



Waterford Children and Young People's Services Committee

Children and Young People's Plan Autumn 2019 - 2022



Contact

The Waterford Children and Young People's Services Committee welcomes comments, views and opinions about our Children and Young People's Plan.

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Foreword

As Chairperson of the Waterford Children and Young People's Services Committee (CYPSC) it is with a great sense of achievement that we arrive at the publication of our second Children and Young People's Plan (CYPP).

As you read through the plan you will see the achievements and strides we have made over the past number of years. The aim of the plan is to prioritise actions over the coming three years which will foster continuous collaboration between agencies on a range of actions which will in turn improve outcomes for children and young people in Waterford.

The process of developing the plan and working together over the past number of years has led to a greater understanding of how we can work together on joint initiatives. This has resulted in a shared understanding of the need for services to continue to evolve and develop in order to meet the complex needs of families and communities.

Whilst maintaining and strengthening existing services across the County, this plan also has a distinctive focus on promoting the development of services in the Dungarvan / West Waterford area as articulated through consultations and discussions with colleagues.

Regular CYPSC meetings and sub group meetings have strengthened relationships between key stakeholders and I would like to take this opportunity to thank the subgroup members and the CYPSC committee for their continued commitment to enhancing our services for children and young people at a local level.

I look forward to implementing this Children and Young People's Plan and the challenges and opportunities ahead of us. Together we will build on existing good practice and fostering better processes and relationships with all stakeholders in order to improve outcomes for children and young people here in Waterford.

Vincent Daly,
Waterford CYPSC Chairperson

Section 1: Introduction

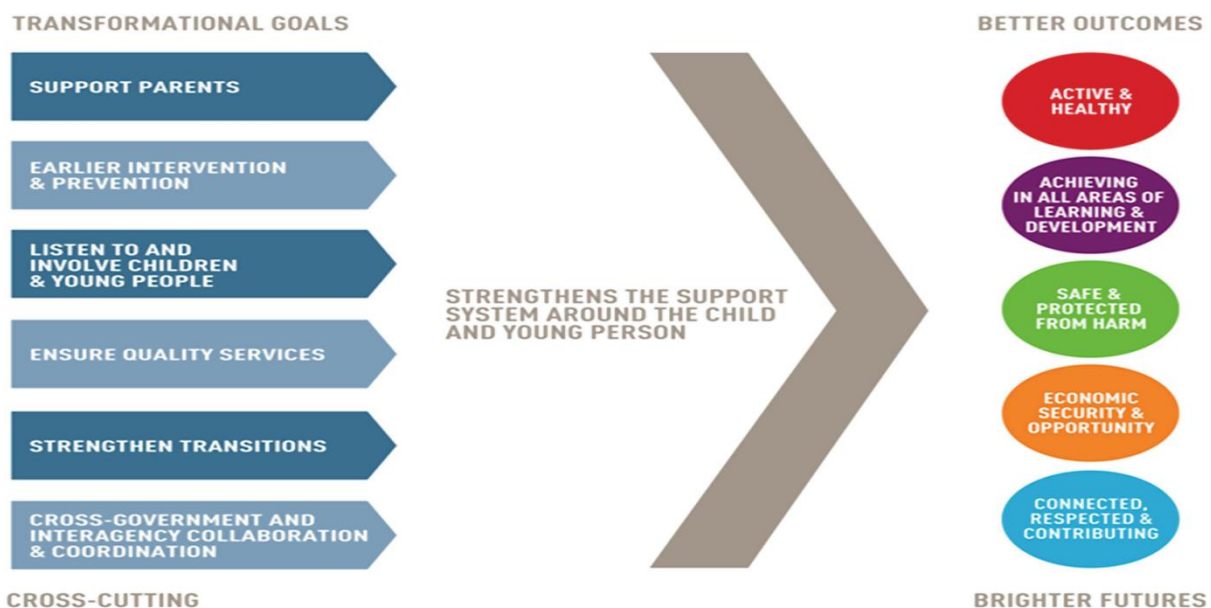
The purpose of Children and Young People’s Services Committees is to secure better outcomes for children and young people through more effective integration of existing services and interventions at local level.

CYPSC work towards achieving the five national outcomes for children and young people in Ireland as outlined in “Better Outcomes Brighter Futures”. This is the first overarching national policy framework for children and young people (aged 0-24 years) in Ireland. The purpose of the framework is to coordinate policy across Government to achieve better outcomes. The framework also identifies six areas or transformational goals that have the potential to improve outcomes and transform the effectiveness of existing policies, services and resources.

The five national outcomes are that children and young people;

1. Are active and healthy, with positive physical and mental wellbeing
2. Are achieving full potential in all areas of learning and development
3. Are safe and protected from harm
4. Have economic security and opportunity
5. Are connected, respected and contributing to their world

Better Outcomes Brighter Futures Cross Departmental Policy Framework.



Source : Better Outcomes Brighter Futures, DCYA (2014)

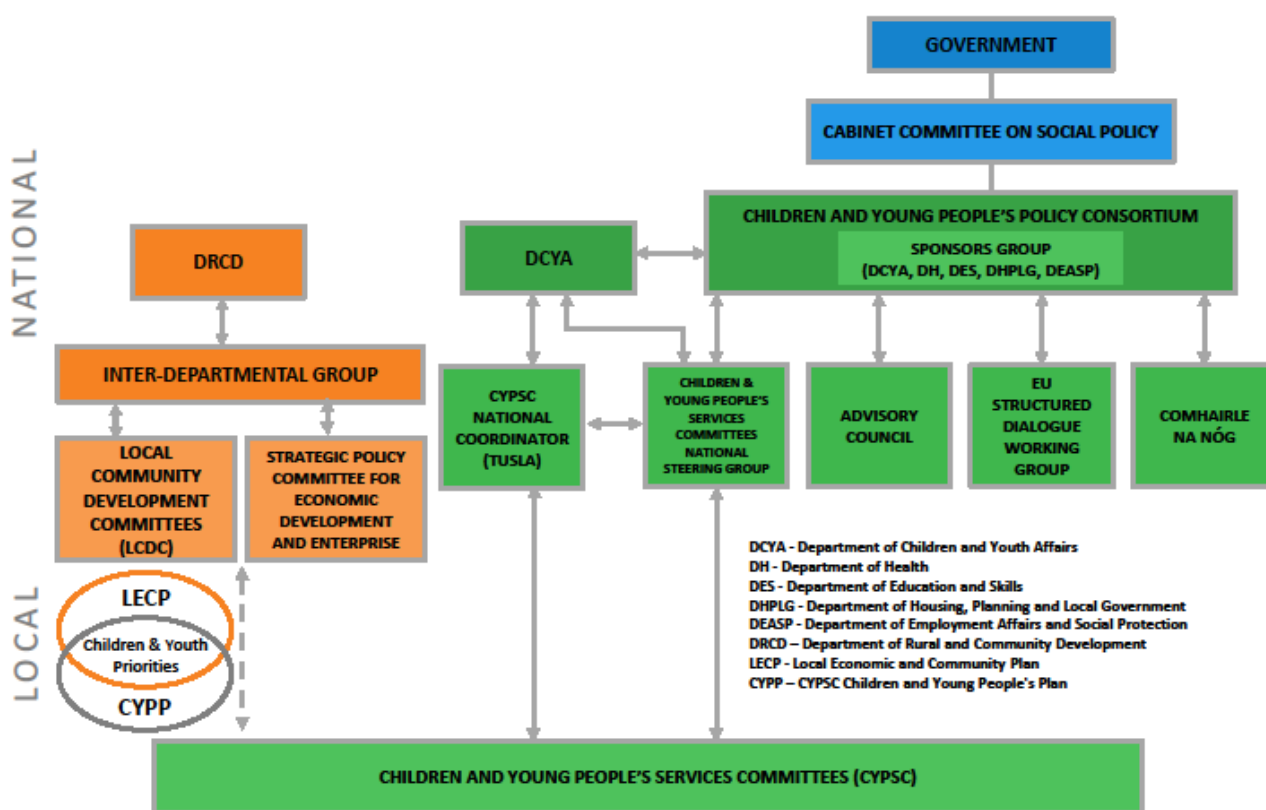
Background to Children and Young People’s Services Committees

Children and Young People’s Services Committees in Ireland

The Office of the Minister for Children and Youth Affairs (OMCYA), now the Department of Children and Youth Affairs, established the Children and Young People’s Services Committees (formerly Children’s Services Committees) in 2007 with the purpose of improving outcomes for children and families at local and community level. Since then CYPSC have increased incrementally in number and are a key structure identified by Government to plan and co-ordinate services for children and young people, aged 0 - 24 years, in every county in Ireland.

CYPSC bring a diverse group of agencies across the statutory, community and voluntary sectors in local county areas together to engage in joint planning of services for children and young people. All major organisations and agencies working locally on behalf of children and young people are represented. These committees work to improve the lives of children, young people and families at local and community level through collaborative planning and improved service delivery.

Governance and Reporting Relationships within the structures of “Better Outcomes Brighter Futures”



Children and Young People's Services Committee in Waterford

The Waterford Children and Young People's Services Committee was established during 2012 following on from the work of the West Waterford Forum which initiated the development of interagency planning and delivery of children's services in the Dungarvan / West Waterford area.

Following the Government announcement that Waterford City and County Councils were to be amalgamated, it was agreed that one CYPSC would be established to encompass all of Waterford City and County.

That Local Authority amalgamation had a significant impact on other organisations with legally separate City and County structures such as the County Childcare Committees, VEC, Local Development Partnerships and Comhairle na nÓg. It also coincided with the re-configuring of a number of state agencies such as FAS, Department of Social Protection, VEC and HSE.

While many agencies and organisations had participated in the various interagency structures in the past, very few had a role in both City and County structures due to the configuration of the administrative areas. For many organisations, the CYPSC, its associated structures and processes, were the first time agencies had met and therefore, the initial meetings took some time as members got to know each other and also awaited clarity on changes in organisational roles and realignments. Three years on from our first plan, the CYPSC process is embedded as a key process and structure for the majority of agencies in the County.

The CYPSC membership comprises the senior managers from statutory and community/voluntary organisations across the Waterford area in order to ensure that there is capacity to make decisions and implement local change in line with the 5 National Outcomes for Children and Young People.

The membership of Waterford Children and Young People's Services Committee is drawn from a wide range of statutory and community / voluntary agencies involved in the delivery of services to children and families in Waterford. The CYPSC is supported by a Co-ordinator who is employed by Tusla. The CYPSC works closely at local level with the Local Community Development Committee and reports nationally to the Department of Children and Youth Affairs. CYPSC is chaired by the Tusla Area Manager and the Vice Chair is a Director of Services from Waterford City and County Council.

Membership

Agency	Agency Representative
Chair : Tusla Child and Family Agency	Vincent Daly (April 2016 – present) Area Manager
Vice Chair : Waterford County Council	Ivan Grimes, Director of Housing
Barnardos	Catherine Joyce, Assistant Director of Children’s Services South East Region
Focus Ireland	David Niblock, South East Regional Manger
Foróige	Eric O Brien, Area Manager, South
Health Service Executive	Fiona McKeown, Assistant Director Public Health Nursing
Health Service Executive	Mairi Keenleyside, Principal Psychologist Manager
Irish Primary Principals Network	Catriona O Reilly, Principal
Sacred Heart Family Resource Centre	Heather Kiely, Manager
St Brigid’s Family and Community Centre	Ger Lanigan, Manager
Tusla Child and Family Agency	Tony Kennedy, Senior Manager for Prevention, Partnership and Family Support
Coiste Cúram Leanaí Phort Láirge	Rose Murphy, CEO
Waterford Area Partnership	Gayle Barry, Education Services Co-ordinator
Waterford and South Tipperary Community Youth Service	Pat McBride, Centre Manager
Waterford and Wexford Education and Training Board	Trina Tsai, Youth Of cer
WIT	Nuala Lennon, Access Of cer
An Garda Siochána	David Butler Sergeant, Community Policing Unit

The development of Children and Young People's Services Committees has been shaped and informed by a number of major government policies and continues to respond to emerging policy.

The Agenda for Children's Services: A Policy Handbook (2007)

"The Agenda for Children's Services: A Policy Handbook" (2007), set out the strategic direction and key goals of public policy re: children's health and social services at that time. It applied the principles of the first National Children's Strategy (2000) to the implementation of policy through service delivery. At the core of 'The Agenda', was the promotion of good outcomes for children. It advocated a "whole child - whole system" approach to meeting children's needs, with a clear focus on achieving better outcomes for children and families through the promotion of inter-agency work. The Agenda was also responsible for identifying the seven outcomes that have been adapted to become the five National Outcomes that inform the work of CYPSC's today.

Report of the Commission to Inquire into Child Abuse, Implementation Plan (2009)

The Implementation Plan which was developed following the publication of the Report of the Commission to Inquire into Child Abuse (also known as the Ryan Report), specifically refers to Children's Services Committees. The Report identifies that interagency, multidisciplinary work is vital to the promotion of good child protection practice and to the provision of good and safe service delivery to service users. It also states that "the purpose of CSC's is to ensure that agencies work together strategically to achieve intended outcomes for children and families and value for money". Furthermore it explains that "they have been set up specifically to enhance interagency communication and are working in partnership to meet the needs of vulnerable children and families" (p.45).

Report of the Task Force on the Child and Family Support Agency (2012)

This report examined a number of key themes such as leadership, multi-disciplinary engagement, interagency working and change management that would lead to better outcomes for children and young people. It emphasised that universal and targeted services provided by the Child and Family Agency, together with services for children and families provided by other government departments or agencies and those provided by NGO's, must be co-ordinated and joined up on the ground where children and families live. The Task Force identified that "CSC's should be the mechanism for doing this at local level. It is crucial that the committees work to an overall national strategy and plan".

Better Outcomes Brighter Futures (2014)

“Better Outcomes Brighter Futures”: The National Policy Framework for Children and Young People is a whole of government policy that emphasises the importance of everyone working together to achieve better outcomes for children and young people in Ireland. This policy identifies the five national outcomes for children and young people and recognises CYPSC’s as the key vehicle for inter-agency work and development of local Children and Young Peoples Plans. Although “Better Outcomes Brighter Futures”, is the most recent policy document in relation to CYPSC’s, its views were influenced by the previous policy documents.

National Youth Strategy 2015 – 2020

Children and Young People aged 10 – 24 make up 18.3% of the population. The aim of the National Youth Strategy is to enable all young people to realise their maximum potential, by respecting their rights and hearing their voices, while protecting and supporting them as they transition from childhood to adulthood. It is a universal strategy for all young people and provides for the needs of young people experiencing, or at risk of experiencing, the poorest outcomes. Key supportive factors in the lives of young people are recognised as being parents, family, friends, other adults such as youth workers and teachers, and the community.

National Strategy on Children and Young People’s Participation in Decision-making, 2015 – 2020

The goal of this strategy is to ensure that children and young people have a voice in their individual and collective lives across the five national outcomes. It is based on the principle that participation of children and young people is fundamental to a child-centred, rightsbased approach to working with children and young people. The strategy commits Government departments, agencies and other stakeholders to involve children and young people in the development of policies, legislation and research.

LGBTI+ National Youth Strategy, 2018 - 2020

The LGBTI+ National Youth Strategy sets out the goals and objectives for serving the needs of LGBTI+ people aged 10–24. This is a three-year action-oriented strategy which recognises that young LGBTI+ people can flourish when they have consistently positive interactions with those around them and supportive experiences in the services with which they most engage. The Department of Justice and Equality is also currently in the process of developing a National LGBTI+ Inclusion Strategy, which will seek to address the needs of the wider LGBTI+ population. The overall aim of this strategy will be to target discrimination, promote inclusion, and improve the quality of life and wellbeing for LGBTI+ people.

