



**Longford Westmeath CYPSC 2019 ANNUAL PROGRAMME OF WORK**

**Longford Westmeath CYPSC Vision / Mission**  
 Our aim is to secure better developmental outcomes by bringing together local partners within a single framework, to provide strategic leadership, agree and implement a Children and Young People's Plan in a cohesive manner so as to enhance the delivery of services to children, young people and their families within Longford and Westmeath.

**LW CYPSC Statement of intent 2019**  
 It is the intention of the LW CYPSC in consultation with Children and Young People across the two counties, to develop and complete our Children and Young People's Plan in the first quarter of 2019 and to implement the actions as outlined below from the plan.

**National Outcome 1 Active and Healthy, physical & mental wellbeing**

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s) 2019	Lead Agency	Partners
Active and Healthy, physical and mental wellbeing	To establish a LW CYPSC Outcome one Subgroup	The establishment of a multidisciplinary Outcome One Subgroup	1. Identify key agencies for membership 2. Review and coordinate existing practice, policies and plans 3. Review and recommend Healthy Ireland Funding applications	Longford Westmeath CYPSC and HSE	
Family Wellness	To provide a Family Wellness programme, which will assist and educate families in improving lifestyle choices and healthy living	Increased knowledge and awareness amongst participants	Local Family Resource Centres to deliver Family Wellness Programme	Family Resource Centres - Granard, Ballymahon and Ballinacarraigy	HSE
Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Youth Community	Enhance LGBTI youth communities social, physical and emotional wellbeing	Enhance positive mental health, reduce suicidal ideations - behaviours, enhance sexual health and decision making, enhance understanding of gender identity and sexual orientation, increase engagement and integration in community and youth services, enhanced confidence and self esteem	Engage 40 young people in programme and establishment of LGBTI Youth cafes	Foroige	

**National Outcome 2 Achieving full potential in all areas of learning & development**

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s) 2019	Lead Agency	Partners
Promoting Play - A targeted Play Plan for County Longford and Westmeath	To promote the awareness and importance of play to parents through various media sources	Interagency Awareness Plan to promote plan and Play facilities for all children	Development of an interagency Play Plan for Longford and Westmeath	Early Years Learning Subgroup and Child and youth Participation Subgroup	Longford Westmeath CYPSC Member organisations
Updating of the Guide to Services for Young People with Disabilities	To sign post supports that are available in Longford and Westmeath for young people with disabilities	No of contacts/ requests for the directory # of hits on website	Updating of information to ensure it is accurate and can be used as a support tool for young people and their families	Early Years Learning Subgroup	Longford Westmeath CYPSC Member organisations

Transitional Passport for young people with disabilities	To support the transition for young people with disabilities between the various support services/ agencies	No of contacts/ requests for the directory # of hits on website	Printing and dissemination of transition passport	Early Years Learning Subgroup	Longford Westmeath CYPSC Member organisations
Promote the identification of areas and barriers where there is lower uptake of the government childcare programme schemes	To research and identify barriers to the uptake of these schemes	Number of areas identified Barriers to participation in schemes	1. Identify with primary schools in Longford and Westmeath the number of children entering junior infants in Sept 2019 who did not participate in government childcare programmes schemes 2. Identify the capacity of places available in Longford and Westmeath in government childcare programmes schemes	Early Years Learning Subgroup	Longford Westmeath CYPSC Member organisations
Interagency Parent and Toddler Development Plan	To support the (re) establishment of Parent and Toddler Groups throughout Longford and Westmeath	Number of new Parent and Toddler Services Attending Number of Parents No of Children attending	To continue to establish Parent and Toddler Groups in Longford and Westmeath through an interagency approach, to support parents of young children through the provision of information and advice in a supportive and friendly environment, to promote parent and toddler network throughout Longford and Westmeath to parents and local agencies	Early Years Learning Subgroup	Longford Westmeath CYPSC Member organisations
Enhancing Children's communication skills development within the preschool settings	To support preschool staff in using strategies and ideas to promote children's communication/ interaction skills within the targeted preschool setting	No of Services that participate in pilot project No of workshops completed	HSE Speech and Language Services to deliver Training workshops to Preschool staff	Early Years Learning Subgroup with HSE Speech and Language Services LW as lead	Longford Westmeath CYPSC Member organisations and local libraries
<b>National Outcome 3 Safe &amp; protected from harm</b>					
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s) 2019</b>	<b>Lead Agency</b>	<b>Partners</b>
Implementation of Meitheal National Practice Model	To Increase the number of Meitheals across the two counties	An increase in the number of meitheals requested and increase in number of meitheals carried out	LW CYPSC to advocate the benefits of Meitheal as a preventative tool and encourage all frontline partner agencies to participate as Lead Practitioners	Prevention, Partnership and Family Support Programme Subgroup of LW CYPSC and Tusla	Longford Westmeath CYPSC Member organisations
Risk of harm: Keeping children safe in a technological era	Develop supportive mechanisms to highlight potential risks and protective factors regarding young people	The development of community accessible resources in relation to internet safety	1. Research available local and national responses 2. Explore any possible barriers to engagement with parents and young people 3. Deliver appropriate guidance and information to young people, parents, and community	PPFS Subgroup and Parenting Support Subgroup, Early Years Learning Subgroup and Participation Subgroups of LW CYPSC	Longford Westmeath CYPSC Member organisations

