

## CYPSC 2023 ANNUAL PROGRAMME OF WORK

**Laois and Offaly CYPSC seek to build the capacity of services through information sharing, more resources and collaborative actions.**

**Laois and Offaly CYPSC intends to consolidate the efforts of the past 3 years and capitalise on the work carried out by partners to benefit the 2 counties.**

### National Outcome 1 Active and Healthy, Physical & Mental Wellbeing

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s) 2022	Lead Agency	Partners
Child & youth infrastructure	Greater Capital investment in youth infrastructure	Secure a permanent space for youth in Portlaoise.	Progress the recommendations of the the Laois Youth Wellness Centre feasibility study	CYPSC subgroup	CYPSC subgroup
Therapeutic supports	Increase counselling & child art Psychotherapy supports in the community.	Level of funding to Community services to try support their therapeutic offering	Support therapies in FRCs where demand is increasing.	Clara FRC	Mountmellick, Tullamore and Portlaoise FRC

### National Outcome 2 Achieving Full Potential in all Areas of Learning and Development

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)	Lead Agency	Partners
Community supports for disabilities	Provide Signposting information for parents and professionals	No. of directories circulated, traffic to pdf online resource on open-up.ie website	Publish and circulate the disability directory . Twice yearly update the pdf.	Inclusion Ireland	CYPSC subgroup
Community supports for disabilities	Empower parents and children to learn and support additional needs	No of trainings delivered , No. of parents who attend trainings	Parents and Sensory trainings for children	Library services	CYPSC subgroup
Training and parents supports	improve child development and developmetal delays by teaching the value of play	No of families who engage in the programme. No of sessions delivered	Child development play programme for 12 weeks 1:1 in the Home	Parents First	CYPSC subgroup
Community supports for disabilities	Greater access to activity programmes	No. of 1: 1 sessions, No. of participants	1:1 for 24 participants physical activity programme	Offaly Sports Partnership	CYPSC subgroup

National Outcome 3 Safe and Protected from Harm					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Lead Agency	Partners
Healthy relationships workshops for Schools	Empower young people to make more informed decisions when it comes to relationships.	No. of workshops delivered, No. of requests for Workshops	Inform young people on consent, sexual violence, healthy and unhealthy relationships and the law in relation to these along with sexual health. Provide young people with information on services related to the above.	Tullamore Rape Crisis Centre	1. HSE Sexual Health Clinic Portlaoise 2. Gardai Divisional Protective Services Unit Portlaoise 3. Laois Domestic Abuse Service 4. Offaly Domestic Violence Support Service 5. Tullamore Rape crisis- 6. SATU Sexual Assault Treatment Unit Mullingar 7. Tusla
Community wellness	To deliver more training to parents.	No. of training calendars, No. of new trainings rolled out	1. facilitated training meeting 2. Plan calendar of trainings 3. deliver new trainings	PPFS subgroup	Subgroup members
Midlands Trauma Informed Communities Training Network	To inform, educate, and raise awareness on the impact of trauma in supporting community wellbeing and work towards breaking the cycle of intergenerational trauma.	Trauma trainings and support	1. Understanding the different types of trauma 2. 'You don't need to be a therapist to be therapeutic' 3. Verbal First Aid x 4 4. Dyadic Developmental Psychotherapy 5. Parents trauma support groups 6. Supporting trauma informed policy in your organization	Tullamore FRC	PPFS Subgroup and 12 C&V partners
Domestic violence	Support the need for a refuge/ safe house in Laois Offaly.	No. of therapeutic supports	Childs therapeutic supports for 3 new safe houses	Offaly Domestic Violence Support Service	CYPSC subgroup and Offaly County Council
Domestic violence	Empowering parents /guardians in the home.	No. of Network meetings, No	Support the Midlands NVR trainees	Midlands CYPSC Co-ordinators	PPFS subgroup partners
New Communities	Integration of children and young people from new communities.	No. of families supported through activities in the community.	Afterschool activities for 4 IPAS Centres	Laois Partnership Company	Subgroup members
National Outcome 4 Economic Security & Opportunity					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Lead Agency	Partners
Young Carers	To support young carers at risk of NEET.	Number fo Young careres supported	Activities and supports for time out for young careres	Youth Work Ireland Midlands	Schools

National Outcome 5 Connected, respected & contributing to their world					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Lead Agency	Partners
Youth Wellness	Youth friendly supports	Usage of Open-up.ie website	Update and promote the new website . Young people make a short video to promote the website .	Laois Comhairle	Sub group members
Youth & inclusion	Youth engagement	1 video to be shared across Social media platforms of CYPSC partners	Prepare a video to explain the Disability Directory for children and young people	Offaly Comhairle	Sub group members
Change Management					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Lead Agency	Partners
Research, scalability & funding	How we advocate for Services and supports in Laois Offaly .	Increase funding by 10% annually via CYPSC membership.	Liaise with DCEDIY to highlight that Laois and Offaly are 2 separate counties with only 1 CYPSC budget	CYPSC Committee	
Communications & social media	Better communications by promoting CYPSC activities on social media-Facebook, Twitter.	Interaction on social media and local press.	Weekly updates on social media and sharing of good practice.	CYPSC Committee	