First 5 - A Whole-of-Government Strategy for Babies, Young Children and their Families 2019-2028

The First 5 Strategy sets out how to develop a system of integrated, cross-sectoral, high-quality supports and services for the development of an effective early childhood system. The Strategy explains why this system should be developed, what it should look like, and the necessary actions required in attaining this. First 5 sets out to achieve:

- Access to a broader range of options for parents to balance working and caring
- A new model of parenting support
- New developments in child health
- Reform of the Early Learning and Care (ELC) system
- A package of measures to tackle early childhood poverty

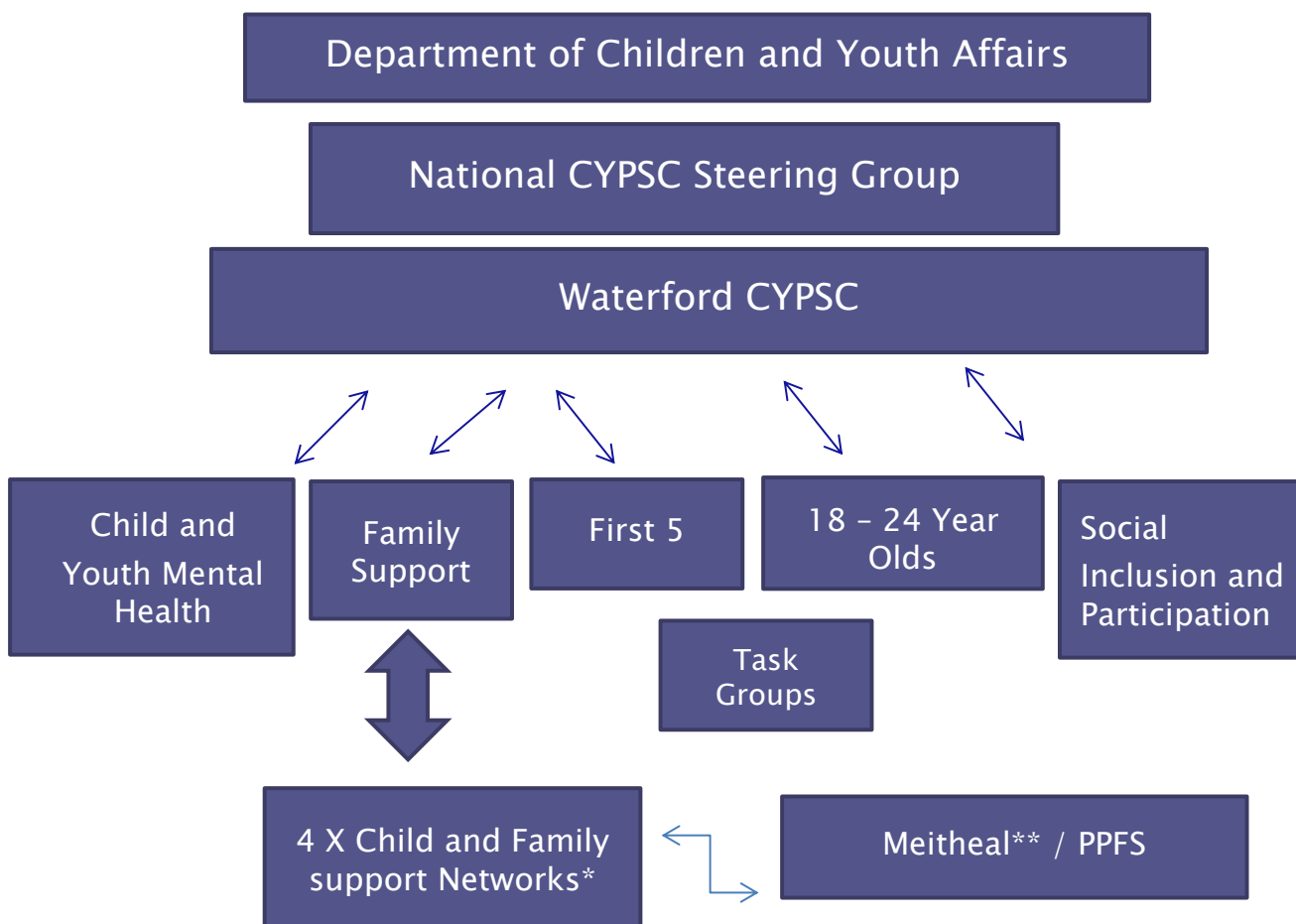
Sustainable, Inclusive and Empowered Communities: A Five - Year Strategy to Support the Community and Voluntary Sector in Ireland 2019 - 2024

The Strategy to Support the Community & Voluntary Sector in Ireland sets out a direction for Government policy in relation to community development, local development and the community and voluntary sector for the coming years. It supports partnership and collaborative effort at all levels and between all stakeholders, comprising high level objectives and associated actions to support communities, their representative organisations, and the community and voluntary sector.

Children and Young People’s Services Committee in Waterford

CYPSC Structure Locally

The CYPSC meets approximately 5 times per year with additional meetings convened as necessary.



The Sub Groups have an essential role in identifying key local needs included in this CYPP and in designing and implementing actions in response to those needs. Sub Groups can establish Task Groups for efficient use of time and to enable work to be carried out between meetings usually for specific projects.

*These are multi-agency networks developed within each Tusla administrative area as part of Tusla’s Prevention, Partnership and Family Support strategy to improve access to support services for children and their families. Child and Family Support Networks consist of all services that play a role in the lives of children and families in a given area. This includes local statutory children and families service providers (e.g. psychology, public health nurses, social work, justice, education and welfare) and local voluntary and community children and families services.

**Meitheal is a National Practice Model to ensure that the needs and strengths of children and their families are effectively identified and understood and responded to in a timely way so that children and families get the help and support needed to improve children’s outcomes and realise their rights. It is an early intervention, multi-agency (when necessary) response tailored to the needs of an individual child or young person.

Synergy with other County-level structures

The CYPSC is continuing to enhance its relationship with the Local Community Development Committee (LCDC). The CYPSC Co-ordinator sits on the LCDC, the Social Inclusion Community Activation Programme subcommittee of the LCDC and the Healthy Waterford subcommittee of the LCDC. The CYPSC Children and Young People's Plan is a constituent part of the Local Economic and Community Plan (LECP).

CYPSC will promote the voice of agencies and children and young people in the formulation of the new LECP plan in 2020. The Vice-Chairperson of the CYPSC is also a member of the Local Community Development Committee (LCDC).

The CYPSC Co-ordinator represents the CYPSC on the Comhairle na nÓg Steering Group and also attends the Comhairle AGM. Both structures are committed to on-going consultation and participation during the life-time of the CYPP to ensure that the plan remains relevant to the needs of young people in Waterford.

Achievements to Date

Outlined below is a synopsis of achievements to date by Waterford CYPSC

- The active participation of a broad range of organisations engaging and implementing the Children and Young People's Plan in a positive and proactive manner.
- Securing funding and resources from various agencies for collaborative actions¹ resulting in increased planning and co-ordination, additional and enhanced services and responses to gaps identified, these include:
 - A renewed focus on the needs of children, young people and families in the Dungarvan and West Waterford area.
 - Increased awareness, knowledge and skills development for agency staff in the area of disability inclusion, including the development of the Disability Inclusion Framework developed by CYPSC (Appendix VI).
 - Direct work with hard to reach young adults has been supported and promotion of the needs of 18 - 24 year old marginalised young adults has been prioritized.
 - Additional consultation with parents resulting in the 'Celebrating Parenting' approach to the delivery of parenting supports resulting in continued development of existing parenting supports and additional supports working from a strengths based approach.
 - Promotion of the health and wellbeing agenda with families through the Just Grow project which highlights the importance of supporting families in order to promote healthy lifestyle choices for all the family.

¹ Funding sources include: Quality and Capacity Building Initiative (DCYA), Healthy Ireland Fund, Seed Funding (Tusla and DCYA) and Waterford/Wexford Tusla approx. €120,000 in 2017 and 2018. In addition local agencies have used their own funding and resources to collaboratively support CYPSC actions.

- increased awareness of agencies in relation to the importance of young people's active participation in services.
- Increased skills development for frontline staff in the areas of mental health promotion, disability inclusion, domestic abuse, the positive use of information and communication technology and resilience building.
- There is an increased flow of information to and between agencies resulting in increased communication, a greater understanding of what services do, what supports are available and how to access them.

Learning, Challenges, Impacts and Strengths

Waterford CYPSC held a mid-year review of the Children and Young Peoples Plan in May 2018. Agencies involved in the CYPSC and Sub Groups attended. The following is taken from the review session.

Learning

The building and maintaining of positive cross sectoral and inter-agency relationships is essential for CYPSC to work. The identification of lead agencies for actions is crucial to the implementation of the CYPP. Agencies can then include the actions in the organisational work plan and include the work when reporting to funders, further promoting and embedding the CYPSC process throughout the system. A balance between an actions-focused process and a strategic approach assists in maintaining momentum.

Challenges

Funding and resourcing the CYPSC process is a key challenge. There is a need for multiannual funding, support and resourcing for agencies delivering actions and matching and leveraged funding is difficult as agencies have not recouped significant funding lost during the recession. Administrative support for CYPSC was identified as a key resource as demands locally and nationally grow.

Measuring the impact of CYPSC work can be challenging. The indicators of success in the Children and Young People's Plan can be challenging due to indicators focusing on a quantitative difference. Sometimes it is a change of approach, culture, ethos, process or understanding that can have a significant impact. Systemic change was identified as crucial as it is difficult to respond to local level needs that require change at interdepartmental level.

Achieving authentic and meaningful sectoral/youth participation and listening to the voice of children and young people so as to respond to evolving needs requires creative and young people friendly approaches.

Impact / Strengths

The process is a nationally mandated structure and has strategic importance in government policy. It brings together organisations and personnel who might not ordinarily work together or even be aware of what each other does. This allows for the sharing of information, building working relationships and fostering collaboration that would not necessarily happen otherwise.

CYPSC has great potential to advocate strongly for children and young people with allied services, government departments and other key strategic stakeholders. It enables agencies to speak with one strong voice rather than lots of “little voices” getting lost in the complex web of structures, processes and high level plans in the human service map. Collectively it provides better prospects of collectively influencing changes in policy, practice or resource allocation that will benefit young people.

Organisations bring their insights, expertise, remit and resources to the table and also embrace a wider perspective on the needs of children and young people in Waterford. This challenges those involved with CYPSC to collaborate rather than compete in the interests of young people.

How the Children and Young People's Plan was Developed

The Waterford Children and Young People's Plan (CYPP) was developed by the members of the Children and Young People's Services Committee and its 5 Subgroups over the time period September '18 – June '19. In developing this CYPP, the CYPSC has taken account of the consultations and needs analysis carried out across a wide range of services and groups, learning from the previous three years of work and professional expertise and practice wisdom.

A number of different elements were involved in its formulation:

- Agreement of a schedule for the development of the CYPP
- Review of the previous plan
- Agreement on cross cutting themes
- Data Collection
- Literature review
- Consultations
- Analysis and agreement

Next steps will include dissemination and promotion of this plan and ongoing consultation and participation of parents, children and young people throughout the life of the Plan. The members of Waterford CYPSC and its sub groups are fully committed to the implementation of the actions outlined in this Children and Young Peoples Plan. The Plan is considered a 'live' document and CYPSC will be responsive to address issues as they emerge and as opportunities arise over the course of the next three years.

Scheduling

A schedule for the development of the plan was agreed by CYPSC in Sept 2018, see Appendix I. The CYPSC held a review meeting in 2018 looking at progress and learning from the Children and Young Peoples Plan 2016 – 2018. CYPSC held a strategic planning and review meeting in 2019 to agree themes and actions for this CYPP. At this meeting CYPSC considered, discussed and agreed the combined Subgroup actions presented by the Chair of each sub group. This process allowed time for reflection, comment and the final priority areas and actions to be agreed.

The Work plan was reviewed and signed off by the CYPSC during June 2019 and the plan was submitted for quality assurance purposes.

Cross Cutting Themes

Early in the process it was evident that a number of themes were emerging which could impact the focus and direction of the new plan. Through analysis of the previous three year work the following cross cutting themes were identified.

- Rural Supports
- Disability Inclusion
- Social Inclusion
- Participation and Consultation
- Learning / Education and Development

It was agreed that each sub group would consider these themes when identifying priority areas and actions and particularly how these themes would impact implementation of the actions over the next three years.

Data Collection

During 2018, a socio demographic profile was undertaken by the CYPSC. This work also included specific data on West Waterford and a family support needs analysis. The existing mapping of services was updated to reflect new services and services no longer operating and was informed and supported by the ongoing work in maintaining the CYPSC Waterford Directory of Services website.

Review of Literature and other relevant documents

Over the implementation time of the last plan (2016 - 2018) an important feature has been the keeping abreast of local, regional and national reports, strategies and frameworks. Together with responding to local needs the CYPSC is also cognisant of the national and regional agenda and has a requirement to respond to priority areas, e.g., parenting, participation and LGBTI+ supports, early intervention and prevention, etc.

Consultation

The table below provides a synopsis of groups consulted with and methodology.

Agency and Stakeholders	Responses	Actions taken
<p>CYPSC members and sub group members</p>		<p>Review of the previous CYPP</p> <p>Review of minutes of a number of previous years’ meetings and identifying key themes, issues and gaps. Reorganisation of sub groups.</p> <p>Identifying cross-cutting themes.</p> <p>Ongoing dialogue between the CYPSC Co-ordinator and members of the main CYPSC Committee and their colleagues Feb – May ’19.</p> <p>Refinement of potential actions and the sharing of information and data to support evidence informed approach and promote buy-in and commitment to the Plan.</p> <p>Attendance at the four Child and Family Support Networks also proved very useful in understanding issues and concerns practitioners on the ground were facing and has provided rich data to inform the plan.</p>
<p>Teens and Young Adults</p>	<p>88 urban and rural 79</p> <p>38</p>	<p>Waterford Comhairle nan Óg membership</p> <p>The West Waterford consultation process also engaged with children aged 13 - 18 and young adults.</p> <p>CYPSC facilitated three projects in relation to youth participation, one engaged directly with teenagers, one with agency staff and one with seldom heard young adults the focus being on what participation is and what enables it.</p>
<p>Pre-school and afterschool</p>	<p>144</p> <p>128</p>	<p>The Coiste Cúram Leanaí Phort Láirge (CCLPL, County Childcare Committee) contacted pre-school and afterschool services. Staff in the services facilitated children to participate in the consultation.</p> <p>CCLPL, also consulted with parent and toddler groups and services regarding the use of screen time by babies and young children.</p>

<p>Children aged 5 - 12/13</p>	<p>509</p>	<p>Members of the main CYPSC facilitated the dissemination of information through their organisations and networks.</p>
<p>Parents, young adults, teenagers and children</p>	<p>Approx 55</p> <p>140</p> <p>288</p> <p>Approx.180</p>	<p>A number of consultations had taken place focused on a particular theme during the lifetime of the last plan. Methodologies included an on-line questionnaire and focus groups.</p> <p><u>Information and Communication Technology</u> Children, young people and young adults were consulted in relation to their knowledge and use of information and communication technology. This also provided insight into lifestyle, dynamics within families and attitudes and behaviours.</p> <p><u>West Waterford</u> – consultation with parents and young adults.</p> <p><u>Celebrating Parenting</u> – consultation with parents on how they perceive parenting supports and preferred methods for accessing information.</p> <p><u>CFSN's</u> held a number of events for parents throughout the County and asked for feedback from parents on supports required.</p>

SEE Appendix II for a synopsis of the findings from the Consultations

Analysis

The process of local needs analysis and the identification of priority areas and related actions took place in line with the agreed schedule (see Appendix I). Information was presented back to stakeholders on an ongoing basis for discussion and feedback. In deciding on priority areas and related actions, the CYPSC took account of the following:

- Data/Evidence
- Available resources
- CYPSC role
- Consultations
- Experience and learning from last 3 years
- Balance between high level strategic actions and what's deliverable and action orientated
- Strategic direction
- Gaps
- Existing priority areas and cross cutting themes



Section 2: Socio-demographic Profile

Section 2: Socio-demographic Profile²

Social and Demographic Profile for Waterford City and County



This section presents an overview of the social and demographic profile for the target population of children and young people (0-24 years). Details for this target population have been reviewed for County Waterford. Particular emphasis has been placed on providing data on West Waterford (Dungarvan/Lismore Electoral Area) due to the low level of services and resources available across the West Waterford area. Comparisons and observations of the demographics of children and young people in this area will be made against county and national figures. The Central Statistics Office shows a snapshot of some general figures for Waterford from the Statistical Yearbook 2018 which will be expanded on in later sections.



