

# Action Plan for the Clare Children and Young People's Services Committee **2024-2026**





# Foreword:

As Chairperson of Clare Children and Young People's Services Committee (CYPSC), it is with great pleasure that I introduce the Children and Young People's Plan (CYPP) 2024 – 2026. I am excited to share with you our achievements and challenges in recent years. Our committee has made progress in improving the relationships between inter-agency services in Co. Clare to address the needs of children, young people, their families, and their communities.

This is Clare's second CYPP and it continues to build on the work carried out by CYPSC members and partner agencies. The purpose of the Clare Children and Young People's Services Committee is to secure better outcomes for children and young people through more effective co-operation and collaboration by existing services and through interventions at local level.

The voice of children and young people is at the heart of Clare's plan, and I must pay recognition to them. They were generous with their time, experience and insights in the consultation process for the development of this plan. Their input will guide Clare CYPSC as it continues to improve outcomes for children and young people through interagency and collaborative working. Our plan is the better for it. We have achieved progress in interagency collaboration, leadership and evidence-informed practice. Members have worked to clarify roles and responsibilities of stakeholders, demonstrate leadership on improving outcomes for children and young people, and prioritise identified gaps while avoiding duplication.

The socio-demographic profile of Co. Clare has highlighted several areas that require attention, such as health, deprivation, disability, and education. Two issues consistently arise for our children and young people in the county. The issue of mental health and wellbeing at various ends of a continuum – from mild to moderate anxiety and depression, to access to specialist services across the county. Transportation has featured in all consultations we have completed in the lead up to publication of our strategy. CYPSC members recognise the importance of both these issues and are committed to exploring methods to alleviate these issues.

Our committee believes in working with children, families, and communities to maximise their dignity, autonomy, and self-determination while providing services that are timely and appropriate for their specific needs. We are committed to continuing our work with local stakeholders to address these challenges and make a positive impact on the lives of children and young people in our county.

As chairperson of Clare CYPSC, I wish to extend my sincere thanks to all those involved in developing this plan. Clare CYPSC members and CYPSC subgroup members, both past and present, and partner agencies offered their insight, time and dedication to contribute to this plan and actions to date. We will continue to work together for the benefit of children and young people in Co. Clare.

Aisling O' Neill  
Chairperson Clare CYPSC  
Area Manager  
Tusla Midwest

## Contact:

The Clare Children and Young People's Services Committee welcomes comments, views and opinions about our Children and Young People's Plan.

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# Background:

The purpose of the Clare Children and Young People's Services Committee is to secure better outcomes for children and young people through more effective co-operation and collaboration by existing services and through interventions at local level.

Clare CYPSC works towards the five national outcomes for children and young people in Ireland. These are that children and young people:

- 1. Are active and healthy, with positive physical and mental wellbeing**
- 2. Are achieving full potential in all areas of learning and development**
- 3. Are safe and protected from harm**
- 4. Have economic security and opportunity**
- 5. Are connected, respected and contributing to their world**

Each CYPSC must develop and implement an interagency 3 year Children and Young People's Plan for the County (CYPP), which is designed to improve outcomes for children and young people in their area based on the 5 National Outcomes for children and young people in Ireland.

The Clare CYPSC has access to a range of statutory funding streams to support the implementation of our identified actions. An extensive data gathering and consultation exercise (with young people and service providers) was conducted to inform the strategic areas identified in this action plan.

Copies of the full plan are available on:  
<https://www.cypsc.ie/your-county-cypsc/clare.227.html>



