

# Sligo Leitrim Children & Young People's Plan



# CYPSC

CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES

Sligo Leitrim

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HAVING A VOICE



Connected, Respected and Contributing to our World



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Connected, Respected and Contributing to our World

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**Safe and protected from harm**

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Achieving full potential in learning and development



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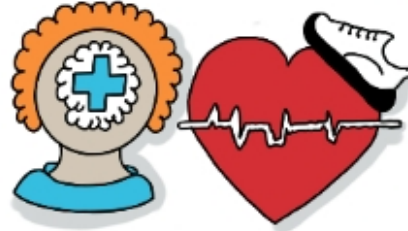
Economic security and opportunity

# Sligo Leitrim Children & Young People's Plan



BREASTFEEDING

MENTAL & PHYSICAL



HEALTH

HEALTHIER



FOOD CHOICES



PHYSICAL ACTIVITY

Active and healthy, physical and mental well being



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See: Sligo Leitrim CYPSC FaceBook page

[www.cypsc.ie](http://www.cypsc.ie)

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