Source: CSO Statistical Yearbook 2018

² Acknowledgement : This section of the CYPP has been drawn predominantly from the work of M. Hennessey, Profile and Family Needs Analysis, Barnardos (2019)

Key Facts

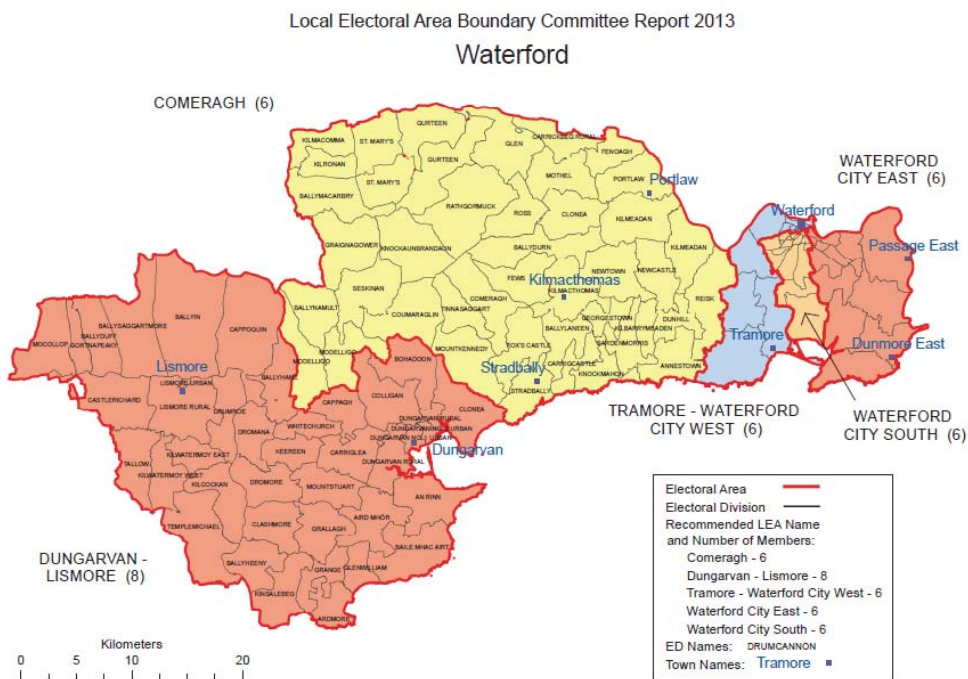
Indicator/Theme and Source	Indicator	Waterford	State
Total Population CSO Census 2016	The total population of Waterford 58.5% of the Waterford population live across a large rural area in Waterford County	116,176 (+0.03%)	4,761,865 + 3.8%
Nationality CSO 2016	Irish UK, Poland, Lithuania, Other EU 28 and Rest of the World	89% 10%	
Child Population CSO 2016	The number of children under aged 0 - 24	38,417 33% of total population	1,583,004 33%
Young People CSO 2016	Number of children aged 0 – 4 years Number of children aged 5 – 12 years Number of children aged 13 - 18 Number of young people aged 19 - 24	7,614 - 7% 7,453 - 12% 9,700 – 8% 13,650 – 6%	331,515 – 7% 548,693 – 12% 371,588 – 9% 331,208 – 7%
Youth Unemployment CSO (May 2019)	Young People < 25	1,572 – 7.73%	20,347 – 10.72%
Traveller Children and Young People CSO 2016	Irish Travellers (total population) Children and Young People aged 0 – 24	517 (.5% of the population) 298	30,987
Disability CSO 2016	The number people in Waterford living with a disability	16,675 14.4% of total population	643,131 13.5% (+8% on 2011)
New Births CSO, 2018	The number of registered births in Waterford	1410	61,016

Indicator/Theme and Source	Indicator	Waterford	State
Children born to young mothers CSO 2016	The number of children born to Mothers < 20 years living in Waterford	15 – City 8 – County	1,098
	The number of children born to Mothers 20 – 24	80 - City 114 - County	5,216
Family Structure CSO 2016	Number of families in Waterford Number of children in Families Population who are: Married Single Separated/Divorced/Widowed	30,542 40,982 53% 38% 10%	1,218,370 (+3.3%)
Children in lone parent households CSO 2016	Families with children under 15 % of families identifying as lone parents Lone parent % of local population	9,820 23.7% an increase of 1.3% on 2011 4.4%	3.7% increase of 1.6% on 2011
Number of referrals to Social Work Tusla local office 2016	Number of referrals to Social Work Department	1312	47,300 Tusla National
Children in Care	Number of children in the care of Tusla Wat / Wex ISA	413 Tusla (2017)	6190 Tusla (2017)
Family Support Tusla (2018)	Number of Meitheal's (one year period from 2017 – 2018)	28	290
Referrals to Garda Juvenile Diversion Department Of Justice and Equality (2017)	Number of children in Waterford < 17 yrs referred to Juvenile Diversion Programme	343	10,607
Probation Service Probation Services, Monthly Offender Population Report	Total caseload in the Midlands and South East under 18 in April 2018	38	0 in Custody 228 in total
Homelessness and Housing Need Waterford Area Partnership (2018) People presenting as homeless Adults classed as homeless and in emergency accommodation New homeless units Waterford City and County Council Annual Report 2018	% of the population experiencing homelessness	0.10% 890 (15% increase on 2017) 110 24	0.13%

Key Facts			
Indicator/ Theme and Source	Indicator	Waterford	State
Housing Support Housing Agency (2018)	Number of households qualifying for Social Housing Supports	1,117 1.55%	71,858
Rent Allowance Payments Waterford Area Partnership, 2018	% of the population in receipt of rent allowance, Housing Assistance Payment and Rental Accommodation Schemes	0.69%	0.36%
HSE Connecting for Life (2017)	Suicide Rate Waterford City Waterford County	6.3% 11.6%	8.2%
Treatment for Substance Abuse Waterford Area Partnership (2018)	% of the population who received treatment for substance misuse	0.73%	0.36%
Immunisations HSE Child Health Profile (2018)	The % uptake rate of immunisations for MMR at 24 months	92%	92.2% average
Breast Feeding HSE, Child Profile (2018)	% of mothers breastfeeding on hospital discharge	60.1%	59.9%

Profile of Waterford City and County

Waterford is located in the South East region of Ireland in the province of Munster and ranks 20th in Ireland in relation to size, covering an area of 1857 sq/km. Since 2014 and the amalgamation of Waterford City Council and Waterford County Council to form one local authority there are now five distinct local electoral areas in Waterford City and County namely: Comeragh; Dungarvan/Lismore; Tramore and Waterford City West; Waterford City East; and Waterford City South. It is important to note that almost 58.5% of the Waterford population live across a large rural area in Waterford County.



Source: Local electoral area boundary committee report 2013

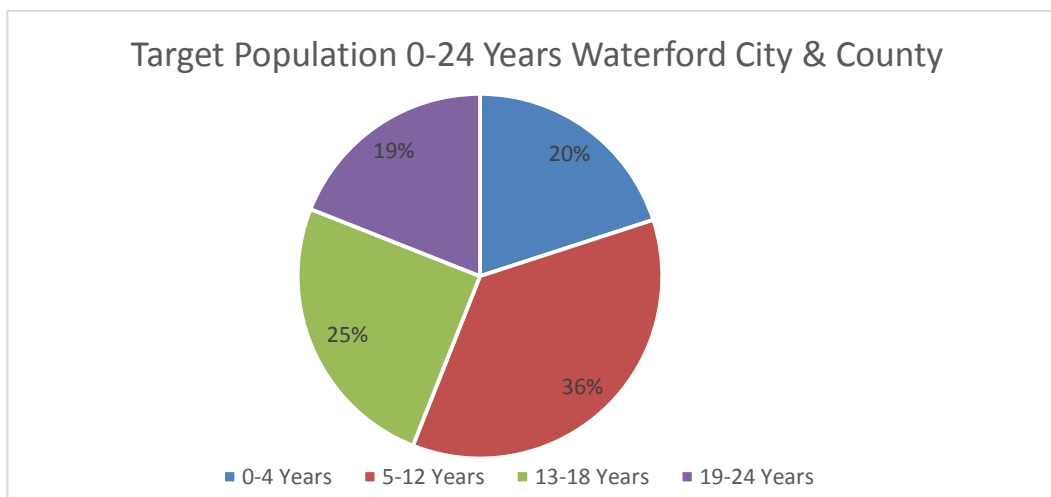
Population

The results of Census 2016 show that Ireland's population increased by 173,613 persons over the five years since April 2011, to reach 4,761,865 persons in April 2016. This represents a total increase of 3.8% over the five years, or 0.8% on an annual average basis. This compares with an annual average increase of 1.6% over the previous intercensal period 2006 to 2011.

	2011	Change	2016	Change
Waterford City and County	113,795	+5.4	116,176	+0.03
Waterford City	46,732	+2.2	48,216	+3.2
Waterford County	67,063	+7.8	67,960	+1.3
Ireland	4,588,252	+8.2	4,761,865	+3.8

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

The population of Waterford City and County as recorded in Census 2016 is 116, 176 (2.4% of the national population), showing an increase of 0.03% from 113,795 in 2011. While there is a slight increase in population in Waterford during this period, the rise is lower than national percentages. There was a greater increase in Waterford City than County. The total number of people aged 0-24 years in Waterford City and County is 38,417. This equates to 33% of county population and is similar to national figures for this age group (CSO, 2016).



Source: Census 2016 Sapmap Area: County Waterford City and County

Within this target population there are four key age groupings shown in diagram above.

Age	Number
0 - 4	7,614
5-12	13,650
13-18	9,700
19-24	7,453

The largest groups are school going age groups with 36% in the 5-12 category and 25% in the 13-18 category.

The CSO Vital Statistics Report 2016 indicates that birth rates by area of residence for the parents under 24 are higher than national averages for Waterford City and lower for Waterford County.

	Parent Under 20	Parent 20-24	Total
State	1,101 (1.7%)	5217 (8.2%)	63,841
Waterford City	15 (2.7%)	80 (14.5%)	550
Waterford County	7 (0.7%)	85 (9%)	939
Dungarvan	1 (0.8%)	17 (13%)	131
Lismore	-	2 (15.4%)	13

Source: CSO Vital Statistics 2016

Live birth rates per 1000 females show Waterford City and County rates higher than national average for all ages and Waterford City significantly higher for parents aged 20-24years (CSO, 2016).

	Parent Under 20	Parent 20-24	All Ages
State	7.5	38.6	1.81
Waterford City	11.5	65.0	1.61
Waterford County	2.9	46.7	2.21

Source: CSO Vital Statistics 2016

Families

There are 30,542 families in Waterford City and County with the majority of families with two persons, followed by three and four persons.

Number of Families	30, 524
No. Persons in Families	96,055
No. Children in Families	40,982
Couples with Children	31,292
Mothers with Children	8,430
Fathers with Children	1,260
All children < 15 years	9,820
All children > 15 years	8,210
Children both under and over 15 years	3,312

Size of Family	No. of Families
2 persons	12,637
3 persons	6,936
4 persons	6,416
5 persons	3,287
6 + persons	1,248
Total	30,524

Source: Census 2016 Sapmap Area: County Waterford City and County

Over half the population of Waterford (53%) are categorised as single and 38% categorised as married, with smaller percentages separated, divorced or widowed as is shown in table below.

County Waterford				
Marital Status	Male	Female	Total	%
Single	31,845	29,220	61, 065	53%
Married	21,827	21,892	43,719	38%
Separated	1,456	1,818	3,274	3%
Divorced	1,184	1,629	2,813	2%
Widowed	1,339	3,966	5,305	5%
Total	57,651	58,525	116,176	

Source: Census 2016 Sapmap Area: County Waterford City and County

There are 9,820 families with children under 15 years of age. The breakdown of these family units is 7,488 couples, 2,139 mothers and 193 fathers with children. Lone parents account for 23.7% of this category (families with children under 15 years).

The lone parent ratios outlined in the Pobal HP Deprivation Index are summarised in this table and indicate an increase in lone parents in Waterford County from 2011 to 2016 in comparison to a decrease in the city and nationally.

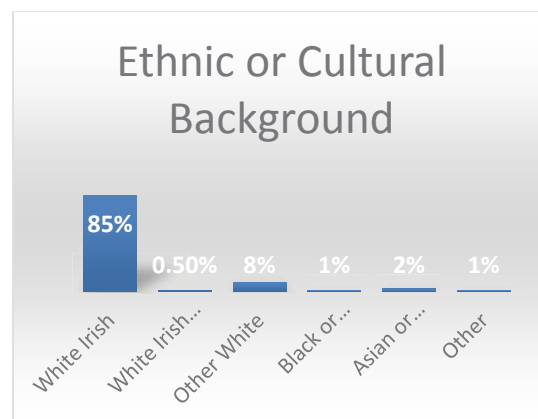
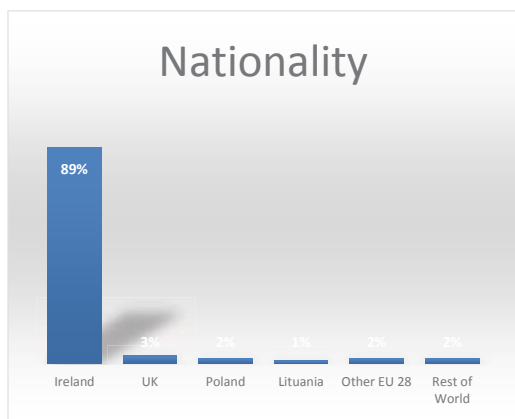
	Rate 2011	Rate 2016	Change
Waterford City	31.9	31.4	-0.5
Waterford County	18.1	18.9	+0.8
Ireland	21.0	19.9	-0.1

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

The Waterford Area Partnership Social Inclusion and Community Activation Programme (SICAP) Social Inclusion Analysis 2018 indicates that Waterford has the highest proportion of lone parents, ranking the area 1st of 31 local authority areas. This proportion exceeds that expected from its share of the national population. It highlights that in Waterford, 4.4% of the population are lone parents which is higher than the national average of 3.7%. Nationally the number of lone parent families increased by 1.6% between 2011 and 2016.

Nationality

The figures for nationality are calculated based on the usually resident population of 116,174 for Waterford City and County. It is evident, that Irish nationals and those identifying as white Irish are the majority at 89% (101, 648 persons) and 85% (97,285 persons), respectively.



