

# Youth & Community Supports in Co Monaghan



**Pieta House**  
**Crisis Counselling**  
Cavan/Monaghan Service  
1800 111 126

FREEPHONE  
24/7 HELPLINE

1800 247 247

Text 51444

www.pieta.ie



**SOSAD Ireland**  
6 Parnell St. CMX

sosadcarrick@gmail.com  
@SOSADMonaghan

**24 HOUR  
CRISIS LINE**

042

966 8992

If you, or someone you know is in crisis,  
contact your GP,  
ring Doc-On-Call on 1850 777 911,  
or go straight to your nearest  
A&E Department.

**FREE 24/7 Crisis Text Line**  
Text "HELLO" to  
**50808**

From breakups or bullying, to  
anxiety, depression and suicidal  
feelings, Crisis Volunteers are  
available 24/7 for anonymous  
text conversations.



**Monaghan and Cavan Youth  
Substance Support (MaCYSS)**  
Youth (12-18) and Family  
Alcohol and other Drug Service  
MaCYSS@alcoholforum.org  
085 7442857



Teach na Daoine FRC  
Oriol Way Monaghan  
047 71398  
www.teachnadaoine.com  
@teachnadaoine  
@TNDFRC

Family Resource Centres:  
Serving your  
communities



**CLONES  
FAMILY  
RESOURCE CENTRE**  
047 52919  
086 1785710

@clonesfrc  
@ClonesFRC



**cmetb**  
Bord Oideachais agus Oiliúna  
an Chathair agus Mheánscoil  
Cavan and Monaghan  
Education and Training Board

**Cavan and Monaghan ETB  
Youth Services**  
049 433 1044  
youthservices@cmetb.ie



**NEIGHBOURHOOD YOUTH PROJECT  
GARDA YOUTH DIVERSION PROJECTS  
BIG BROTHER BIG SISTER  
VOLUNTEER LED YOUTH CLUBS**

Contact: Siobhan Collins | Tel: 086 0209181 | Email: siobhan.collins@foroige.ie



**CHILDLINE THERAPEUTIC SUPPORT SERVICE**

Contact: Audrey Rabbitte

Childline therapeutic Support Worker | Mobile: 087-3603742 |

Audrey.Rabbitte@ispcc.ie

The service works with young people under 18 years of age and their parents/ carers. Referrals are  
welcomed from professionals, parents and young people who maybe experiencing difficulties.



**Youth Personal Development (16 - 25)**

Mobile: 087-7109249 | facebook.com/journeys.monaghan.3

QQI Qualification, Mentoring, Group Work.

www.ywimonaghan.ie



**An Garda Síochána**  
Ireland's National Police & Security Service

**Local Garda Contacts**

**Garda Pat Merrick**  
Garda Juvenile Liaison Officer  
Mobile: 0870601813

**24 hour Garda stations**  
Monaghan 047 77200  
Carrickmacross 042 966 1222  
Castleblayney 042 974 7900

**Monaghan Integrated  
Development CLG**



Tel: 042 97 49500

The Local Development Company for  
Rural Development, community development and Social  
Inclusion supports, for people living in Co Monaghan

@MonaghanIntegrated

**County Monaghan  
Children & Young People's  
Services Committee**

Coordinator - Collette Deeney  
email: collette.deeney@tusla.ie  
087 349 4714



**PREVENTION  
PARTNERSHIP,  
& FAMILY SUPPORT  
(PPFS)**

Contact: Charelene Duff  
Phone: 0429795623

**Parenting  
Monaghan**  
0429749500



**MONAGHAN SCHOOL  
COMPLETION  
PROGRAMME**

Castleblayney/Clones  
Coordinator Niamh Mc Breen  
Mobile: 087 1758252  
North Monaghan  
coordinator Marlene Rice  
Mobile 0873169462  
Farney School Completion  
Caltriona Carragher  
Mobile 0873169460  
Monday to Friday | 9am to 5pm

@ywimonaghan1  
youthcafecmx  
ywi\_monaghan

Young people or parents can contact qualified  
youth workers and we will speak to them, offer  
crisis intervention and signpost them onward to  
appropriate services if required



**ISPCC**  
**CHILDLINE**  
1800 666 666  
Text 'Talk' to 50101

**SPUNOUT**  
Visit www.spunout.ie or  
Text SPUNOUT to  
**086 1800 280**  
(standard sms rates apply)

1800 833 634

**TeenLine**  
IRELAND

**SAMARITANS**  
Call us free 24/7 on  
**116 123**  
samaritans.org



www.ywimonaghan.ie