



Tearmann Domestic Abuse
Service Cavan /Monaghan
Telephone
0858102433
0873654101
0873654279



Domestic Violence Supports

If someone is in immediate danger 24hrs/7days

Gardaí 112 or 999



National Freephone Helpline 24hrs/7days
Language Interpretation Service 24hrs/7days
Women's Aid Online Chat Mon/Wed/Fri 7-10pm
For Deaf and Hard of Hearing Women 8am-8pm/7days

1800 341 900
1800 341 900
WomensAid.ie
Text 087 959 7980



For up to date online information about local
domestic violence support services and refuges

Safelreland.ie



National Male Advice Line Mon & Weds 10am-6pm,
Thurs-Fri 10am-6pm, Sat 10am-6pm, Sun 10am-6pm

1800 816 588

Towards a
brighter future
for all children

CYPSC Monaghan
Safe & Protected
from Harm Subgroup



Guidelines for using
Shine with children and
young people

BECAUSE EVERY CHILD HAS A
RIGHT TO BE SAFE.

PREPARATION FOR SHINE

The SHINE series has been developed to support Children and Young People to explore and manage their emotions while learning about healthy relationships, boundaries, and staying safe.

Before using the booklet with children & young people Facilitators must have completed Domestic Violence Awareness training and Children First training

In addition Facilitators should be familiar with the following documents and guides

- **HSE Practice Guide on Domestic Sexual and Gender Based Violence**
- **What's the Harm? A child centered response to domestic violence (Barnardos)**

For further information and training on finger holds and capacitar
<https://capacitar.org/capacitar-emergency-kits-to-download/>

If a child witnesses or is exposed to Domestic Abuse this is reportable to Tusla under Children's First Policy.

If you have concerns about the protection and welfare of a child you can contact the Duty Social worker in Cavan and Monaghan if you wish to discuss prior to making a report.

There is a clear link between the presence of domestic abuse and child abuse. Violent partners are often violent parents. Children living in abusive homes can experience physical abuse by the parent who is suffering domestic violence as a result of stress and psychological trauma. Tusla the child and Family Agency recognize that simply being in a house where domestic violence is happening is a form of emotional abuse of a child and recommends child protection referrals are made where a perpetrator is present in the home, where domestic violence is a concern

The Child and Family Agency is now the dedicated state agency responsible for improving wellbeing and outcomes for children. If you are concerned about the Protection and Welfare of a Child please contact the Duty Social Worker on 049-4369800

If you think a child is in immediate danger you should report it to the Gardaí on 112 or 999