Source: Census 2016 Sapmap Area: County Waterford City and County

Asylum Seekers and Refugees

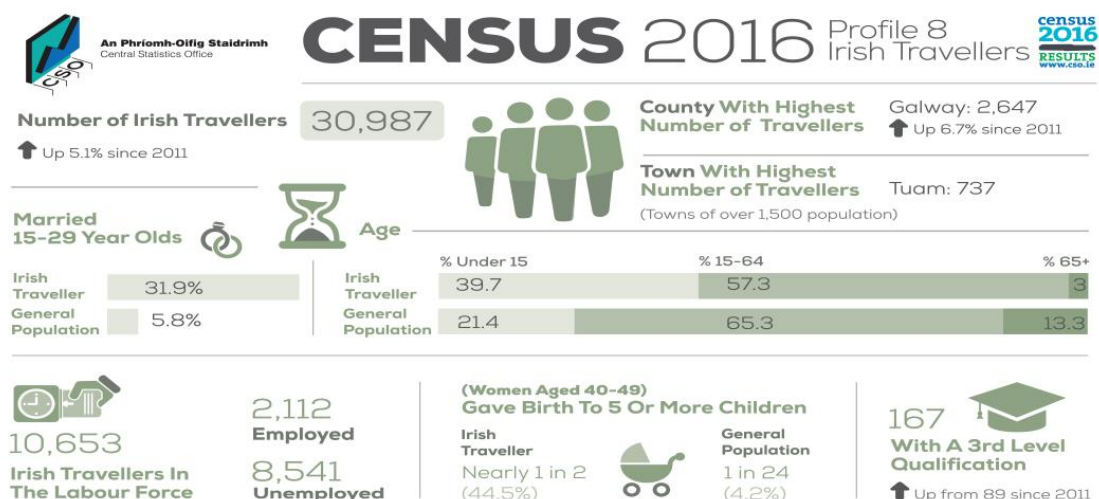
There are four direct provision centres in Waterford. The Reception and Integration Agency (RIA) statistics recorded in October 2018 show a capacity for 408 persons and an occupancy of 410 (IRC, 2018) indicating a slight over occupancy. There is an Emergency Reception and Orientation Centre (EROC) for Asylum Seekers and Refugees in Clonea, Dungarvan, Co. Waterford. In Waterford, 0.39% of the population are asylum seekers and refugees (from the Irish Refugee Protection Programme) which is higher than the national average 0.13%.

The Traveller Community

In the 2016 Census, 517 (0.5%) of the usually resident population of Waterford identified as White Irish Traveller. Of these persons, 298 were aged 0-24 years which was an increase from 264 in 2011 as in seen in table below (CSO 2016).

	2011	2016
White Irish Traveller		
Waterford City and County		
Both sexes		
0 - 4 years	73	68
5 - 9 years	52	83
10 - 14 years	51	70
15 - 19 years	45	47
20 - 24 years	43	30

This image profiles a summary of the national findings for Travellers in Census 2016. In this census, Waterford is identified as one of the top five counties where there has been an increase in the number of Travellers living in permanent accommodation.



Education

The Early Years Sector Profile Report 2017/2018 (Pobal, 2018) states that 4,612 children are enrolled in early years settings in Waterford City and County. There are 274 on a waiting list and 203 vacant places. This table compares a breakdown of enrolment in community, private, urban and rural settings to national figures for Ireland.

	Community	Private	Urban	Rural	Total Enrolled
Waterford C & C	2,393	2219	3035	1,577	4,612
National	173,197	55,259	117,938	119,406	53,673

Source: Early Years Sector Profile Report 2017/2018

There were 14,582 pupils in primary school education in Waterford City and County during 2017/2018, equating to 2.6% of the 563,459 pupils nationally (Department of Education and Skills, 2018). A breakdown of pupils in mainstream, special classes and special schools is presented in the table below.

Local Authority	Mainstream	Special Classes	Special Schools	Total
Waterford C & C	14,266	107	209	14,582
State	549,679	5,572	8,208	563,459

Source: DES Annual Statistical Report 2017/2018

The number of primary schools for mainstream, special classes, and special schools is presented in the table below for both Waterford City and County and the State.

Local Authority	Mainstream	Special Classes	Special Schools	Total
Waterford C & C	74	10	3	77
State	3,111	482	135	3,246

Source: DES Annual Statistical Report 2017/2018

Additionally, there are 1,186 pupils in seven Irish medium primary schools throughout Waterford City and County, equating to 2.6% of the state figures of 44,550 pupils in 248 schools (Department of Education and Skills, 2018).

There were 9,035 pupils in 17 second level schools during 2017/2018, equating to 2.5% of 357,408 pupils in 715 second level schools nationally.

A breakdown of secondary, vocational, community and comprehensive schools is shown in two tables below.

Pupils	Secondary	Vocational	Community	Comprehensive	Total
Waterford C & C	6,830	1,437	768	0	9,035
State	197,200	100,311	52,159	7,738	357,408

Source: DES Annual Statistical Report 2017/2018

Schools	Secondary	Vocational	Community	Comprehensive	Total
Waterford C & C	12	4	1	0	17
State	374	245	82	14	715

Source: DES Annual Statistical Report 2017/2018

Educational attainment rates for primary education only and third level are presented in two tables below comparing changes between the 2011 and 2016 censuses. Waterford County is on par with changes nationally while Waterford City's changes are slightly less. All changes are positive in terms of educational attainment levels across Waterford City and County.

Primary Education Only

	Rate 2011 %	Rate 2016%	Change
Waterford City	16.5	14.6	-1.9
Waterford County	15.4	12.7	-2.7
Ireland	15.6	13.0	-2.6

Third Level

	Rate 2011 %	Rate 2016%	Change
Waterford City	26.1	29.8	+3.7
Waterford County	27.4	32.5	+5.1
Ireland	30.8	35.9	+5.1

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

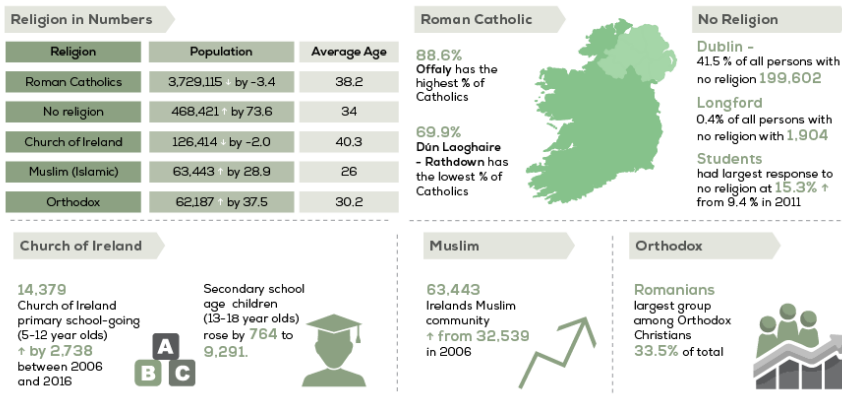
The Waterford Area Partnership SICAP Social Inclusion Analysis 2018, calculates how counties and local authorities are performing with a rating from high to low (1-26, Counties; 1-31, Local Authority Areas).

It highlights that;

- ◆ Leaving Certificate retention rate in Waterford is 13th out of 31 local authorities (DES, 2015/2016) which is about midrange
- ◆ Mean percentage of post-primary children absent 20 days+ in Waterford is 23 out of 26 counties (Tusla school attendance 2015-2016) which is low.
- ◆ NEETs (not in employment, education or training) - under 25s, Waterford is 14 out of 31 local authorities which is midrange.

Religion

Nationally, Census 2016 recorded that people stating they had no religion increased from 269,800 in 2011 to 468,400 in 2016, which is a 73.6% increase. In terms of population, 78% declared themselves as Roman Catholic or 3.7 million which was a reduction of 132,220 persons compared to 2011, when Catholic represented 84%. No religion was declared as 10% or 468,421, which is the second largest group. In 2011 this category represented 6% - increase of 198,610 in five years. Profile below shows a national overview.



Source: CSO 2016

In Waterford City and County, a majority of 80.5% identify as Catholic, slightly higher than the national average in Census 2016.

Religion	Persons	Percentages
Catholic	93,539	80.5%
Other stated religion	9,413	8.1%
No religion	10,297	8.9%
Not stated	2,927	2.5%
Total	116,176	

Source: Census 2016 Sapmap Area: County Waterford City and County

Economic Activity

A summary of population aged 15 years and over by principal economic status and gender in Waterford City and County is presented in table below.

Principle Economic Status	Male	Female	Total	%
At work	24,373	21,222	45,595	49.8
Looking for first regular job	481	371	852	0.9
Unemployed having lost or given up previous job	4,468	3,003	7,471	8.2
Student	5,163	5,148	10,311	11.3

Unemployment rates for males and females and the changes between 2011 and 2016 are outlined in two tables below. Changes for Waterford City and County are slightly lower than national average rates. However, Waterford County shows improvement in rates which are slightly higher than Waterford City and national averages.

Unemployment Males

	Rate 2011	Rate 2016	Change
Waterford City and County	25.61	17.79	-7.82
Waterford City	30.3	21.3	-9
Waterford County	23.1	14.0	-9.1
Ireland	22.7	14.1	-8.6

Unemployment Females

	Rate 2011	Rate 2016	Change
Waterford City and County	16.69	14.35	-2.34
Waterford City	20.6	17.8	-2.8
Waterford County	14.3	11.1	-3.2
Ireland	15.3	12.2	-3.1

Source: Haase et.al, 2017 – Pobal HP Deprivation Index and Pobal Geoprofile 2018

In terms of professional and semi-skilled classes, the changes between 2011 and 2016 show an increase in professional classes across Waterford City, County and Ireland. There is a significant decrease in semi-skilled classes in County Waterford in comparison to Waterford City and Ireland.

Professional Classes

	Rate 2011	Rate 2016	Change
Waterford City	26.8	27.1	+0.3
Waterford County	35.5	37.1	+1.6
Ireland	34.6	36.2	+1.6

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Semi-Skilled Classes

	Rate 2011 %	Rate 2016%	Change
Waterford City	24.2	24.6	+0.2
Waterford County	19.5	18.8	-0.7
Ireland	18.2	17.9	-0.3

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Deprivation Scores

The Pobal HP Deprivation Index Deprivation score for Waterford City and County in 2016 is - 2.35, changing from -2.49 in 2011 which is a slight improvement.

In terms of deprivation Waterford Area Partnership SICAP Social Inclusion Analysis 2018 rates Waterford 5th most deprived of 31 local authorities. In Waterford 21.1% of the population are living in disadvantaged communities, higher than the national average of 14.4%. The deprivation scores as developed by Haase and Pratschke are based on 10 measurements from the census and provide two overall deprivation scores.

measurements from the census and provide two overall deprivation scores. The absolute HP and relative HP index scores are presented in two tables below showing changes between 2011 and 2016 and relative consistencies across areas.³

Absolute HP Index Score

	Score 2011	Score 2016	Change
Waterford City	-10.7	-9.2	+1.5
Waterford County	-7.6	-4.6	+3
Ireland	-6.4	-3.6	+2.8

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Relative HP Index Score

	Rate 2011 %	Rate 2016%	Change
Waterford City	-4.4	-4.8	-0.4
Waterford County	-1.1	-0.6	+0.5
Ireland	0.2	0.6	+0.4

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Disability

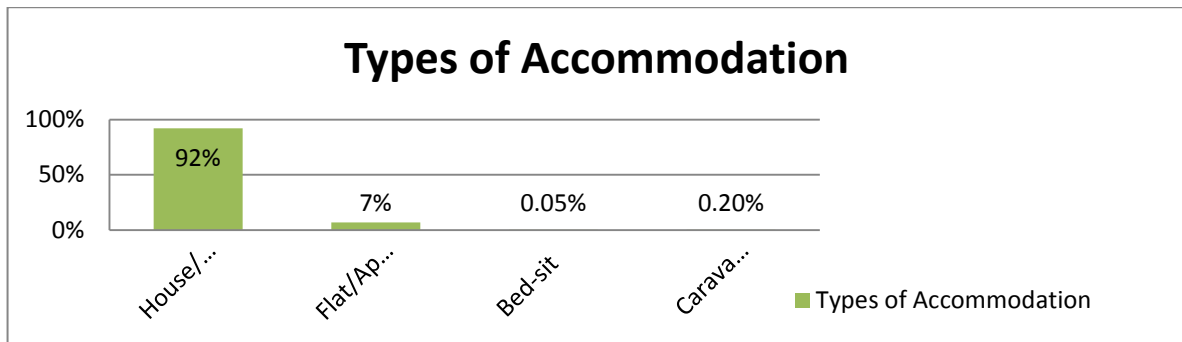
In 2016, 13.5% of the national population (643,131) had a disability, increasing from 8% on 2011 figures. With regard to the whole of the national population 4.1% (195,263) provided unpaid care, an increase of 4.3% since 2011. In Waterford City and County, 14.4% of local population (16,675) had a disability and 4,819 identify as carers. 8,222 persons with disability are males and 8,453 are females. In the population aged 15 years and over, 4.6% (4180) are unable to work due to permanent sickness or disability.

Housing

The national number of households in 2016 was 1.7 million, increasing 2.9% since 2011. The number of households in Waterford City and County in 2016 was 43,549 with detached houses being the most common type of housing.

Private households by type of accommodation is shown below for Waterford City and County.

³ Each dimension is calculated in the same way for each census wave and then combined to form an Absolute Index Score and Relative Index Score. The Absolute Index Scores have a mean of zero and a standard deviation of ten in 2006, with varying means and standard deviations in 2011 and 2016 that reflect the underlying trends. The Relative Index Score is specific to a given census wave, and does not capture trends over time. By removing the national trend from the index scores, this index highlights differences in their relative values. The standard deviation is set to ten for each wave, so that the Relative Index Scores provide a standardised measurement of relative affluence and deprivation *Haase et.al., 2017.



Source: Census 2016 Sapmap Area: County Waterford City and County

There is an increase between 2011 and 2016 in the local authority and privately rented rates as is presented in two tables below. Waterford City had a greater increase than Waterford County in the local authority rented and privately rented sectors.

Local Authority Rented

	Rate 2011	Rate 2016	Change
Waterford City	16.4	17.5	+1.1
Waterford County	7.2	7.7	+0.5
Ireland	7.9	8.7	+0.8

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Privately Rented

	Rate 2011	Rate 2016	Change
Waterford City	21.6	23.4	+1.8
Waterford County	10.8	11.7	+0.9
Ireland	18.7	19.4	+0.7

Source: Haase et.al, 2017 – Pobal HP Deprivation Index

Waterford Area Partnership SICAP Social Inclusion Analysis 2018 also noted that in Waterford 0.69% of the population are in receipt of rent allowance (Housing Assistance Payment and Rental Accommodation Schemes) which is 0.33% higher than the national average of 0.36%.

Connectivity

Almost 58.5% of the Waterford population live across a large rural area in Waterford County. Access to services has been highlighted by all stakeholders as an issue in the county. The number of households with cars in Waterford City and County is presented in table below.