## Summary of Children and Young People's Plan for Co. Clare

Outcome Areas	Local Priority Areas
1. Active and healthy, physical and mental wellbeing	<ul style="list-style-type: none"> <li>• Mental health and well-being community provision for children and young people</li> <li>• Promoting access to sport and physical activity for all families especially young people with additional needs</li> <li>• Promoting health and well-being in the home with a focus on food poverty</li> <li>• Young people supported to develop healthy relationships</li> <li>• Promoting play across the county</li> </ul>
2. Achieving full potential in learning and development	<ul style="list-style-type: none"> <li>• Early years pre-literacy and numeracy are nurtured in the home</li> <li>• Supporting young people to stay in education</li> <li>• Supporting educational transitions for young people</li> <li>• Trauma informed practices</li> <li>• Young people living independent lives</li> </ul>
3. Safe and protected from harm	<ul style="list-style-type: none"> <li>• Parenting support and signposting</li> <li>• Development of an infant mental health network</li> <li>• Explore supports for Parents with mental health challenges</li> <li>• Support anti-bullying awareness</li> <li>• Support the promotion of Hidden Harm</li> <li>• Support for victims of domestic violence</li> <li>• IPAS/Ukraine response</li> </ul>
4. Economic security and opportunity	<ul style="list-style-type: none"> <li>• Strategic Partnerships</li> <li>• Promoting employability opportunities for young people</li> <li>• Improving access to employment and training</li> </ul>
5. Connected, respected and contributing to their world	<ul style="list-style-type: none"> <li>• Equipping organisations with skills to include young people</li> <li>• Dedicated youth spaces for under 12's</li> <li>• Restorative practice-based communities</li> <li>• Supporting immigrant youth</li> <li>• Youth volunteering</li> <li>• Gender identity awareness training</li> </ul>
6. Change management	<ul style="list-style-type: none"> <li>• Critical Incident Protocol</li> <li>• Local needs analysis</li> <li>• Interagency collaboration</li> </ul>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 1: Active And Healthy, Physical, And Mental Wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
1.1 Mental Health and Wellbeing Community Provision for Children and Young People	A youth mental health facility operates within Co. Clare, with alternative strategies implemented until its establishment	Recommendations from Clare CYPSC Mental Health Research are implemented	Clear pathway to establishing pilot youth mental health service in Clare is identified, including ascertaining viable funding sources	Publish Mental Health research	Q2 2025	Active & Healthy Subgroup and a separate working group	Sharing the Vision	<b>Transformational goals:</b>  Earlier intervention and prevention  Listen to and involve children and young people  Ensure quality services
				Consult with existing youth-led committees to advise on project development	Q2 2025	HSE Tusla	Connecting for Life Strategy  Healthy Ireland Framework 2019-25	
			Report published detailing benefits of creative arts therapy in supporting youth mental health	Evaluate the role that creative arts therapy can be used to support the mental health of young people in Co. Clare	Q4 2024	Clare Youth Service  Mental Health Ireland  Bluebox Creative Arts Therapy	LECP Strategic Action - Support the delivery of the Healthy Clare Action Plan 2023-2025 focused on supporting mental health and healthy weight in the county	



## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 1: Active And Healthy, Physical, And Mental Wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
		Increased numbers of young people accessing website and chat service  Number of participants in Digital Mental Health Supports programme	10% increase in number of users accessing 'Heads Up Clare' Website, and number of Clare young people accessing Youth Information Chat Service  30 young people and/or parents participate in Digital Mental Health Supports programme	Update and promote 'Heads Up Clare' Website and Youth Information Chat Service  Promote ISPCC Digital Mental Health Supports programme	Q2 2025  Q1 2025	ISPCC  CYPSC Subgroup		

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 1: Active And Healthy, Physical, And Mental Wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
1.2 Promote access to and participation in mainstream sports	To explore and remove barriers for disadvantaged youth/youth with disabilities to participate in sports	<p>Number of clubs that organise a swap shop event in Co. Clare</p> <p>Number of young people with mild disabilities targeted to engage with mainstream sporting events in the county</p>	<p>10 clubs partake, and 50 young people avail of equipment through the swap shop exchange in 2024/25</p> <p>25 young people with mild disabilities will have participated in mainstream sporting events in the county</p>	<p>Organise a swap shop event for clubs to gather unused or unwanted sporting equipment which can then be offered to young people.</p> <p>To work with Cuman na Bunscoil and Community Games Clare to include the participation of young people with mild disabilities to engage with their events</p>	<p>Q4 2025</p> <p>Q4 2025</p>	<p>Clare Sports Partnership</p> <p>NCSE (National Council for Special Education)</p> <p>Active &amp; Healthy Subgroup</p> <p>Cumann Na mBunscoil Clare</p> <p>Children's disability services (statutory and voluntary)</p>	<p>Healthy Ireland Framework 2019-25</p> <p>Healthy Clare Strategy</p> <p>Clare Sports Partnership Strategic Plan</p> <p>LECP Strategic Action - To support the implementation of a Sports Strategy for Clare to encourage and enhance opportunities in sports for Clare communities</p>	<p><b>Transformational goals:</b></p> <p>Support parents</p> <p>Earlier intervention and prevention</p> <p>Ensure quality services</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 1: Active And Healthy, Physical, And Mental Wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
1.3 Promote health and wellbeing practices in the home and community to tackle the issue of food poverty in Clare	Communities are supported to access affordable and healthy food through interagency collaboration	<p>An interagency working group is established to develop a Clare Food Partnership initiative</p> <p>A working plan is developed for the working group</p>	<p>Working group established with a representation from the voluntary and statutory sector by the end of 2024</p> <p>Work plan developed</p>	<p>The Working Group will devise a TOR and work plan</p> <p>A mapping of community supports tackling food poverty is conducted</p> <p>Gaps in service provision reported and hot-spots identified</p> <p>Healthy Food Education Programmes delivered in the communities based on findings of the mapping exercise</p>	<p>Q1 2025</p> <p>Q1 2026</p> <p>Q2 2026</p> <p>Q3 2026</p>	<p>CYPSC Active &amp; Healthy Subgroup</p> <p>Clare Food Partnership Working Group</p> <p>Clare County Council Healthy</p> <p>Clare Clare Local Development Company</p> <p>HSE Dietician Service</p>	Healthy Ireland Framework 2019-25	<p><b>Transformational goals:</b></p> <p>Earlier intervention and prevention</p> <p>Ensure quality services</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 1: Active And Healthy, Physical, And Mental Wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
1.4 Young people supported to develop healthy relationships	Frontline workers feel confident promoting a positive and respectful approach to relationships and sexual health for young people	Number of young people accessing the online healthy relationships course  Number of practitioners using the online healthy relationships course in their practice	25 young people have completed the online healthy relationships course  10 practitioners are actively using the online healthy relationships course in their practice	Edit the existing online healthy relationships course (developed by the Clare and Limerick CYPSC) targeting young people in Care, to make an additional universal resource for young people age 12-18 years old	Q4 2025	Active & Healthy Subgroup	H.S.E National Service Plan 2024	<b>Transformational goals:</b>  Ensure quality services
1.5 To promote play as a vehicle for physical activity across sectors in Clare	Play is respected in the county as an integral part of wellness and physical activity	Number of participants attending the Having Fun & Getting Active/123 Move with Me training workshops	4 Having Fun & Getting Active/123 Move with Me training workshops will be provided for parents and professionals of children 0 – 6	Deliver Having Fun & Getting Active/123 Move With Me training workshops	Q3 2025	Clare Sports Partnership  Active & Healthy Subgroup	H.S.E National Service Plan 2024	<b>Transformational goals:</b>  Support parents  Cross-government and interagency collaboration and coordination