Homelessness	To open a discussion with relevant stakeholders to establish a clearer picture of homelessness and hidden homelessness in Counties Longford and Westmeath and its impact on children and young people in the area	Engagement and development of local area response with relevant services	<ol style="list-style-type: none"> <li>1. CYPSC PPFS Subgroup to examine the extent of official homelessness and 'hidden homelessness' for children in the area</li> <li>2. Develop and strengthen links among those working with children and families that are homeless to facilitate an appropriate response to support families in homelessness to access community supports</li> <li>3. Agree actions to minimise where possible the negative impact of homelessness and hidden homelessness on children by providing access to 'normal' supports available to children and young people</li> </ol>	Prevention, Partnership and Family Support Programme Subgroup	Longford Westmeath CYPSC Member organisations
Domestic, Sexual, Gender Based Violence	To strengthen and develop further links with DSGBV services within Longford and Westmeath To implement the new Domestic Violence Policy and promote services available to victims in Longford and Westmeath Garda Districts	Number of services engaging with Longford Westmeath CYPSC	<ol style="list-style-type: none"> <li>1. LW CYPSC Coordinator to sit on the DSGBV Midlands Advisory Board and assist with the development of the Midlands &amp; Roscommon Needs Analysis Project Plan</li> <li>2. Further DSGBV services to be represented on LW CYPSC Subgroups</li> <li>3. LW CYPSC to be informed by the recommendations from Midlands &amp; Roscommon Needs Analysis Project Plan and assist where appropriate in the implementation of the plan's recommendations</li> <li>4. A working group established of Gardaí and Longford Women's Link personnel, who will develop call cards and other relevant information for distribution to DSGBV incident call outs made by Gardaí in Longford and Westmeath Districts</li> </ol>	Longford Westmeath CYPSC member organisations, Gardaí , Longford Women's Link	
Children and Young People at Risk	To establish links with the local Central Allocations Panel (CAP) Review and expand membership of the CFSN Networks To strengthen the links between LW CYPSC, the CFSN Networks and the Central Allocation Panel	Clearer understanding of local referral process amongst service providers Strengthen referral pathways at local level	PPFS Subgroup to develop a local multi agency response early intervention plan in consultation with the Central Allocations Panel and the Child and Family Support Networks	Prevention, Partnership and Family Support Programme Subgroup of Longford Westmeath CYPSC	Longford Westmeath CYPSC member organisations

Parental Participation	To actively involve parents/ grandparents/ guardians in the planning of and evaluation of services which are aimed at supporting them	2019 - Successfully initiate engagement with 100 parents (representative of need in local community) 2020 & 2021 - To increase the number of parents we initiate engagement with	1. To identify a number of local organisations across Longford and Westmeath who have access to parents and who will commit to engage in this process 2. To identify agenda topics in relation to parenting support 3. To carry out parent consultations 4. To identify gaps by parents in relation to parenting supports and parenting programmes	Parenting Support Subgroup of LW CYPSC	Longford Westmeath CYPSC member organisations
Coordination of evidence informed and evidence based parenting skills programmes prenatal to 24years of age in Longford and Westmeath	To establish availability, frequency and uptake of parenting programmes already in existence in the area	Collate a list of parenting programmes available in Longford Westmeath and develop a communication strategy	Gather up to date information on parenting programmes available in Longford and Westmeath	Parenting Support Subgroup of LW CYPSC	Longford Westmeath CYPSC member organisations
<b>National Outcome 4 Economic security &amp; opportunity</b>					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2019	Lead Agency	Partners
Education and Employment	Broaden representation from the Education and Employment sectors on LW CYPSC and subgroups	Increased membership from these sectors	Review and expand membership of Longford Westmeath CYPSC and subgroups		
<b>National Outcome 5 Connected, respected &amp; contributing to their world</b>					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2019	Lead Agency	Partners
Active Participation and Communication	Children and Young People are actively involved in the planning of services which are aimed at supporting them	Children and young people contribute to the planning and development of the Longford Westmeath CYPSC Children and Young People's Plan's and the implementation of the plans through the formation of LW CYPSC Youth forums across the two counties	Continued development of the Longford Westmeath CYPSC Child and Youth Participation Project to include Implementation of any direct positive outcomes from youth consultations – including development of CYPSC Youth Forums Support and encourage local services to actively engage and consult with children and young people Complete a “CYPSC response” section in the Participation Report, amending the current report and follow up on actions as identified by the children and young people Develop a Youth friendly Longford Westmeath CYPSC Action Plan summary	Child and Youth Participation Subgroup of the Longford Westmeath CYPSC	Longford Westmeath CYPSC Member organisations

Change management		Develop a Youth friendly LW CYPSC Action Plan summary			
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2019	Lead Agency	Partners
Inter CYPSC Working and Communications tool	To establish a two CYPSC Subgroup Longford Westmeath LO in the Midlands and develop a Communications Tool	On development of tool, measure the use of platforms and number of hits	Develop joint Communications Subgroup for LW LO CYPSC's and develop and market a communications tool		