Motor Cars	Households
No motor car	6,953 (16%)
One motor car	18,151 (41.8%)
Two motor cars	14,024 (32.3%)
Three motor cars	2,258 (5.2%)
Four or more motor cars	751(1.7%)
Not stated	1318 (3%)
Total	43,455

Source: Census 2016 Sapmap Area: County Waterford City and County

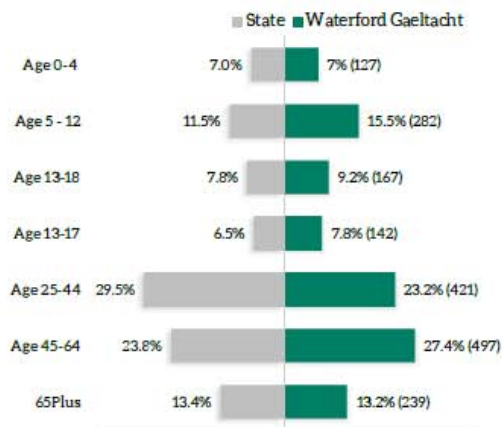
Nationally in 2016, 71% of households have broadband increasing from 64% in 2011. There is no internet connection in 18% of households, 76.2% of urban households have broadband and 61.1% of rural households have broadband. In Waterford City and County, 29,066 (66.9%) of households have a computer and 29,801(68.6%) have access to broadband. 8,595 (19.8%) have no access to broadband which is slightly higher than the national average (CSO, 2016). Connectivity in a county with a large rural area is significant in terms of accessing services and quality of life, employment, health, education/training and recreation and connectedness within communities are all impacted by people's ability to travel and communicate.

Waterford Gaeltacht Area

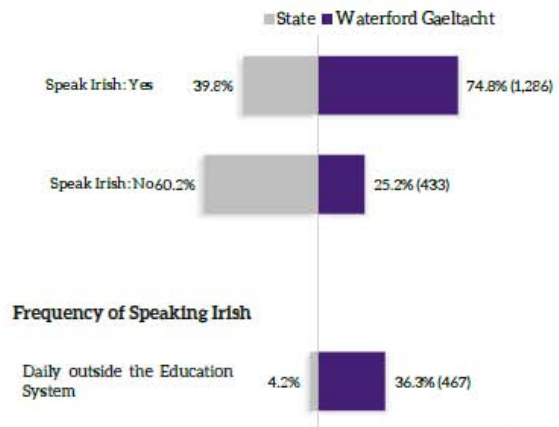
Gaeltacht na Déise is one of seven Gaeltacht areas in Ireland. Outlined overleaf is data from a 2018 report which provides a detailed profile. The profile provides socio-economic characteristics of the area and allows comparisons with relevant State trends.

Socio-Economic Profile of the Waterford Gaeltacht Area⁴

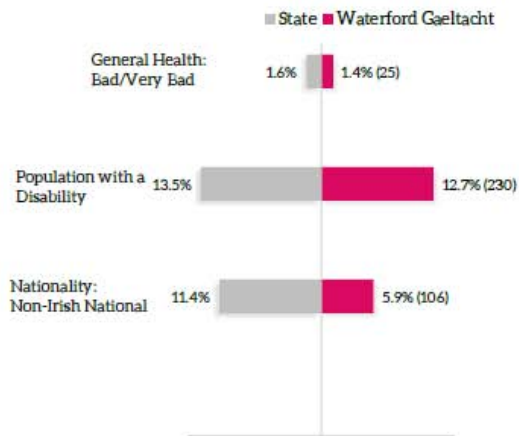
Population by Age



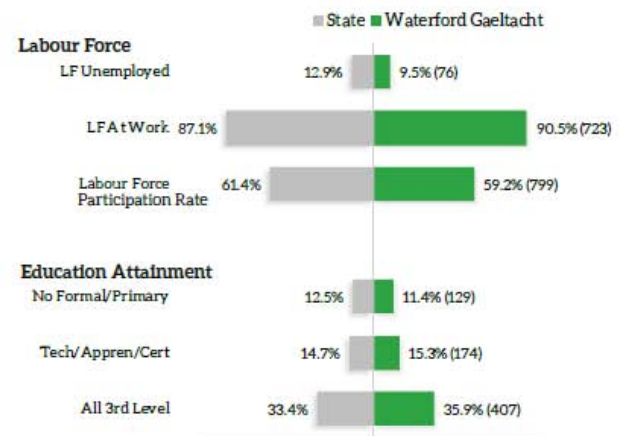
Irish Language and Frequency



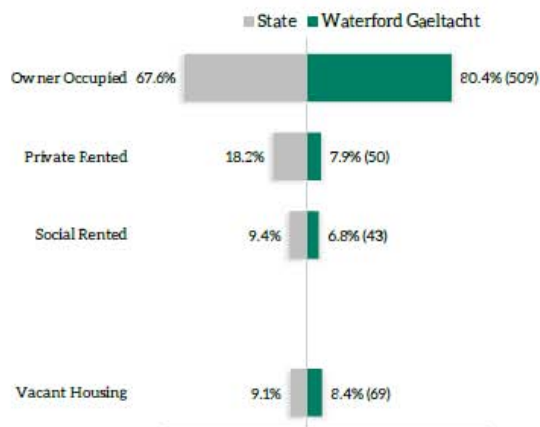
General Health, Disability and Nationality



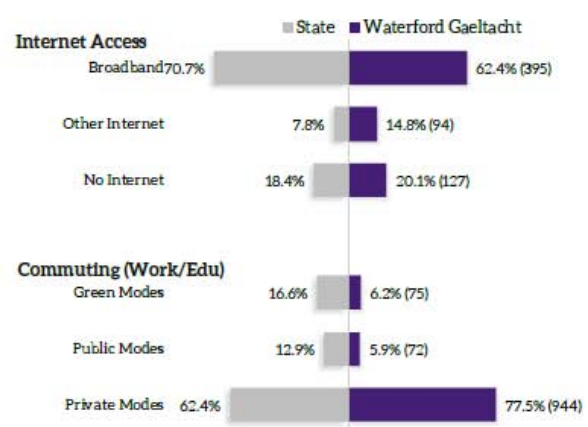
Labour Force and Education



Housing Tenure and Vacancy



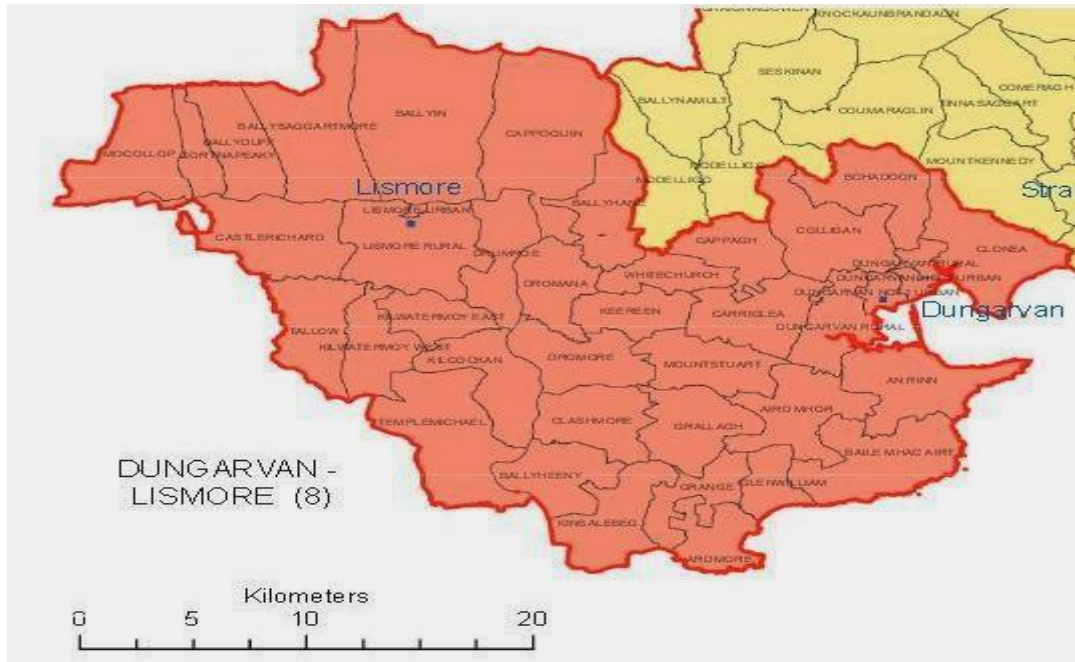
Internet Access and Commuting



⁴Socio-Economic Profile of the seven Gaeltacht Areas in Ireland, November 2018, AIRO and Irish Research Council.

Profile of West Waterford⁵

The relevant area in Waterford for this needs analysis is the west of the county referring to the Dungarvan and Lismore Electoral Area, encompassing the towns of Dungarvan, Lismore, Tallow and Cappoquin. This section presents relevant statistics where there is specific information available for this electoral area that compliments the overall figures for Waterford City and County presented in the previous section.



Source: Local electoral area boundary committee report 2013

The Dungarvan and Lismore Electoral Area covers 782 sq/km, covering 42% of the area within the county. Dungarvan is one of the three main urban areas in County Waterford along with Waterford City and Tramore. Dungarvan town is located in the West of the county and is the main urban centre for a large rural hinterland. The remainder of the area is mainly rural, consisting of small towns and villages with populations of between 1000 to 2000 people (Children and Young People’s Plan, CYPSC 2016).

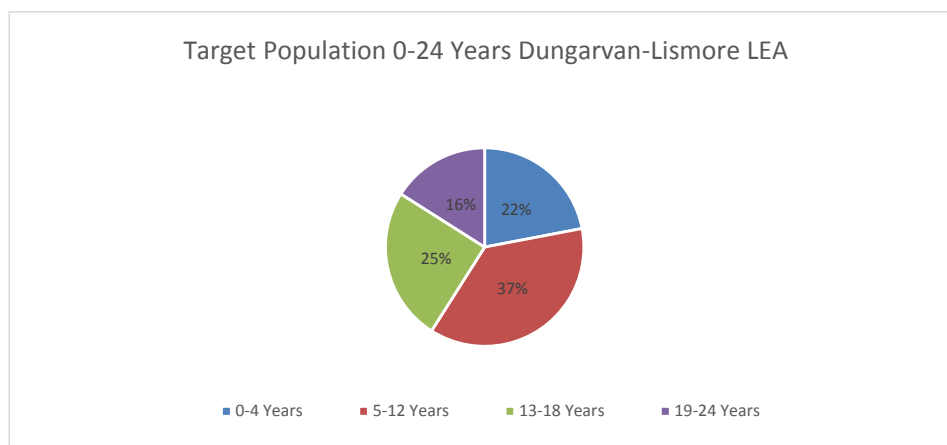
Urban and rural areas of Dungarvan and Lismore Electoral Area

AirdMhór, An Rinn, Ardmore, BaileMhac Airt, Ballyduff, Ballyhane, Ballyheeny, Ballyin, Ballysaggartmore, Bohadoon, Cappagh, Cappoquin, Carriglea, Castlerichard, Clashmore, Clonea, Colligan, Dromana, Dromore, Drumroe, Dungarvan No. 1 Urban, Dungarvan No. 2 Urban, Dungarvan Rural, Glenwilliam, Gortnapeaky, Grallagh, Grange, Keereen, Kilcockan, Kilwatermoy East, Kilwatermoy West, Kinsalebeg, Lismore Rural, Lismore Urban, Mocollop, Mountstuart, Tallow, Templemichael and Whitechurch.

⁵ Acknowledgement : This section of the CYPP is based predominately on the work of M. Hennessey, Barnardos, Profile and Family Needs Analysis (2019)

Population

The population for West Waterford in the Dungarvan/Lismore Electoral area as recorded in Census 2016 is 29,062 persons (25% of City and County). The total number of children and young people aged 0-24 years in West Waterford is 9,473 which equates to 32.6% and is similar to Waterford City, Waterford County and national figures for this age group (CSO, 2016). Therefore, there is a larger percentage of young people in Waterford in 2016 compared to 2011.



Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

Within this target population there are four key age groupings shown in the diagram above.

Age Group	2016
0 - 4 years	2,027
5 – 12 years	3,465
13 -18 years	2,446
19 - 24 years	1,536

Similar to City, County and national figures, the largest groups are school going groups with 37% in the 5-12 category and 25% in the 13-18 category. The CSO Vital Statistics Report 2016 shows a total birth rate of 144 for Dungarvan and Lismore and a birth rate of 20 for mothers under 24 years (13.8%). There were 17 births in Dungarvan and a small number of births in Lismore to mothers 20-24 years. There were a higher proportion of mothers 0-24 years in Waterford City (17.5%) than County (9.7%) in terms of total birth rates for these areas in 2016. The live birth rates per 1000 females are higher for Waterford County (46.7) than the State (38.6) but lower than Waterford City (65.0).

Children and Young People

The table below gives and an overview of four ages groups (0-4; 5-12; 13-18; 19-24) and compares figures for three regions: West Waterford; Waterford City and County and Ireland.

Age Group	Region	Male	Female	Total	% of Populations
0-24 Years	West Waterford	4,864	4,609	9,473	33% of West Waterford
	Waterford C & C	19,637	18,780	38,417	33% of Waterford
	Ireland	807,071	775,933	1,583,004	33% of Ireland
0-4 Years	West Waterford	1,061	966	2,027	7% of West Waterford
	Waterford C & C	3,921	3,693	7,614	7% of Waterford
	Ireland	169,731	161,784	331,515	7% of Ireland
5-12 Years	West Waterford	1,792	1,673	3,465	12% of West Waterford
	Waterford C& C	6,964	6,686	13,650	12% of Waterford
	Ireland	280,549	268,144	548,693	12% of Ireland
13-18 Years	West Waterford	1,217	1,228	2,446	8% of West Waterford
	Waterford C & C	4,945	4,755	9,700	8% of Waterford
	Ireland	189,888	181,700	371,588	9% of Ireland
19-24 Years	West Waterford	794	742	1,536	5% of West Waterford
	Waterford C & C	3,807	3,646	7,453	6% of Waterford
	Ireland	166,903	164,305	331,208	7% of Ireland

Source: CSO 2016

There is consistency in the proportion of populations across age groups when comparing local, county and national figures (West Waterford, Waterford and Ireland). Across the county the highest percentage of children and young people are the 5-12 years old or primary school age group at 12% of populations. This would indicate that the needs of school going children may be an immediate priority as well as provision for youth services in the coming years. There are a lower proportion of young people 19-24 years (5%) in West Waterford in comparison to county and national percentages (6% and 7%).

Families

There are 7,680 (25% of City and County) families in the Dungarvan-Lismore LEA with the majority of families consisting of two persons, followed by families consisting of 3 and 4 persons.

Over half the population of Dungarvan-Lismore LEA are categorised as single (51%) and 39% as married. There are smaller percentages who are separated, divorced and widowed as is shown in table below. There is a 1% higher marriage rate in this area in comparison to Waterford City and County at 38%.

Dungarvan-Lismore LEA				
Marital Status	Male	Female	Total	%
Single	7,872	7,089	14,961	51%
Married	5,611	5,658	11,269	39%
Separated	338	416	754	3%
Divorced	313	406	719	2%
Widowed	342	1,017	1,359	5%
Total	14,476	14,586	29,062	

Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

There are 2483 families with children under 15 years of age in this area. The breakdown of these family units are 2,006 couples, 432 mothers and 45 fathers with children. Lone parents account for 23.7% of this category (families with children under 15 years) in Dungarvan- Lismore LEA. The lone parenting rate for Waterford County increased by 0.8% between the 2011 and 2016 censuses which was in contrast to decreases in the lone parenting rate in Waterford City and Ireland (Haase et. al., 2017).

Nationality

These figures are calculated based on the usually resident population of 28,593 in the Dungarvan-Lismore LEA. Irish nationals (89%; 25,466 persons) and those identifying as white Irish (87%; 24,935) are the majority. There is a slightly higher percentage of people from the UK in this region than county average (4%). Waterford City and County Council and Waterford Area Partnership have recently supported the establishment of the Migrant Integration Forum and a strategic plan is currently being developed.