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 2: Achieving In All Areas Of Learning And Development

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
2.1 Early years pre-literacy and numeracy nurtured in the home	Support parents in their child's learning and development at home through the delivery of play based learning	Completion of feasibility study	Feasibility study carried out highlighting the benefits, drawbacks, and barriers to implementing Explore, Play, Learn in the county	Scope the feasibility of developing the Explore Play Learn Framework within the county and develop recommendations as to appropriate partners who may be in a position to implement the framework recommendations	Q4 2025	CYPSC Co-ordinator  Clare County Childcare Committee	LECP Strategic Action - lifelong learning and development strategy including early childhood education  Aistear: The Early Childhood Curriculum Framework	<b>Transformational goals:</b>  Support parents  Cross-government and interagency collaboration and coordination

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 2: Achieving In All Areas Of Learning And Development

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
2.2 Supporting young people to stay in education	Retain more young people in formal and non-formal education in the post-primary junior cycle	Numbers of young people in Co. Clare maintaining in education	Subgroup identifies one model of alternative education which can be adapted to support young people in Co. Clare	<p>Distribute survey to all schools in Clare to identify numbers of children who could benefit from an alternative education school placement</p> <p>Review and evaluate models of alternative education for 12 – 15 year olds which can be adapted to suit the needs of Co. Clare</p> <p>Present survey findings and recommendations to the LCETB and Department of Education</p>	<p>Q4 2024</p> <p>Q1 2025</p> <p>Q2 2025</p>	Achieving in Learning Subgroup	Department of Education: Review of Out of School Education Provision	<p><b>Transformational goals:</b></p> <p>Support transitions</p> <p>Support parents</p> <p>Cross-government and interagency collaboration and coordination</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 2: Achieving In All Areas Of Learning And Development

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
	Address high levels of school avoidance in the county through supporting parents and practitioners	<p>Numbers of updated School Avoidance Toolkits printed and distributed</p> <p>Online toolkit updated and made more user friendly</p> <p>Parent communication resource developed</p> <p>Number of workshops delivered</p> <p>Number of attendees at webinar</p>	<p>Launch of updated version of School Avoidance Toolkit</p> <p>50 Toolkits distributed in hardcopy to schools and practitioners in Co. Clare</p> <p>1,000 parent communication guides distributed</p> <p>3 workshops delivered during the year communication guides distributed</p> <p>50+ attendees at webinar</p>	<p>Review and update the School Avoidance toolkit</p> <p>Edits made to the online toolkit</p> <p>Develop a practical communication resource to support parents of children who are school refusers</p> <p>Deliver Anxious Teens Workshop in schools as a whole school approach.</p> <p>Development of a webinar based on Anxious Teens to engage schools and parents.</p>	<p>Q2 2025</p> <p>Q4 2024</p> <p>Q4 2024</p> <p>Q2 2025</p> <p>Q1 2026</p>	<p>Achieving in all areas Subgroup</p> <p>School Completion Programme</p> <p>NEPS</p> <p>NEPS</p> <p>Primary Care Psychology</p>	<p>Managing Reluctant Attendance and School Avoidance Behaviour – Department of Education Policy Framework for Children and Young People 2023-2028: Report on the Responses to the Public Consultation</p>	

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 2: Achieving In All Areas Of Learning And Development

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
2.3 Supporting educational transitions for children and young people	Improving transition protocols between schools and pre-schools	Number of teachers completing the data collection exercise	25 primary teachers complete data collection exercise	Complete a data collection exercise for primary school teachers of junior and senior infants to explore barriers to successful transition	Q3 2025	LCETB  Achieving in all areas Subgroup  Clare County Childcare Committee	Mo Scéal: Moving from Preschool to Primary  NCCA Research Report No. 19: Transition from Preschool to Primary School	<b>Transformational goals:</b>  Support transitions  Support parents  Ensure quality services
		Number of schools availing of workshops	Minimum of 10 primary schools in Clare attend workshops on transitions	Adapt and deliver workshops on transitions based on individualised school needs	Q4 2025			



## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 2: Achieving In All Areas Of Learning And Development

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
2.4 Trauma awareness practices in educational settings	To create trauma-aware/trauma-responsive learning environments	Practitioners avail of trauma awareness training	50 practitioners in the education sector attend targeted trauma awareness training	Continue to provide Trauma awareness practices training and opportunities across the county for professionals in the education/ further learning sector	Q1 2026	Clare Trauma Informed Working Group in partnership with the Achieving in Learning Subgroup		<b>Transformational goals:</b> Support transitions Cross-government and interagency collaboration and coordination Earlier Intervention and Prevention
2.5 Young people living independent lives	Enable Children and young people to reach their full potential	Number of recommendations to be implemented	Subgroup identifies at least 1 suitable recommendation which can be adapted to support the needs of young people in Co. Clare	Review recommendations of relevant reports in relation to anxiety, resilience and mental health Identify needs in order to build resilience and promote independent living skills in young people, and support parents to promote these skills at home	Q3 2026	Achieving in All Areas Subgroup	How's Your Head? Young Voices During Covid 19 Report Clare CYPSC Mental Health Research	<b>Transformational goals:</b> Cross-government and interagency collaboration and coordination Ensure Quality Services <b>Outcomes:</b> Outcome 1: Active and Healthy

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.1 Parenting support and signposting	Provide accessible information on parenting supports	Website developed and launched  Number of views on website Recommendations from Clare CYPSC Mental Health Research are implemented	1 website developed and launched  A minimum of 500 hits on the website within 12 months of launch	Undertake survey and focus groups with parents	Q2 2024	CYPSC Parenting Working Group	Clare Parent Strategy  Tusla Parent Support Strategy	<b>Transformational goals:</b>  Supporting parents
				Analyse findings from consultation and produce report	Q2 2024			
				Setting up a website (Clareparenting.ie) for parents with all relevant information for parent support & courses in Clare	Q4 2024			
				Promotion and awareness of the website	Q1 2025			
				A system and staffing resource set up for the ongoing maintenance of the website	Q4 2025			

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.2 Explore development of an Infant Mental Health Network for Co Clare	To develop awareness of Infant Mental Health among practitioners to better support parents	Establishment of steering group	Steering group established	Establish Infant Mental Health Steering Group	Q4 2024	Safe and Protected Subgroup	Irish Association for Infant Mental Health	<b>Transformational goals:</b>  Support parents  Ensure Quality Services
		Establishment of network of practitioners	Applicable materials and resources reviewed and adapted for Co. Clare needs	Review of materials	Q1 2025		Department of Children	
		Number of attendees at training and learning events	15 practitioners sign up to reflective practice forum network	Provide resources to practitioners to set up a reflective practice forum network.	Q2 2025		Department of Health	
				Raise awareness of Infant Mental Health with parents	Q2 2025		HSE – Health and Wellbeing Strategic Plan (Mid-west) Healthy Ireland Framework	
				Organise training events	Q1 2026		Tusla ABC Approach	
							HSE Nurture	
							Stronger Together 2022-27	
							First 5 National Service Plan	

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.3 Explore what parents with mental health challenges need in their role as parents.	To hear the voice of parents with mental health challenges.	Funding for research secured.	Parental participation in research.	Establish interagency and parent forum.	Q4 2024	CYPSC Safe and Protected from Harm Subgroup	Tusla Parent Support Strategy 2022-2027	<b>Transformational goals:</b>  Support parents  Cross-government and interagency collaboration and coordination
	To hear from parents about what supports them in their role as parents	Ethical approval for research.	Research coproduced with parents.	Agree scope of research to be coproduced.	Q4 2024	Mental Health Interagency and Parent Forum	Supporting Parents: A National Model of Parenting Support Services DCEDIY 2022	
	To co-produce a piece of research with parents and local agencies.	Number of participants invited to take part in the study.	Final research report with SMART recommendations	Secure funding.	Q4 2024		Patient and Public Involvement in Research, HSE	
	To review and share the research findings and learning.	Number of research participants that participated in the study.		Research commissioned	Q4 2024			
				Feedback research findings & sharing of recommendations	Q3 2025			
				To increase service providers understanding of the needs of parents with mental challenges.	Final launch of research to deliver a planning day with parents and service providers.		Q4 2025	

