



CAVAN CYPSC 2023 PROGRAMME OF WORK

CAVAN CYPSC Vision / Mission The vision and mission of Cavan Children and Young People's Services Committees (CYPSC) is to secure better outcomes for children and young people through more effective integration of existing services and interventions at local level. We will work strategically together on the challenges that affect children, young people, families and communities thereby creating positive changes across county

CAVAN CYPSC Statement of intent In 2023 Cavan CYPSC will continue to work in a collaborative manner to improve supports and services for all children and young people including our most vulnerable. This will include supporting initiatives like Planet Youth in Cavan as we work towards the development of our next 3 year Children and Young Peoples Plan

National Outcome 1 Active and Healthy, physical & mental wellbeing

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Recreational Activities	Increase range and access to recreational activities for all ages and promote awareness of benefits from engagement in structured prosocial activities. Remove barriers to access and widen participation in variety of leisure activities for children, young people and parents/carers.	Widen range of activities available and Increased participation in activities - Minimum of 3 safe spaces in community to be developed for provision space and provide range of activities in these spaces.	Support access to local community spaces that can provide safe spaces for activity delivery	CSP	Schools, Youth Services, CMETB, Sports Partnership , Cavan Co Co, HSE, Family Focus FRC, Teach Oscail FRC, Cavan Institute, Music Generation, CCLD, PPFs, Cavan County Childcare Committee, Cavan CYPSC
			Encourage awareness of wellbeing and benefit of engagement		
			Cultivate communication and engagement with all stakeholders for ongoing progression and development		
Mental Health and Wellbeing	To work with all agencies to progress the coordination and development of youth mental health services in Cavan	Increase number who access community based resources and supports	Assist development of referral pathway document for youth mental health services in Cavan	Cavan Monaghan Mental Health Team	HSE, Connecting 4 Life, NOSP, Foroige, Pieta, SOSAD, MaCYSS, ISPCC, YWI, Planet Youth, Cavan CYPSC, EIYMHS
			Connect stakeholders to existing resources and services available in their communities		
			Disseminate Planet Youth Survey data to all stakeholders to support resource augmentation and development		

Suicide Prevention	Support implementation of resources, projects and initiatives that support suicide prevention and harm reduction	Reduction in suicide rate in County Cavan	<p>Support awareness raising and knowledge of local services including voluntary and community</p> <p>Actively promote activities and social connection opportunities</p> <p>Increased awareness and understanding on substance misuse and non engagement on wellbeing and mental health</p>		<p>HSE, Connecting 4 Life, Foroige, Pieta, SOSAD, MaCYSS, ISPCC, YWI, Planet Youth, Schools, Youth Services, CMETB, Sports Partnership , Cavan Co Co, HSE, Family Focus FRC, Teach Oscail FRC, Cavan Institute, Music Generation, CCLD, PPFS, Cavan County Childcare Committee, NEPS, Cavan CYPSC</p>
--------------------	--	---	--	--	---