Asylum Seekers and Refugees

The Emergency Reception and Orientation Centre (EROC) for Asylum Seeker and Refugees at Clonea, Dungarvan is located in West Waterford. The Irish Refugee Protection Programme (IRPP) has resettled a number of families in Dungarvan, Cappoquin and Lismore. Plans are also underway to establish an IRPP Community Sponsorship Initiative in Lismore, led by Waterford Leader Partnership.

The Traveller Community

In the 2016 Census , 101 (0.4%) of the usually resident population of Dungarvan-Lismore LEA identified as White Irish Traveller. This is slightly lower than the City and County rate of 0.5%. The Traveller Primary Healthcare Programme provides services to families in West Waterford.

Education

Specific educational figures for the Dungarvan-Lismore LEA and target population, separate from those presented in the previous section on Waterford City and County, were unavailable.

Religion

In Dungarvan-Lismore LEA, a majority of 85% identify as Catholic, which is higher than City, County and national averages in Census 2016.

Religion	Persons	Percentages
Catholic	24,617	85%
Other stated religion	1,709	5.9%
No religion	2,118	7.3%
Not stated	618	2%
Total	29,062	

Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

Economic Activity

A summary of population aged 15 years and over by principle economic status and sex in Dungarvan-Lismore LEA is presented in table below. There is a slightly higher percentage of those at work and retired than figures for Waterford City and County.

Principle Economic Status	Male	Female	Total	%
At work	6,355	5,331	11,686	51.4
Looking for first regular job	91	72	163	0.7
Unemployed having lost or given up previous job	977	611	1,588	7
Student	1,124	1,231	2,355	10.4
Looking after home/family	127	1,864	1,991	8.8
Retired	1,966	1,871	3,837	16.9
Unable to work due to permanent sickness or disability	553	505	1,058	4.7
Other	31	39	70	0.3
Total	11,224	11,524	22,748	

Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

Unemployment rates, professional and semi-skilled classes are outlined in the Waterford City and County profile on page 32.

Deprivation Scores

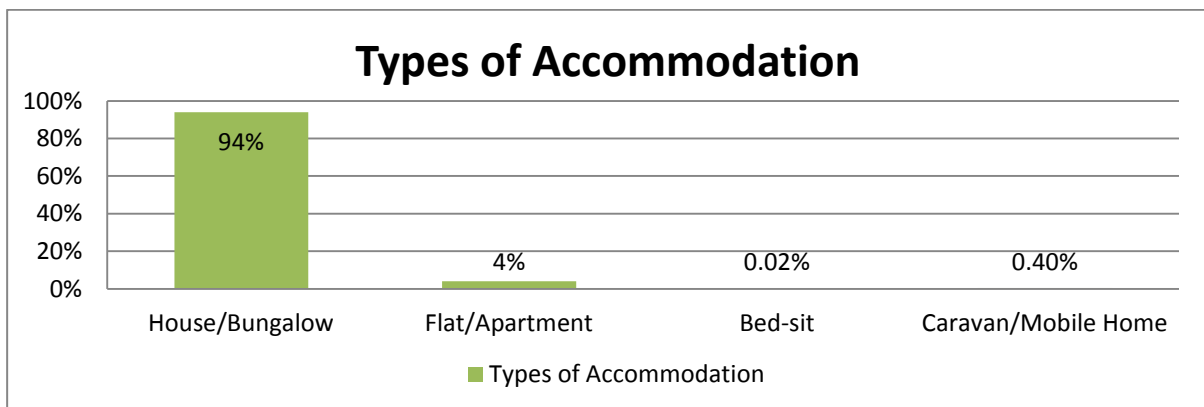
As outlined in previous profile, the Pobal HP Deprivation Index Deprivation score for Waterford City and County in 2016 is -2.35. Improvements to the absolute HP and relative HP between 2011 and 2016 were higher for Waterford County than City.

Disability

In Dungarvan-Lismore LEA 14% of the local population (4,082) had a disability and 1,058 identify as carers. 2,034 persons with a disability are males and 2,048 are females. 4.7% (1058) of population aged 15 years and over are unable to work due to permanent sickness or disability. This is slightly higher but similar to figures for Waterford City and County.

Housing

The number of households in Dungarvan-Lismore LEA in 2016 was 10,702 with the most common type a house or bungalow. Private households by type of accommodation are shown below for this area.



Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

Homelessness

Waterford Area Partnership SICAP Social Inclusion Analysis 2018 rates Waterford 4th from 26 counties (High to Low; 1 to 26) in relation to homelessness. In Waterford, 0.10% of the population is homeless – slightly lower than national average of 0.13% (WAP, 2018).

Lone Parents

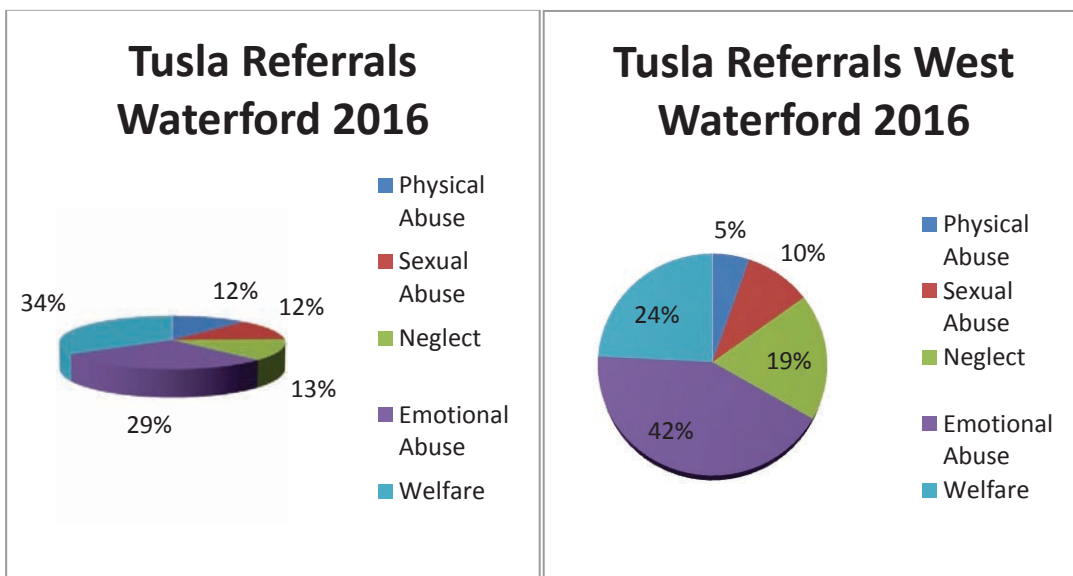
Waterford City and County has higher rates of lone parenting than national averages. The Survey on Income and Living Conditions, 2014, highlights that lone parents remain particularly vulnerable to poverty, having the highest rate of consistent poverty at 22%. In fact, those in receipt of One Parent Family Payment have the highest rate of consistent poverty among all social welfare recipients and have fallen further and further behind income trends for the rest of the population (Irish Link, 2016).

Substance Misuse

Waterford City and County has the highest number of episodes of substance abuse, 1st from 26 counties⁶. In Waterford, 0.73% of the population received treatment for substance (drug and alcohol) misuse which is higher than the national average of 0.36% (WAP, 2018).

Social Work Referrals

In 2016, there were 1312 referrals to Tusla Child and Family Agency for County Waterford and 291 for Dungarvan and West Waterford (22%). The first diagram below shows a breakdown of nature of referrals for the County in terms of physical abuse, sexual abuse, neglect, emotional abuse and welfare concerns. The second diagram shows percentages for West Waterford.



An overview of the referrals for the county show that welfare concerns were highest, followed by emotional abuse, neglect, sexual abuse and physical abuse. The referrals for West Waterford differed in that emotional abuse concerns were highest, followed by welfare, neglect, sexual abuse and physical abuse. Preliminary figures for County Waterford in 2017-2018 show an overall increase in number of referrals received by Tusla. Trends are similar to 2016 figures in terms of nature of referrals with the exception of a slight increase in referrals related to physical abuse.

⁶ Waterford Area Partnership SICAP Social Inclusion Analysis 2018

Connectivity

Number of Households with Cars in Dungarvan-Lismore LEA is presented in table below.

Motor Cars	Households
No motor car	1,274 (12%)
One motor car	4,226 (39.7%)
Two motor cars	3,955 (37.1%)
Three motor cars	699 (6.6%)
Four or more motor cars	236 (2.2%)
Not stated	266 (2.5%)
Total	10,656

Source: Census 2016 Sapmap Area: Local Electoral Area Dungarvan-Lismore

In Dungarvan-Lismore LEA 7,023 (65.9%) of households have a computer and 6,868 (64.5%) have access to broadband. This is lower than Waterford City and County and national figures. 2,368 (22.2%) have no access to broadband which is more than the 19.8% in Waterford City and County and 18% nationally.



Section 3:
Overview of Services to Children, Young People
and Families in Waterford

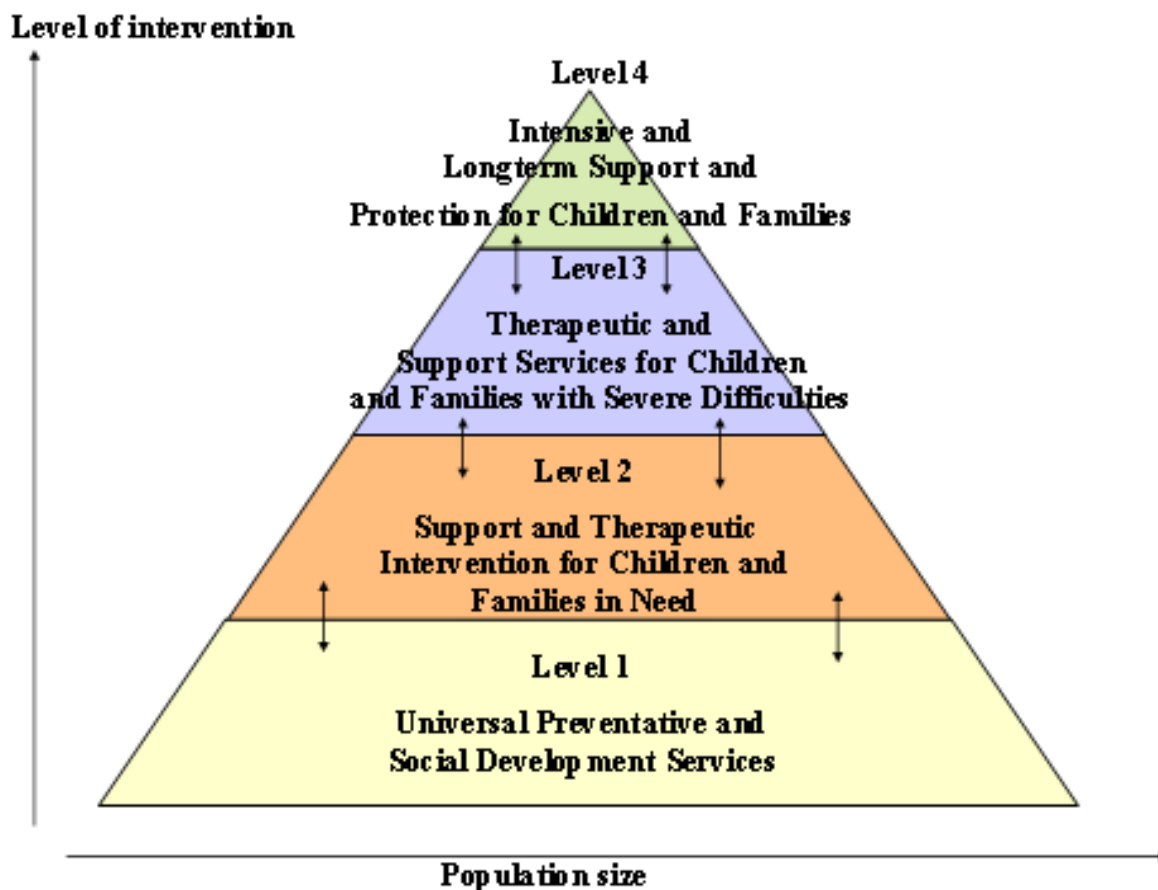
Section 3: Overview of Services to Children, Young People and Families in Waterford

This section gives a summary of services provided to children, young people and families in Waterford, by statutory, voluntary and community sector organisations.

Hardiker Model

The Hardiker model was developed to help understand different levels of need within a population of children (Hardiker et al, 1991). This model is now widely used as a planning framework by Government Departments.

The model outlines four levels of intervention as follows:



The following table provides the name of the organisation or agency, the service it provides, whether it is statutory or voluntary and in some instances collaborative, if it is universal or targeted or both and what level of need on the Hardiker Model the service responds to.

Organisation/Agency and Themes	Service	Statutory or Voluntary	Universal or Targeted or both	Hardiker Level
HSE Community Services and Primary Care Teams 14 PCT in Waterford	PHN, GP, Occupational Therapy Physiotherapy Speech and Language Therapy Child Psychology Early Intervention Team (Disability) Audiology, Immunisations, Dental service, Ophthalmology Health Promotion	Statutory	Universal and Targeted	1 - 3
HSE Mental Health	CAMHS Child and Adolescent Mental Health Services SHIP (aged 16 +) Self Harm Intervention Programme	Statutory Statutory	Targeted Targeted	3 -4 3
HSE Substance Misuse	Treatment clinics Counselling Community Outreach x 3 CBDI x 5	Statutory (also funds Voluntary orgs)	Targeted	2-4
HSE Social Inclusion	Homeless services Traveller Health Projects x2 Intercultural Health Project	Statutory (also funds Voluntary orgs)	Universal and Targeted	1 - 3
Tusla – Child and Family Agency	<u>Social Work</u> Child Protection Fostering and Alternative Care Aftercare services <u>Family Support</u> PPFS Child and Family Networks x 4 Preschool Inspection	Statutory Statutory Statutory	Targeted Universal and Targeted Universal	3-4 1-3
Family Resource Centres (FRC) x 3	St. Brigid's Family and Community Centre Sacred Heart FRC BriLL FRC (Ballybeg Region Incorporating Larchville Lisduggan)	Community	Universal and Targeted	1-3

Organisation/Agency and Themes	Service	Statutory or Voluntary	Universal or Targeted or both	Hardiker Level
Family Support Services	Springboard – Barnardos Dungarvan - Barnardos	Voluntary	Universal and Targeted	2-3
Services to support Youth Mental Health	Psychology CAMHS NEPS SHIP Suicide Resource Office School Guidance Teachers Counselling – St. Brigid’s Youth Services	Statutory Statutory Statutory Statutory Statutory Statutory Community Voluntary	Targeted	2-4 2-3
Policing and Justice	Gardai Community Garda / JLO Garda Youth Diversion Projects x 5 Probation Services TREQ Youth Offenders Project Le Cheile Restorative Practice Network	Statutory Statutory Community Statutory Community Voluntary Community/ Interagency	Targeted	2-3
Education	Primary – 76 (Deis - 11) Secondary – 18 (Deis - 5) Special Schools – 3 National Education Psychology Service (NEPS) College of Further Education Waterford Institute of Technology Education Welfare Service Waterford /Wexford ETB School Completion Project x 3 Youthreach x 3 Teen Parents Support Project Ballybeg Community Education Project XLC Project	Statutory Statutory Statutory Statutory Statutory Statutory Community/Vol Statutory Voluntary Community Community	Universal Universal Targeted Targeted Targeted Universal and Targeted Targeted Targeted Targeted	1 1 1-2 2-3 2-3 1 2-3 2 2-3 2-3 2