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.4 Support existing anti-bullying awareness campaign and identify gaps	Practitioners feel capable to address issues of bullying among young people and instances of bullying in Co. Clare are reduced	Number of young people and representatives from minority groups involved in advising and implementing campaign  % decrease in reported bullying incidents	5 young people advise on campaign implementation	Meet with ISPCC representatives to outline existing activity and propose a direction for Co Clare, with the input of young people and members of minority groups such as LGBTQI+, those with additional needs or migrant communities	Q2 2025	Clare CYPSC  ISPCC  Schools/ alternative education providers  Sporting organisations, GAA	Young Ireland Strategy  ISPCC Shield Campaign  Participation of Children and Young People in Decision Making- Action Plan 2023-2028	<b>Outcomes:</b>  Outcome 1: Active and Healthy  Outcome 2: Achieving in Learning & Development  Outcome 5: Connected, Respected and Contributing to their World
			Representatives from 3 minority groups advise on implementation of campaign  Clare focused ISPCC Shield Campaign is rolled out  5% decrease in reported instances of bullying within organisations adopting the campaign	Support rollout of the ISPCC Shield Campaign	Q2 2025			

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.5 Supporting the community in the promotion of hidden harm <sup>1</sup> and the impact on children	Promoting the use of <i>hidden harm</i> training and resources for practitioners in Co. Clare in order to improve support mechanisms for families and young people affected by <i>hidden harm</i>	Increased awareness of <i>hidden harm</i> among practitioners in the county.  Promotion of <i>Hidden Harm</i> resources.  No. of people accessing training	20 practitioners attend <i>hidden harm</i> training  10 agencies engage in networking dialogues	Promote <i>hidden harm</i> Training across the county  Create a network to open dialogues between agencies in order to share good practice and align individual work plans  Promote existing pathways to drug and alcohol services	Q3 2025  Q1 2026	Safe and Protected Subgroup  HSE (National lead)  Tusla (National lead)	H.S.E Reducing Harm Supporting Recovery 2017-2025	<b>Transformational Goals:</b>  Interagency collaboration and coordination  Ensure quality service  <b>Outcomes:</b>  Outcome 1
3.6 Increased level of support for victims of domestic violence	Awareness raising for practitioners of the increase in domestic violence and improved training for frontline workers in order to better support victims of domestic violence	Publication of training needs analysis  No. of individuals accessing the website	Training needs analysis completed for practitioners in Co. Clare  Launch of website  250 hits on website within 1 year of launch	Development, distribution and reporting on the findings of a training needs assessment of DVA and CC training for practitioners in Clare  Development of a website highlighting DV support services, resources, host training events (including maintenance)	Q4 2024  Q1 2025	Clare Local Area Network (CLAN)	Zero Tolerance Strategy 2024, Cuan  Tusla's universal e-learning module on DSGBV which compliments the implementation of the Zero Tolerance Strategy 2024	<b>Transformational Goals:</b>  Ensure quality service  Earlier intervention and prevention

<sup>1</sup>The experience of children and young people living with and impacted by parental problem alcohol and other drug use.

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 3: Safe And Protected From Harm

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
3.7 International Protection Accommodation Service (IPAS) and Beneficiaries of Temporary Protection (BTOP) Response	To provide support and opportunities for integration into the local community to families and young people living in International Protection Accommodation Service (IPAS) and Beneficiaries of Temporary Protection (BTOP)	<p>Number of families engaged with link worker</p> <p>Numbers of young people participating in youth activities</p>	<p>Support a minimum of 12 families and children living in IPAS and BTOP</p> <p>40 young people in IPAS and BOTP participate in youth activities and/or summer camps</p>	<p>Family Link worker to support parents and young people living in International Protection Accommodation Service</p> <p>Hosting of youth activities and summer camps to promote integration among communities</p>	<p>Q4 2025</p> <p>Q4 2026</p>	<p>CYPSC Protection from Harm Subgroup</p> <p>ISPC</p> <p>NWCFRC</p> <p>Clare Youth Service</p>	ECP Strategic Action: To support the Delivery of the Clare Integration Strategy	<p><b>Transformational Goals:</b></p> <p>Ensure quality services</p> <p>Earlier intervention and prevention</p> <p><b>Outcomes:</b></p> <p>Outcome 1: Active and Healthy</p> <p>Outcome 2: Achieving in Learning &amp; Development</p> <p>Outcome 5: Connected, Respected and Contributing to their World</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 4: Economic Security And Opportunity

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
4.1 Strategic Partnerships	Enhance working relationships between LCDC and Clare CYPSC	<p>Number of meetings between LCDC and CYPSC to discuss coordinating plans</p> <p>Number of joint actions Recommendations from Clare CYPSC Mental Health Research are implemented</p>	<p>Minimum of 2 meetings per year with LCDC to discuss gaps in plan and actions to be taken</p> <p>1 joint action between CYPSC and LCDC agreed upon</p>	<p>Liaise with LCDC to identify gaps in Local Economic Community Plan to which CYPSC can add value</p> <p>Advocate for gaps to be addressed either in LCDC or CYPSC sub-groups</p>	Q4 2026	LCDC & CYPSC Co-ordinators	<p>LECP Strategic Action: To target local intervention and support for sustainable livelihoods for disadvantaged communities.</p> <p>LECP: collaborative working across partnerships.</p> <p>8 LECP Strategic actions included in CYPSC Plan</p>	<p><b>Transformational goals:</b></p> <p>Cross-government and interagency collaboration and coordination</p> <p><b>Outcomes:</b></p> <p>Outcome 1,2,3,4,5</p>
4.2 Promoting employability opportunities for young people	Support young people to secure employment	<p>Number of young people attending training</p> <p>Number of attenders sourcing training</p>	10 young people participate in training	Provide training opportunities to members of the travelling community to enhance their employment skills	Q4 2025	<p>Clare Local Development Company</p> <p>Clare Traveller Community Development Project</p>	Clare Traveller CDP Strategic Plan 2023-26	<p><b>Transformational goals:</b></p> <p>Earlier intervention and prevention</p> <p>Cross-government and interagency collaboration and coordination</p>



## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 4: Economic Security And Opportunity

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
4.3 Improving access to employment and training	Young people have easier access to employment and training opportunities	Timetables are reviewed and/or amended	At least 1 timetable is amended to better accommodate employment and training schedules	Establish interagency working group to enter discussions with local transportation services to amend timetables to better suit those in employment or education	Q4 2026	Clare CYPSC Steering Committee	National Sustainable Mobility Policy Action Plan 2022-2025	<b>Transformational goals:</b>  Pathways to economic participation and independent living

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.1 Equipping organisations and statutory services with the knowledge and skills to include and engage with young people in the delivery of their services	Organisations and statutory services implement the Lundy model within their service provision	Youth friendly practices will be employed in relevant parts of local authority  An application for the Youth Participation Award will be submitted by a Department within the local authority	At least 1 timetable is amended to better accommodate employment and training schedules	Present the Lundy Model to relevant stakeholders within local authority  Collaborate with local authority to pilot a youth friendly approach, with the aim of applying for a Youth Participation Award  Statutory services develop age-appropriate resources that can assist children and young people to understand and engage with that statutory service provider	Q1 2025	Clare County Council  Clare Youth Service  Connected and Respected Subgroup	Young Ireland Strategy  Child and Youth Participation Award  Participation of Children and Young People in Decision Making- Action Plan 2023-2028	<b>Transformational goals:</b>  Listen to and involve children and young people

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.2 Child and Youth friendly spaces and models are made accessible as an integral part of creating a positive network of friends, family, and community for young people	Existing spaces and models are made available for children and young people's activities, with the support of the local community	Space and a model are identified and pilot project launched	Suitable spaces and models identified and funding sourced to run pilot project	<p>Scope out models of activity which can be developed or adapted to compliment and support Clare's current youth work model</p> <p>Work with agencies to review CLDC findings and develop recommendation around youth-age friendly practices for facilities across the county</p>	<p>Q4 2025</p> <p>Q1 2026</p>	<p>Connected Respected and Economically Secure Subgroup</p> <p>Clare County Council</p>	<p>Double Club Evaluation Research Brief</p> <p>Planet Youth Recreation Card Model</p>	<p><b>Transformational goals:</b></p> <p>Earlier intervention and prevention</p> <p>Ensure Quality Services</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.3 To support the generation of restorative practice based communities	Practitioners and young people develop communication skills to deal with conflict  Young people are part of positive networks of family, friends and community	Working Group Established	Representatives from 5 separate organisations join Restorative Practices Working Group	Establish a Restorative Practices Working Group	Q1 2025	Connected & respected Subgroup	Youth Justice Strategy 2020-2026	<b>Transformational goals:</b>  Listen to and involve children and young People  Cross-government and interagency collaboration and coordination  <b>Outcomes:</b>  Outcome 1: Active and Healthy  Outcome 2: Achieving in Learning & Development  Outcome 3: Safe and Protected from Harm  Outcome 4: Economic Security and Opportunity
		Number of individuals undertaking training	25 Local Authority Staff undertake training	Enhance the learning from the Kilrush RP experience to other regions in the county i.e. South-East Clare through a scoping exercise carried out by supporting additional hours for the current RP funded trainer	Q2 2025	Restorative Practices Working Group  MWDAF  Clare County Council	Restorative Practices Ireland Strategic Plan 2021-2024	
		Number of attendees at conference	100 frontlines practitioners attend the conference.	Organise a follow on restorative practices conference in Clare to strengthen the previous learning between existing practitioners and interested practitioners  Promote Restorative Practice Training within the local authority as a learning and development opportunity	Q1 2026			

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.4 Ensure gaps in supporting immigrant youth are identified in the development of an integration strategy	Ensure that the development of the County Integration Strategy includes the needs of immigrant children and young people	100 young people from ethnic minority communities are engaged in a consultation process	A number of actions in the Integration Strategy focus on Children and Young People	<p>Liaise with stakeholders during plan development to ensure that a consultative process is carried out so that the needs of children and young people are integral to the plan</p> <p>A series of consultative workshops are conducted throughout the county</p>	Q4 2025	<p>Connected and Respected Subgroup</p> <p>Clare County Council</p> <p>Clare Local Development Company</p> <p>National Youth Council of Ireland</p>	<p>LECP Strategic Actions</p> <p>Migrant Integration Strategy – Department of Justice Equality and Law Reform</p> <p>Clare County Development Plan 2023-2029</p> <p>Clare County Local Sports Plan</p> <p>Clare Climate Action Plan 2024-2029</p> <p>Clare Outdoor Recreation Plan</p>	<p><b>Transformational goals:</b></p> <p>Cross-government and interagency collaboration and coordination</p>