National Outcome 2 Achieving full potential in all areas of learning & development					
CYPSC Priority	Objective	Indicator over CYPP period	Action(s)	Lead Agency	Partners
Promote and develop education and learning opportunities	Early intervention and prevention to support school engagement	increased resources and supported transition models	Co- design and Implement a School Refusal toolkit suited to local area need and priorities	TESS	Foroige, Pieta, SOSAD, MaCYSS, ISPCC, YWI, Planet Youth, Schools, Youth Services, CMETB, Sports Partnership , Cavan Co Co, HSE, Family Focus FRC, Teach Oscail FRC, Cavan Institute, Music Generation, CCLD, PPFS, Cavan County Childcare Committee, NEPS, Cavan CYPSC
			Continue working with partners Support key transitions opportunities from early years upwards		
Improve access to community resources and activities	Provide increases access for CYP to activities and services in their own communities to support better outcomes including health and well being.	increased access to a range of supervised leisure activities	Utilise Planet Youth Data and resources to deliver out of hours leisure activities in local communities	CMETB	Foroige, Pieta, SOSAD, MaCYSS, ISPCC, YWI, Planet Youth, Schools, Youth Services, CMETB, Sports Partnership , Cavan Co Co, HSE, Family Focus FRC, Teach Oscail FRC, Cavan Institute, Music Generation, CCLD, PPFS, Cavan County Childcare Committee, NEPS, Cavan CYPSC
			Support dissemination of data and information that can assist service planning and funding applications		
			Conduct parent, policymaker, and other community member meetings in locality		
Improve parental participation in decision making	Support parents to actively engage and communicate with services and organisations in a holistic and impartial manner	Widening of participation networks	Promote community centred approaches and encourage volunteering as a means of developing vibrant communities	Parenting Cavan	Foroige, Pieta, SOSAD, MaCYSS, ISPCC, YWI, Planet Youth, Schools, Youth Services, CMETB, Sports Partnership , Cavan Co Co, HSE, Family Focus FRC, Teach Oscail FRC, Cavan Institute, Music Generation, CCLD, PPFS, Cavan County Childcare Committee, NEPS, Cavan CYPSC
			Connect families to existing resources in their community.		
			Encourage social cohesion amongst families through shared activities and communications		

National Outcome 3 Safe & protected from harm					
CYPSC Priority	Objective	Indicator over CYPP period	Action(s)	Lead Agency	Partners
Relationships, sexual health, and safety from sexual and gender-based abuse and violence	Creating an awareness of DSGBV impacts in community. Providing knowledge, behaviours and environs that promote safety, respect and equality in our communities	To enhance practitioners skills and knowledge in the area of trauma informed practices by promoting safe and secure communities.	Support the delivery of evidence based programmes to young people and parents in our communities.	PPFS / Tearmann	Cavan CoCo, Tusla, Foroige, Youth Work Ireland, ISPCC, CCLD, Primary Care, An Garda Siochana, Teach Oscail FRC All schools and young people's training providers, Cavan institute, CMETB, Family resource centres
			Design promotional materials and awareness campaigns that promote safety, respect and equality		
			Develop communities of practise to increase staff capacity and ability to deliver consistent key messages.		
Awareness raising	Provide parents with appropriate skills and knowledge to assist them parenting their children	Develop parental supports with consistent messages regarding risk and protective influences	Connect stakeholders to existing resources and services available in their communities	PPFS	Cavan CoCo, Tusla, Foroige, Youth Work Ireland, ISPCC, CCLD, Primary Care, An Garda Siochana, Teach Oscail FRC All schools and young people's training providers, Cavan institute, CMETB, Family resource centres
			Enhance participation opportunities for parents to proactively engage and have their voices heard		
			Support and promote localised Key services and messaging to support Parents		
			To provide opportunities that improve the physical and mental wellbeing of young people across county		
No wrong door	Support all community, statutory and voluntary services to provide trusted information and appropriate signposting to service users and wider communities.	Improve opportunities for parental and organisation association and collaboration.	Encourage parents, children and young people from all communities to actively participate in structures to ensure their voice is being heard	CFSN / CYPSC subgroup	Cavan CoCo, Tusla, Foroige, Youth Work Ireland, ISPCC, CCLD, Primary Care, An Garda Siochana, Teach Oscail FRC All schools and young people's training providers, Cavan institute, CMETB, Family resource centres
			Promote and endorse referral pathways and service information's		
			Deliver opportunities for networking and participation both between services and communities		
			Increase collaboration opportunities with schools that promote positive activities and support reduction in ASB		