Organisation/Agency and Themes	Service	Statutory or Voluntary	Universal or Targeted or both	Hardiker Level
Youth Services	<u>Waterford and South Tipperary Community Youth Service</u> Community Youth Projects x 14 Community Based Drugs Initiative x 5 Garda Youth Diversion Project x 5 Drugs Outreach Project x 2 Volunteer led Youth Clubs x 11 Comhairle na nÓg Intercultural Health Project	Community and Voluntary	Universal and targeted	1-3
	<u>Foroige</u> Youth projects x 3 Volunteer led youth clubs (mainly rural clubs)	Voluntary	Universal and targeted Universal	1-3
	<u>Independent Youth Projects</u> Manor St. John Youth Project Children's Group Link incorporating the Traveller Youth Project Waterford Youth Arts Little Red Kettle	Community and Voluntary	Targeted	2-3
Early Childcare Services	Coiste Cúram Leanaí Phort Láirge Childcare providers – total = 97 Community services = 38 Services offering ECCE = 94 Services offering CETS = 33 Services offering Subvention = 68 Parent and toddler groups = 22	Community and Private	Universal	1
Local Authority	Housing Libraries x 11 branches Parks Playgrounds x 22 Skateparks x 2 National Recreation Week National Play Day / National Bike Week Walk to School Week Community Liaison Dept Sports Partnership (Youth Sports Development) Sports Centres x 2 Municipal Golf Course Rural Transport (Schools Travel Planning) Local Community Development Committee	Statutory	Universal and targeted	1-2

Organisation/Agency and Themes	Service	Statutory or Voluntary	Universal or Targeted or both	Hardiker Level
Homelessness	Waterford Integrated Homeless Services	Statutory and Voluntary – Interagency	Targeted	3
Domestic and Gender Based Violence	Oasis House Refuge and Oasis Outreach Service Waterford Rape and Sexual Assault Centre	Voluntary	Targeted	2-3
Social Housing	Respond Focus Ireland Cluid	Voluntary	Universal and targeted	1-2
Drugs and Alcohol	Regional Drugs Task Force HSE Substance Misuse CBDI x 5 Drugs Outreach projects SE Family Support Network	Statutory and Community	Targeted	2-4
Migrants	Migrant Integration Forum	Voluntary	Universal	1
Travellers	Traveller CDP Traveller Health Project x 2 Subla Education Project	Community	Universal	1
Others	Waterford Area Partnership (SICAP) Waterford Leader Partnership (LEADER) Waterford Women’s Centre Men’s Development Network MABS – Money Advice and Budgeting Service Healthy Waterford Social Prescribing Project	Community Community Community Community Community and Statutory (Interagency)	Universal Universal Universal Universal	1-2 1 1 1 1



Section 4:
Local Needs Analysis in Waterford

Section 4: Local Needs Analysis in Waterford

Introduction

In developing the local needs analysis the CYPSC has been informed by information presented in sections 1, 2 and 3, Introduction, Socio-demographic Profile and Overview of Services.

CYPSC has agreed the following priority areas for inclusion in the Children and Young Peoples Plan.

- Rural Supports
- Health and Wellbeing
- Participation and Consultation
- Social Inclusion and Disability Inclusion
- Supports for seldom heard 18 - 24 year olds
- Family Supports
- Domestic Abuse
- Strengthening Transitions
- Early Years
- Systems Change

Rural Service Provision

The provision of rural supports was identified as a priority area in the Waterford Children and Young People's Plan 2016-2018. The consultations, needs analysis and profile of West Waterford have again drawn attention to the low level of resourcing in what is a large geographic and dispersed population base in the County. Through the use of 'What Works' funding stream (formerly the Quality and Capacity Building Initiative) work had been undertaken to directly address this need. A consultation, socio-demographic profile and family support needs analysis were completed in the Dungarvan and West Waterford area. Findings and recommendations have been used extensively in formulating the CYPP (2019 - 2022), see appendix II and III.

Key recommendations and areas of need in the development of service provision in West Waterford were presented to agencies at a meeting in West Waterford in June 2019. CYPSC has committed to continuing to highlight, advocate for and seek additional resources to respond to the needs of rural communities over the lifetime of the plan. The Children and Young People's Plan includes responses to many of the themes, issues and gaps identified through the consultation and needs analysis.

Family Support

A significant finding during the various consultations with parents was the need to celebrate the achievements and successes of parents and their parenting role which they felt is as important as providing supports in times of need. Parents want to access services and information in a variety of ways. They identified the use of social media as a tool to receive information and they also suggested the use of leaflets and posters. They also said they want group sessions, one to one sessions, speakers and talks to be accessible in their areas.

Domestic Abuse

There are limited statistics available publicly for cases of domestic abuse and violence in Waterford, yet it is a recurring theme during consultations particularly in the West Waterford consultations. Isolation, a large rural area and historically the lack of support services exacerbate the situation of people experiencing domestic abuse. This was noted as a key presenting issue in the Oasis House Needs Analysis Report (2017)⁷. This report underpinned the securing of an outreach domestic abuse service for the Dungarvan and West Waterford area in 2018.

Women's Aid Impact Report 2018 highlights that there were 16,994 disclosures of domestic abuse to Women's Aid Direct Services in 2018 including 11,112 disclosures of emotional abuse, 3,816 disclosures of physical abuse, 526 disclosures of sexual abuse (Including 226 disclosures of rape) and 1,540 disclosures of financial abuse. Women contacting Women's Aid disclosed that 84% of abusers were male intimate partners. (This breaks down as: 42% husband, 8% ex-husband, 15% partner, 19% ex-partner). In addition 95% of callers to the Helpline were female and 5% were male.

Non- Violent Resistance training was delivered as a response to violence in the home and child to parent / sibling violence during the lifetime of the last plan. Agencies in West Waterford have requested this training be delivered in the West Waterford area as part of a number of actions in the CYPP which raise awareness of the impact of domestic abuse within families.

⁷ Evidencing the Need for a Domestic Violence Outreach Service in Waterford City and County. Needs Analysis Report, (2017) Oasis House and Waterford Women's Centre.

Youth Work

National funding for youth work from the Department of Children and Youth Affairs had recovered to €58.9m in 2018 from €73.1 in 2008, which is 20% below that of a decade ago. It is widely acknowledged by agencies involved in CYPSC that structured youth work provision is lacking in rural Waterford. The Department of Children and Youth Affairs is responsible for the administration of funding for the development of youth services across Ireland. After recommendations from the Value for Money and Policy Review Report (2014) a decision was taken to collapse four funding streams into one scheme called the Targeted Youth Funding Scheme. In 2019, following a piloting period, the DCYA launched an Area Profile, Needs Assessment and Service Requirement Tool which is designed to support ETBs in mapping their geographical area and gathering data about the area to inform decision making regarding the design of youth provision within their area. Waterford Wexford ETB has prioritised the West Waterford area in its Youth Work Plan for additional youth provision under the Targeted Youth Funding Scheme.

Health and Wellbeing

Better Outcomes Brighter Futures seeks to improve all aspects of health and wellbeing. The first outcome refers specifically to mental health and wellbeing and all outcomes contribute to and are positively impacted by mental health and wellbeing.

The main approaches utilised in mental health promotion incorporate the prevention of mental ill health, the reduction of risk factors and the promotion of protective factors.

Mental health promotion works at three levels:

- Strengthening individuals - or increasing emotional resilience through Interventions designed to promote self-esteem, life and coping skills.
- Strengthening communities - increasing social inclusion and participation.
- Reducing structural barriers at a societal level - through reducing discrimination, stigma and inequalities and promoting access to education, meaningful employment, housing and services and support for those who are vulnerable.

Throughout the consultations people identified strengths and needs for themselves and their communities. Strengths include a strong community spirit, an appreciation of family and friends and recognition that the Waterford area is one of natural beauty. In some areas there are good sports facilities, volunteer led activities and an array of privately run classes and activities for younger children.

In order to support individuals, strengthen communities and reduce barriers number of actions will be undertaken to build resilience, strengthen relationships and provide opportunities for young people to meaningfully participate in the planning process with Waterford City and County Council. CYPSC will raise awareness about the impact of adverse childhood experiences and the use of trauma informed practice with frontline professionals.

It is clear from consultations and stakeholder feedback that mental health supports, information provision and access to services is a recurring theme. Waterford / Wexford HSE South East Community Healthcare, previously known as Community Healthcare Organisation 5 (CHO 5) has a requirement for additional resourcing and staffing in relation to mental health supports. In terms of access to information, a very successful information dissemination project ran throughout the last plan and this will be built on to include information for parents and professionals in relation to access to disability services. Work also continues on proposals for an Integrated Assessment and Pathways System which is intended to support the referral of a young person to the correct service from the outset rather than multiple referrals to a number of support services.

Social and family connectedness through healthy eating and families eating together is an approach agencies are interested in promoting. The ESRI 'Growing Up in Ireland' study noted that Ireland has experienced a significant increase in the prevalence of obesity in the past ten years. CYPSC will promote an intergenerational approach and an early intervention and prevention approach. Work will specifically target families who may not normally access health and wellbeing programmes and will also support parents of young children at the weaning stage and preschool stage in combination with supports for services.

During the compiling of the *Waterford Connecting for Life Strategy (2017)*, national priority groups for those identified as being at risk of suicidal behaviour were highlighted. Additional priority groups in Waterford were identified during consultations. The report also stated that priority groups may change and new priority groups might emerge during the lifetime of the plan based on a number of factors including social, health and economic developments within Waterford (HSE, 2017). This table shows the at-risk groups identified nationally and locally.

National Priority Groups 2016/2017	Additional Waterford Priority Groups
<ul style="list-style-type: none"> ➤ Mental health service users ➤ Young people ➤ Travellers ➤ LGBTI+ community, with a particular focus on young people ➤ People who are homeless or at risk of same ➤ Victims of domestic violence ➤ Health professionals 	<ul style="list-style-type: none"> ➤ Those engaged in repeated self-harm ➤ Older adults ➤ Non-Irish Nationals including Refugees and Asylum Seekers ➤ Unemployed ➤ People with disabilities ➤ Those involved in substance misuse, particularly adolescents ➤ People living in rural isolation ➤ People living in marginalised communities

Source: Waterford Connecting for Life 2017

The Waterford Connecting for Life Strategy (2017) highlights that the number of deaths by suicide is significantly higher in Waterford County than in Waterford City. The national suicide rate in 2017 was 8.2%, Waterford city was 6.3% and Waterford County 11.6%. The increase in the County on previous records was higher than national rates for the same period. The HSE Bereavement Counselling Service for Traumatic Deaths in 2018 recorded 191 referrals, 100 of those were in the Waterford area. For the first quarter 2019 there were 73 referrals received and 26 of those were from the Waterford area.

A recent report⁸ provides a review of literature relating to suicide bereavement support with an emphasis on evidence-based interventions and identifying examples of current suicide bereavement support practice in Ireland and internationally. The needs of children, young people and families experiencing bereavement and loss, which is not suicide related will also be responded to in line with national guidelines due to be published in the coming year.

Social Inclusion / Participation and Consultation

‘Listen Up’⁹ a booklet produced by the ChillOUT Youth Project in Waterford and launched in 2019 hopes to raise awareness of what works and what needs to be changed to improve the lives of LGBTI+ young people. The booklet shares the life experience of young people and stories of how professionals can better respond and support young people that they come in contact with.

⁸ Suicide Bereavement Support : A Literature Review, Eve Griffin Elaine McMahon National Suicide Research Foundation, Ireland April 2019

⁹ Listen Up - Sharing the experiences of Young LGBTI+ People to guide professionals , WSTCYS (2019)

The LGBTI+ National Youth Strategy (2018) identifies challenges which need to be addressed.

- Discrimination, victimisation, stigmatisation and abuse
- Bullying and harassment in schools, colleges, workplaces and the community
- Difficulties coming out to family and in their communities
- Limited understanding by professional service providers and broader society of LGBTI+
- Mental, physical and sexual health challenges

In line with the “National Strategy on Children and Young People’s Participation in Decision Making 2015-2020”, Waterford CYPSC aims to ensure that the voice of all children and young people is heard throughout the duration of the plan. To achieve this, the CYPSC will work with its partners and mandated structures such as Comhairle na nÓg. The CYPSC is also eager to explore ways of engaging more “seldom heard” young people and this will be explored and developed throughout the duration of the plan. Waterford CYPSC has completed three rounds of Youth Participation projects funded by DCYA / Tusla.

The ‘Start Where We’re At ! (2018)¹⁰ report brought to light some important considerations for participatory practice. Values, skills and knowledge are key in supporting the elements of space, voice, audience and influence (Lundy Model of Child Participation, 2007¹¹). The report concludes that rather than young people needing to be ready or change in order to participate, it is skills, values and knowledge that create the space for meeting young people where they are at and moving through participation in partnership.

CYPSC has identified particular groups of young people in need of additional support:

- Disabled
- Roma
- Traveller
- Young people in Direct Provision
- Isolated rural young adults

¹⁰ Start Where We’re At! (2018) S. Grant, WSTCYS, A review, consultation and showcase of Youth Participation with agencies in Waterford

¹¹ Lundy, L., (2007). Voice is not enough: Conceptualising Article 12 of the United Nations Convention on the Rights of the Child’. British Educational Research Journal, vol, 33 (6).no. 6. pp. 927-942

CYPSC is also conscious of the fact that LGBTI+ young people are included in these groupings.

Disability inclusion has been a focus of CYPSC's work since 2017 and this new plan will work towards embedding the participation and voice of disabled children and young people. A two pronged approach will be used:

- Supporting agencies in raising awareness of disabled children's rights
- Increasing the visibility of disabled children and young people in services

The formulation of the Disability Inclusion Framework and training provision delivered in Waterford has been very positive and will be built on in the coming plan.

Early Years and Preventative Work

Earlier intervention and prevention is identified as one of the key transformational goals in "*Better Outcomes Brighter Futures*". By intervening at a younger age or at points of vulnerability, more extensive, expensive and long term interventions may be avoided at later stages. During the needs analysis, early years parenting was identified as a key area requiring attention. The need for locally based accessible supports which are responsive, flexible and focused on inclusiveness were named. It was identified that the needs of parents are universal, however, parents are not a homogenous group. Supports need to celebrate the achievements of parents, be proactive in engaging hard to reach parents and be accessible. The development of drop - in services, visual aids, targeted community based supports and information provision at different points of contact have been included in the CYPP. Consideration has been given to the need for early intervention and preventative work with families and with concurrent supports for agencies supporting families.

Education and Learning

The Waterford Area Profile in Section 2 of this report shows that the largest cohort of children and young people currently is the 5 - 12 years cohort. This also indicates the need for additional supports for teenagers and young people in the coming years. CYPSC will promote trauma informed care within primary schools, establish an infant mental health (IMH) network to embed an IMH approach within services and provide information and training on Adverse Childhood Experiences. All of these are linked and support an early intervention and prevention approach which also supports the health and wellbeing theme and promotes a supportive environment for learning and development within the education sector.

Play is a fundamental to a child's life and contributes to a child's sense of joy, their development and recreation. A child has a right to play as acknowledged in Article 31 of the United Nations Convention on the Rights of the Child (UNCRC). Play is essential to development as it contributes to the cognitive, physical, social, and emotional well-being of children and young people. Play also offers an ideal opportunity for parents to engage fully with their children. A variety of factors have reduced time for play and social interaction, including a busy lifestyle, changes in family structure, and increased attention on academics and organised activities at the expense of free child-centred play and opportunities for unstructured socialising. Play has also been shown to help children adjust to the school setting and to enhance children's learning readiness, learning behaviours, and problem-solving skills.