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.5 Youth volunteering	To enhance young people's civic engagement through youth volunteering opportunities	Number of organisations developing youth volunteer roles  Number of young people participating in "Be Part of It"	40 organisations sign up for training and support to develop youth volunteer roles  50 young people attend the "Be Part Of It" Expo	Provide training and support to organisations on volunteer role development for young volunteers  Promote volunteer roles through a "Be Part Of It" Expo	Q4 2025  Q4 2025	Clare Volunteer Centre  Clare Youth Service  Clare Local Development Company  Connected & Respected Subgroup	National Volunteering Strategy 2021-2025	<b>Transformational goals:</b>  Listen to and involve children and young People  <b>Outcomes:</b>  Outcome 4: Economic Security and Opportunity
5.6 Building meaningful relationships in a digital world	Young people have a greater understanding of how to disconnect from media and maintain healthy relationships in their real life	Programme delivered throughout the county	"Golden Rules" infographics circulated throughout county  Programme expanded to 4 towns around Clare	Evaluate the results of a pilot programme developed with Transition Year students, aimed at 6th class students, to raise awareness of digital safety and relationship building.  Promote "Golden Rules for Digital Safety" once developed at completion of project  Adapt and Expand programme across County Clare based on results	Q2 2025	Clare Local Development Company  Tusla PPFS	H.S.E Detox from the Digital Monster initiative  Department of Education Wellbeing Policy Statement and Framework for Practice	<b>Transformational goals:</b>  Earlier intervention and prevention

## Action Plan for Co. Clare Children and Young People's Services Committee

### Outcome 5: Connected, Respected, And Contributing To Their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
5.7 Gender identity awareness raising	Practitioners have a greater understanding of Gender Identity issues for Children and Young People and feel better prepared to respond to presenting issues	Number of practitioners attending training	Gender Awareness Training identified  30 individuals attend Gender Awareness Training	Explore Gender Awareness Training opportunities and identify appropriate training for frontline practitioners in Clare  Provide Gender Awareness Training to practitioners	Q3 2025	Connected & Respected Subgroup	Gender Recognition Act 2015	<b>Transformational goals:</b>  Earlier intervention and prevention  Support parents  <b>Outcomes:</b>  Outcome 3: Safe and Protected from Harm

## Action Plan for Co. Clare Children and Young People's Services Committee

### Change Management

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
6.1 Critical Incident Protocol	Develop a Critical Incident Protocol which complements existing CIP structures	<p>Number of models reviewed</p> <p>Launch of CIP Recommendations from Clare CYPSC Mental Health Research are implemented</p>	<p>Working Group Formed</p> <p>Critical Incident Protocol Developed</p>	<p>Establish Working Group</p> <p>Review existing models of practice and develop CIP which complements existing structures</p>	Q2 2026	<p>CIP Working Group</p> <p>CYPSC Steering Committee</p>	<p>CYPSC South Dublin Interagency Protocol</p> <p>NEPS: Responding to Critical Incidents</p> <p>Clare County Council Major Emergency Plan</p>	<p><b>Transformational goals:</b></p> <p>Cross-government and interagency collaboration and coordination</p> <p><b>Outcomes:</b></p> <p>Outcome 3: Safe and Protected from Harm</p>
6.2 Local needs analysis	Explore existing data collection models which may be of benefit to gathering extensive county wide data for multiple agencies and reduce the need for numerous isolated data collection studies	Presentation held for stakeholders on a range of data collection models available for future data collection and needs analysis for Co. Clare	1 Presentation made to relevant stakeholders regarding Panet Youth and other data collection models including SWOT analysis and feedback from other CYPSCs who have implemented various data collection models	Investigate the feasibility of using a specific data collection model for CYPSC Clare	Q4 2025	CYPSC Steering Committee	Planet Youth Icelandic Prevention Model	<p><b>Transformational goals:</b></p> <p>Cross-government and interagency collaboration and coordination</p> <p>Ensure Quality Services</p>



## Action Plan for Co. Clare Children and Young People's Services Committee

### Change Management

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
6.3 Interagency collaboration	Ensure relevant statutory agencies are represented within CYPSC	Presentations made to stakeholders HSE representatives invited to sit on CYPSC Steering Committee	1 HSE representative sits on CYPSC Steering Committee	Present on Clare CYPSC to stakeholders within HSE  Invite HSE representatives to sit on Clare CYPSC	Q3 2025	CYPSC Steering Committee	Blueprint for the Development of CYPSC	<b>Transformational goals:</b>  Cross-government and interagency collaboration and coordination
6.4 Trauma Informed Working Group	To develop a multi-agency response to trauma informed practices in Co. Clare	The Trauma Informed Working Group meet 4 times a year  Charter developed  Strategic plan developed  6 trainings/ CDP events delivered	2 trauma training events delivered per year  15 organisations sign up to trauma awareness charter  A country wide strategic plan is developed	Gaps in trauma awareness are identified within sectors and training/CDP events organised to support professionals in response  Establish structured charter in which organisations agree to actively work towards becoming more Trauma Aware  Strategic plan developed to enhance interagency collaboration around trauma awareness  Engage with national interagency structures who have a trauma focus	Q4 2025       Q4 2026	Trauma Informed Working Group  ISPCC		<b>Transformational goals:</b>  Cross-government and interagency collaboration and coordination

Monitoring and Review

Co. Clare CYPSC is committed to ongoing review and monitoring of the implementation of the CYPP and will meet on a regular basis throughout the lifetime of the plan – not less than 4 times per annum.

