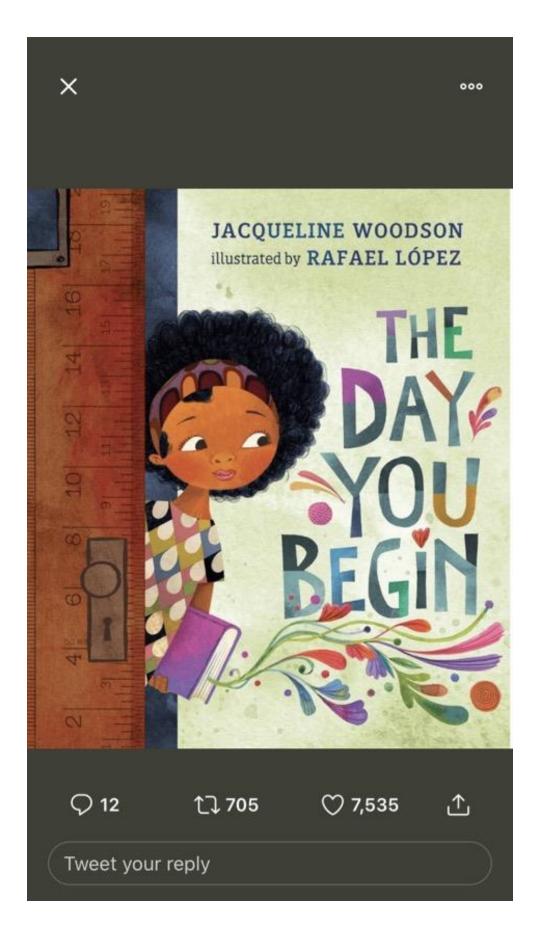
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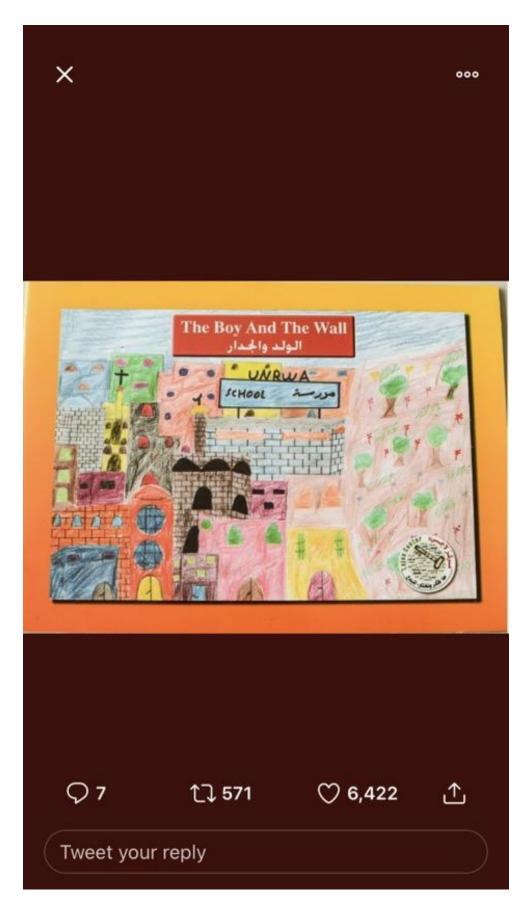
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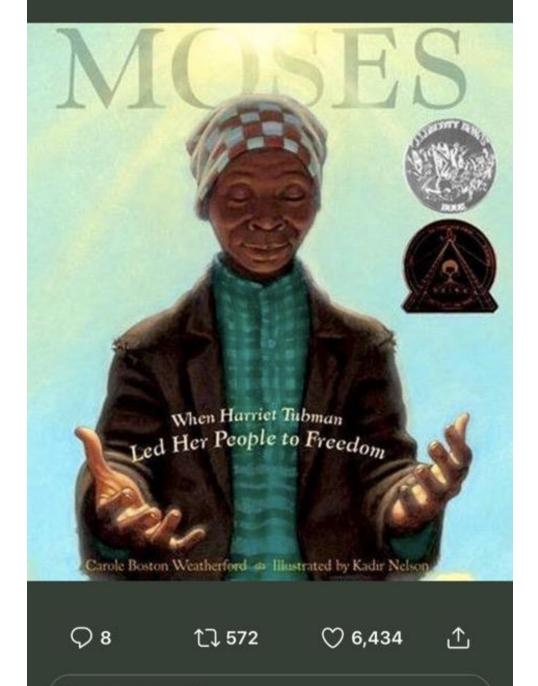


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