National Outcome 4 Economic security & opportunity					
CYPSC Priority	Objective	Indicator over CYPP period	Action(s)	Lead Agency	Partners
Subgroup development	Merge existing structures to form cohesive work group to focus on economic security and opportunity		Combine existing structures to single entity	CYPSC	CC
			Define key objectives		
			Nominate and appoint chair		
Progression pathways	Improve pathways to economic participation and independent living for teenagers, young adults and parents/carers		Provide forum for organisations to plan, coordinate and codesign wraparound support for progression	CYPSC	TBC
			Ensure needs and priorities of vulnerable groups are identified and solutions sought		
National Outcome 5 Connected, respected & contributing to their world					
CYPSC Priority	Objective	Indicator over CYPP period	Action(s)	Lead Agency	Partners
Connected communities	Enhance opportunities for participation	Improved social cohesion amongst families through shared activities and communications	Intergenerational and intercultural projects/work to engage and re-engage connections	CCLD	CYPSC Cavan Youths Network CMETB Planet Youth Interagency group FOCUS and Teach Oscail FRC Cavan County Council Cavan Institute HSE Tusla An Garda
			Actively promote quality family time and support opportunities for family to family activities		
			Actively promote activities and social connection opportunities that support positive wellbeing		
Safe spaces	Support development of safe spaces for engagement and activities in local communities	Development of community hub model	Community Hubs that can be used for all ages and ranges which will support participation	Planet Youth interagency Group	CYPSC Cavan Youths Network CMETB FOCUS and Teach Oscail FRC Cavan County Council Cavan Institute HSE Tusla An Garda
			Promote community centred approach and encourage volunteering as a means of developing vibrant communities.		
Inclusion	Provide the pathway for community voice to be included in CYPSC structure and provide the opportunity for services to have a better knowledge of each other	Increased child, youth and parent participation forums	Deliver child and youth participation forums		CYPSC Cavan Youths Network CMETB Planet Youth Interagency group FOCUS and Teach Oscail FRC Cavan County Council Cavan Institute HSE Tusla An Garda
			Ensure information shared across networks		

First 5					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Empower Parents	Strengthening the ways in which services engage with families; ensuring they are at the centre of decision making processes about their children's learning and their voice is heard. And developing ways to break down the stigma of accessing support for families	Increase in parental attendance at early years events.	Deliver fun events to bring services and parents together to learn and grow	Parenting Cavan	Parenting Cavan, CCLD, Cavan County Childcare Committee, HSE, Chatterbox, Teach Oscail, Focus FRC, Krafty Kidz, Tusla PPFS, Cavan Sports Partnership, National Childhood Network, Enable Ireland, CMETB, CYPSC
			Promote parental supports and key messages through key channels		
			Consultation with parents on an ongoing basis – build participation from early years right through		
Support Key Transitions	Transitions are a shared responsibility and successful transitions for children must be considered in the context of relationships between various stakeholders in the child's life. Therefore a significant part of planning for smooth transitions is ensuring that we do this through collaboration with parents, carers, children and other relevant people in a child's life.	Increase in active parental participation with services	Support strategies that assist parents prepare for creche, ECCE and primary education	CYPSC	Parenting Cavan, CCLD, Cavan County Childcare Committee, HSE, Chatterbox, Teach Oscail, Focus FRC, Krafty Kidz, Tusla PPFS, Cavan Sports Partnership, National Childhood Network, Enable Ireland, CMETB, CYPSC
			Cultivate ways to reconnect parents with creches		
			Support parenting forums to input and participate in ongoing developments		
Clear Information and Signposting for Families	Parents and carers need to have clear information that is quality and professional. This helps builds understanding and trust therefore is key to establishing and maintaining positive partnerships with parents and carers	Resource framework for Cavan parents and carers	Develop a resource for parents and carers with key information, resources and service keynotes	Parenting Cavan	Parenting Cavan, CCLD, Cavan County Childcare Committee, HSE, Chatterbox, Teach Oscail, Focus FRC, Krafty Kidz, Tusla PPFS, Cavan Sports Partnership, National Childhood Network, Enable Ireland, CMETB, CYPSC
Support Developments in Early Years Provision	Work collaboratively with partner network in development, learning and progression of Early Years supports across county.	Stakeholder training and development	Assist in delivery of learning and development for all stakeholders	0-5 Working group	Parenting Cavan, CCLD, Cavan County Childcare Committee, HSE, Chatterbox, Teach Oscail, Focus FRC, Krafty Kidz, Tusla PPFS, Cavan Sports Partnership, National Childhood Network, Enable Ireland, CMETB, CYPSC
			Support progression of an analysis of childcare provisions and supports in Cavan		