



LGBTI+ Youth: Stepping Stones to Support

CYPSC Cavan, Donegal,
Dublin City South, Dublin City North

www.cypsc.ie



Rialtas na hÉireann
Government of Ireland



The Healthy Ireland Fund supported by the DoH, DCYA and DRCD)

Identified Needs

Connection & Belonging

- LGBTI+ youth said they wanted to connect better – with each other and with services.

Gaps in Services

- Identified lack of local, LGBTI+ focussed supports in certain communities

Gaps in Knowledge and Understanding

- Youth identified more understanding and knowledge needed about LGBTI+ sexual health specific topics.
- Services identified their own gaps in understanding how to support LGBTI+ youth.

CYPSC/Healthy Ireland



Dublin City South – “The Ladybirds” (BelongTo) Peer-led LBT Women Sexual Health and Wellbeing Video (14-23 yrs)



Dublin City North: “Vibes and Scribes” – Peer-Led LGBTI+ Sexual Health Programme (16-18 yrs) including conflict resolution, identity, and stress management



Donegal: Expansion of LGBTI+ “BreakOut” Service with outreach and Development Worker



Cavan: Expansion of “Rainbow Youth” LGBT+ service (12-24 yrs) with Youth Development Worker providing training, information and support to young people, caregivers, and educators.

Benefits and Achievements – Interagency Work

Benefits to Services

- **Over 20 services** from voluntary, statutory and community directly involved in development/support of projects.
- Increased coordinated and partnership working
- Increased awareness, skills and confidence in LGBTI+ specific issues

Achievements for and with LGBTI+ Youth

- **Over 600 youth** aged from 12 – 24 years benefitted.
- Safe physical and emotional spaces
- Dedicated workers for LGBTI+ Youth
- Local peer support networks
- Peer led projects.

Impact for Young People

- Positive mental health
- Sexual health and wellbeing awareness
- Confidence and Self Esteem
- Identity and belonging
- Participation and engagement
- Leadership and Personal Development
- Connectivity with community, peers, and services

Perspectives on Impact

Development Worker –
Barry Mc Skeane

Young Person – Mark Valente



Video Productions by LGBTI+ Youth

Donegal Youth Service

The Ladybirds – Belong To



<https://www.youtube.com/watch?v=ITg4dzt9aQY>



<https://www.youtube.com/watch?v=XJhscf7gTDg&feature=youtu.be>

CYPSC and LGBTI+ Strategy

In the context of CYPSC, how can we continue to achieve the objectives in the LGBTI Strategy?

- To ensure coordinated approach to the delivery of effective LGBTI services?
- To address gaps in provision, with particular reference to rural areas?

Thanks for Listening...from all of us!

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