Outcome Groups and Working Groups will be responsible for the implementation of the activities assigned to them and all Outcome Group Chairs will report on progress on activities on a regular basis to Co. Clare CYPSC. In this way emerging issues/challenges will be identified and addressed by the committee.

Clare CYPSC will adhere to the CYPSC Planning and Reporting Framework (see Figure 1 below) which sets out the parameters within which CYPSC planning and reporting will be conducted. Clare CYPSC commits to completing and submitting reports as set out.

Clare CYPSC will ensure ongoing collection of relevant data and research to inform current and future planning including the evidence coming from other Children and Young People’s Services Committees. A comprehensive monitoring tool has been developed to gather both qualitative and quantitative data at the end of each quarter.

A review of the Clare CYPP 2024-2026 will be completed at the end of the three years to inform the delivery of our following plan.

Co. Clare CYPSC will comply with all national reporting requirements and will avail of all opportunities to showcase its work.

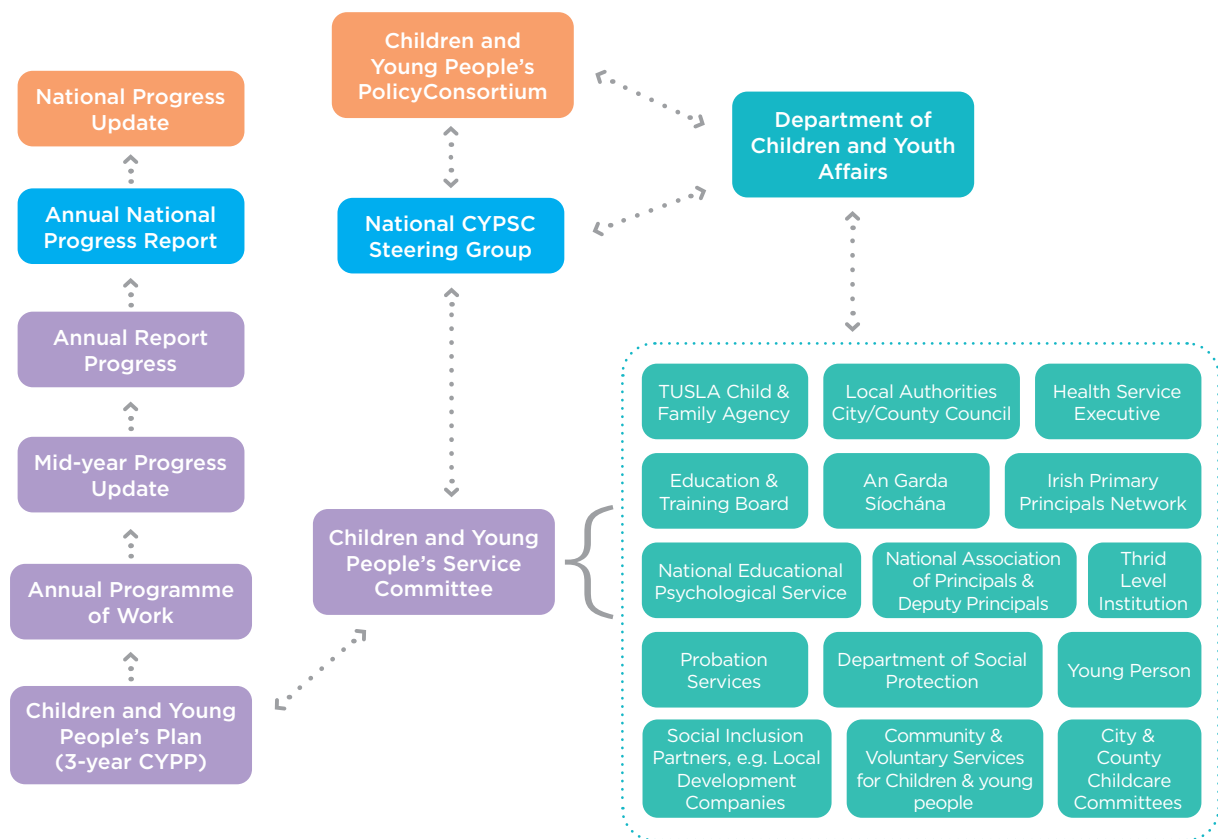


Figure 1: CYPSC Planning and Reporting Framework