Feedback from young children and middle years children specifically identified the importance of spending time with their friends and playing. Teenagers and young adults refer to spaces to hang out and opportunities to meet friends informally and in clubs and groups. Agency staff have identified the need to encourage unstructured play and the need to raise awareness of the value of play with parents and staff in services. A number of actions have been included focusing on play and enhancing opportunities to influence planning and infrastructure in the next Local Economic and Community Plan.

Waterford CYPSC undertook research in 2018 on the use of Information and Communication Technology (ICT) as an educational and developmental tool¹². This theme was identified in consultations with professionals when formulating the 2016 – 2018 CYPP. CYPSC is also aware of the safety concerns and the over use of ICT. Through the ICT research undertaken with stakeholders in 2017/'18 we learned that there is a generational disconnect between how adults and young people understand, perceive, use and view ICT. For parents and adults involved in working with children and young people, concern about ICT usage is seen primarily in terms of social media and the inherent dangers. For young people, social media is a natural and acceptable form of connecting with each other and the world; it is an integral part of their life, one they have grown up with and their world is viewed through a digital lens – entertainment, information, popular culture, dialogue and friendships occur within an ICT framework that is commonplace, ordinary and an everyday experience. Work will continue in the lifetime of this plan to promote ICT use in a positive and educational manner.

¹² The use of Information Communication Technology as an Educational and Developmental Tool J. Kielthy and E. Greene (CYPSC, 2018)

ICT use with small children is a particular area of concern. Screen-time and its developmental implications is a particular issue identified by practitioners working with the early-years cohort. The relationship between parent / guardian and child is central to social, emotional and cognitive development and a consistent, responsive and caring care giver helps promote secure attachment and leads to long term health and well-being. Recent research carried out by Barnardos NI¹³ suggests a link between parent's use of digital technology and their parenting practice. Devices may be used as a parenting tool, parents recognise the potential educational benefits whilst also suggesting that exposure to devices on a prolonged basis may negatively impact an infant's behaviour and reduce social interactions. It is asserted in the Barnardos report that the parenting landscape has changed and there is a need to respond to the opportunities and challenges that ICT presents.

Young People not in Education, Employment or Training and Seldom Heard Young People

Throughout the planning phases for the CYPP, particular concern was expressed in relation to young people who find themselves not in education, employment or training. Census 2016 confirms that the number of young people aged 10-24 will grow by 11.6% between 2015 and 2025. The National Youth Council of Ireland in its pre-budget submission for budget 2019 provided the following data on youth unemployment and social protection. In April 2018 youth unemployment stood at 12% and 8,915 young people were long-term unemployed (for 12 months or more). A Eurofound study¹⁴ stated that Ireland has a lower than average EU youth unemployment rate, but has a higher than average long term youth unemployment rate.

A recent Youth Employment Initiative and Participation Project, funded through Waterford CYPSC, which engaged with unattached and seldom heard young people aged 17 - 24 years found that the young adults struggled initially to engage in the programmes, struggled with the group work aspects, with regular attendance and had low levels of self-confidence. Experienced youth workers created an environment which was open, flexible and supportive which in the end maintained their involvement and growth during the programme. It was evident that the longer the young adult was disengaged from services and supports the more staff needed to be creative, persistent and skilful to engage and maintain attendance.

¹³ Connections: Parenting Infants in a Digital World (Dr. D. Kernaghan, Barnardos, 2018)

¹⁴ Eurofound (2017), Long-term unemployed youth :Characteristics and policy responses, Publications Office of the European Union, Luxembourg.

Additionally, the NYCI¹⁵ also called for the restoration of the full rate of Job Seekers Allowance to young people under 26. NYCI stated that the imposition of lower rates on young jobseekers is contrary to the provisions of Article 40.1 of the Irish Constitution, which dictates that all citizens should be treated equally.

NYCI noted that data from April 2017 indicates the following:

- 26,808 young people were in receipt of Jobseekers Allowance in April '17
- 71% or 19,240 were on €102.70 a week
- 11% or 2,863 were on €147.80
- 18% or 4,705 on the full rate of €193 per week.

NYCI pointed out that the impact of these reduced payments is confirmed by the statistics on the rate of consistent poverty among young people aged 15-24. The consistent poverty rate for young people aged 15-24 years in 2015 was 15.6%, which is almost double the overall rate of 8.7% and the highest of all age cohorts. Waterford CYPSC will undertake a needs analysis with relevant stakeholders and young adults to determine what is required to support particularly marginalised young adults and disseminate and implement the learning and recommendations from the report.

Change Management

It was very evident in the consultations with children that there is huge awareness of the environment, the importance of family and community and the natural beauty of Waterford. There is an appreciation of the sea for those who live close to it and a clear intent that we need to look after each other, where we live, wider environmental issues and the global environment.

Waterford CYPSC is part of the Healthy Waterford (HW) Steering Group of the Local Community Development Committee (LCDC) and committed to promoting themes named in the Healthy Waterford Strategy:

- Connectedness
- Information and Accessibility
- Infrastructure and Environment
- Capacity Building and Collaboration
- Local Politics Engagement and Support

¹⁵ Post-Budget Analysis Comhairle Náisiúnta na nÓg National Youth Council of Ireland October 2018

Strong links can be made between the CYPSC health and well-being agenda and the Healthy Ireland Framework, World Health Organisation Healthy Cities Vision and the UN Sustainable Development Goals. Poverty continues to have a significant negative impact on families and there is potential to respond to issues such as food poverty, child nutrition/malnutrition and obesity through national frameworks and locally implemented projects and actions. CYPSC can also play a role in ensuring the voice of children and young people is heard and taken into account in the areas of planning and influencing decisions that impact them at all levels.

Ongoing work on developing interagency and collaborative working is listed in the plan including linking with the LCDDC Traveller Interagency Group and highlighting the needs of 0 - 24 year old Traveller children and young people and Traveller families.



Section 5:
Summary of Children and Young People's
Plan for Waterford

Section 5: Summary of Children and Young People’s Plan for Waterford

Outcome 1 – Active and healthy, physical and mental wellbeing

Priority areas identified by the CYPSC are;

- Bereavement and Loss
- Resilience building
- Information provision
- Access to Mental Health Services
- Promoting health and wellbeing / social and emotional wellness
- Infant Mental Health
- Healthy Diet and Nutrition

Outcome 2 : Achieving Full Potential in Learning and Development

Priority areas identified by CYPSC are:

- Information and Communication Technology
- Trauma informed practice in Schools
- Promotion of Play
- Parenting Support
- Strengthening Transitions

Outcome 3 : Safe and Protected from Harm

Priority areas identified by CYPSC are;

- Use and impact of Pornography
- Family and Parenting Support
- Family Conflict and Domestic Abuse
- Screen – time and early years
- Adverse Childhood Experiences
- Early Literacy and Parenting Support

Outcome 4 : Economic Security and Opportunity

Priority areas identified by CYPSC are;

- Needs analysis
- Engaging marginalised and seldom heard young people and adults
- Social Inclusion / Rural Isolation

Outcome 5 : Connected, Respected and Contributing to their World

Priority areas identified by CYPSC are;

- Rural Supports
- Celebrating Parenting
- Participation and Consultation
- Disability Equality
- Social Inclusion – Roma, Travellers, LGBTI and Syrian Children and Young People

Change Management

Priority areas identified by CYPSC are;

- Building on links with the LCDC structure
 - Healthy Waterford
 - Traveller Interagency Group
- Substance Misuse
- Interagency working

**Action Plan for Waterford Children and Young People's Services Committee
Autumn 2019 - 2022**

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 1: Active and Healthy, physical and mental wellbeing							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s) (T.G.)
Bereavement and loss	<p>Improve the uniformity, effectiveness and timeliness of support services to families and communities in Waterford</p> <p>Enhance existing bereavement support services to families and communities</p> <p>Explore the development and roll out of new bereavement support initiatives</p>	<p>Number of groups supported</p> <p>All schools to receive information packs</p> <p>Number of training</p>	<p>1 each in City and County</p> <p>Packs to be made available to all schools, GPs and First Responders</p> <p>Packs to be distributed on demand as part of postvention support in the aftermath of a death by suicide</p>	<p>Develop bereavement support groups for young people through existing structures / e.g. Youth Services / FRCs</p> <p>Disseminate information on bereavement to young people, families and relevant organisations including the new national standardised suicide bereavement pack and the Irish Childhood Bereavement Network Framework and resources. New national standardised bereavement pack to include specific local/regional services information</p> <p>Deliver the one day 'Workshop for</p>	<p>Ongoing over 3 years</p> <p>2019</p>	<p>HSE Resource Office for Suicide Prevention</p> <p>Partners HSE Psychology WSTCYS NEPS Schools</p>	<p>Connecting for Life, Waterford (CfL)</p> <p>Outcome 1,2,3 and 5</p> <p>T.G. Early Intervention and Prevention Ensuring quality services Interagency collaboration</p>

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 1: Active and Healthy, physical and mental wellbeing							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s) (T.G.)
Information on Mental Health Services for Children and Young People	To provide detailed information for referral agents and parents on services available by problem type and severity	sessions delivered	1 regional training to be delivered per month	professionals and key contact people providing support to those bereaved by suicide'	Ongoing updates over 3 year plan as service delivery changes	HSE Psychology and Partners	Outcome 1,2,3 and 5 T.G. Early Intervention and Prevention Ensuring quality services Interagency collaboration
	Less duplication of referrals and reduced number of help seeking appointments for young people / parents.	Number of training sessions	Training to be delivered to community groups on demand in the aftermath of a suicide	Deliver 2hr information sessions 'Supporting people who are bereaved through suicide in the community'	2020-2022		
		Number of posters distributed	500	Update current information Distribution to all relevant services and information available on line using websites			
		Number of meetings with GP's and agencies	3	Meet with GPs and other referral agencies to raise awareness			

Action Plan for Waterford Children and Young People's Services Committee

Outcome 1: Active and Healthy, physical and mental wellbeing

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s) (T.G.)
Information on Mental Health services with a particular focus on children with a disability and autism.	To provide detailed information for referral agencies and parents Less duplication of referrals and reduced no of help seeking appointments for young people / parents	Number of posters distributed Number of meetings with GP's and agencies	500 3	Update existing poster and web based information to include accessing services for children with a disability and autism. Meet with GPs and other referral agencies to raise awareness	Ongoing 2019 - 2022	HSE Psychology and Partners	Slaintecare Progressing Children's Disability Services	Outcome 1,2,3 and 5 T.G. Early Intervention and Prevention Ensuring quality services Interagency collaboration
Promoting health and wellbeing	To support parents/carers to understand the significance of providing opportunities to build resilience as a protective factor for mental health.	Number of workshops / talks / events	1 Workshop with parents annually Annual Calendar	Delivery of Resilience Workshops for parents linking with groups or agencies working with parents and deliver in these setting Development of a programme of talks and activities for parents	Ongoing over the 3 year plan	HSE Psychology and Partners	Connecting For Life	Outcome 1,2,3 and 5 T.G. Early Intervention and Prevention Ensuring Quality Services Interagency Collaboration
Promotion of health and physical and	Improve health and wellbeing with a focus on	Number of workshops/ talks/ events	4 events per year	Schedule 'Healthy Ireland at your Library' events for	2019 - 2022	Waterford Libraries - Healthy Ireland at your	Waterford Sport Partnership	Outcome 1,2,3 and 5

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 1: Active and Healthy, physical and mental wellbeing								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) or Transformational Goal(s) (T.G.)
mental wellbeing	prevention and individual awareness.	Information resources made available	1000 Healthy Ireland books issued in Waterford Libraries per year	<p>children, young people and families across 12 Waterford Library branches.</p> <p>Partner with Well Festival of Arts and Wellbeing for Waterford Libraries and include a programme of events for children and young people.</p> <p>Liaise with other groups/ organisations to provide space in Waterford Library branches for meetings/ workshops in relation to children and youth mental health.</p> <p>Distribution of children and youth mental health information leaflets, posters and promotion on social media in Waterford Library services.</p>		Library and Partners	Strategy Connecting For Life	T.G. Early Intervention and Prevention Ensuring Quality Services Involve Children and YP Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 1: Active and Healthy, physical and mental wellbeing								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s) (T.G.)
				Promotion of health literacy and 'Healthy Ireland at your Library' book stock.				
Access to mental health services	To provide a clear pathway to mental health services for young people, aged 13 years and over, through the provision of a single entry assessment system.	Stage 1 complete. Stage 2 complete. Stage 3 complete. Stage 4 complete. Stage 5 complete. Stage 6 complete.	Service operational in Dec 2020.	Formal meeting for all partner agencies to agree the proposal. Form clinical governance group. Development of protocols, policies and procedures Engage administrator Train assessment team Service Launch and Advertising	Dec 19 Feb 20 June 20 June 20 Sept 20 Autumn 20	HSE Psychology and Clinical Governance Group		Outcome 1,2,3 and 5 T.G. Supporting Parents Early Intervention and Prevention Ensuring Quality Services Strengthening Transitions Interagency Collaboration
Healthy eating habits and supports for families	Increase the capacity of parent / guardian to provide healthy foods for their babies To promote development of	Number workshops delivered Number of workshops	3 weaning workshops per year in specific targeted locations across the county 6 healthy	Provide practical weaning workshops / demonstrations for parents – stages of weaning, healthy snacks, starting your baby on solids etc. Provide practical workshops /	2020 - 2022	HSE, (PHN and Health Promotion) Respond Support FRC's Barnardos Coiste Cúram Leanaí Phort Láirge MABS WWETB	First 5 A Whole-of-Government Strategy for Babies, Young Children and their Families 2019-2028 Healthy Ireland	Outcomes 1, 2, 3, and 5 T. Goals: Support parents Early intervention and involve children and YP

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 1: Active and Healthy, physical and mental wellbeing								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s) (T.G.)
	lifelong healthy eating patterns for children in partnership with parents and early years settings Promote development and implementation of healthy eating policies in early years and community settings that provide food for children	delivered No of early years and community settings engaging Number of workshops delivered	lunchbox workshops / demonstrations per year in specific targeted locations across the county 6 taster workshops per year for early years and community settings 6 x 3 targeted follow on workshops with services to address needs linking with key agencies to deliver information and skill deficits identified	demonstrations for parents to learn skills in preparing healthy lunch options for their children. Link with early years settings to review their healthy eating policy and promote ongoing healthy lunchbox options Needs analysis with early years and community services to identify needs Provision of taster workshops to provide practical skills for participants Involvement in Healthy Streets Initiative Review of healthy eating policies in early years settings		HSE Dental Waterford Sport Partnership National Childhood Network Tusla		Ensure quality services Strengthen transitions Interagency collaboration

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 1: Active and Healthy, physical and mental wellbeing							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s) (T.G.)
				Follow up with services who participated on the National Childhood Network Smart Start Programmes			
Infant Mental Health	To promote positive infant mental health through the establishment of a multi-disciplinary network	Regular meetings of the network Training and information seminars on infant mental health	A network is established and supported 2 information / training sessions delivered annually	Establish an infant mental health network Coordinate regular network meetings Creation and fostering of a learning and reflective environment in the network Organise and coordinate appropriate training, up-skilling, seminars and conferences	2019 – 2022 2020 - 2021	Tusla	The Nurture Programme Better Outcomes Brighter Futures Children First: National Guidance for the Protection and Welfare of Children (2017) First 5 – Whole of Government Strategy for Babies, Young Children and their Families 2019-2028 Outcomes 1, 2, 3, and 5 Transformational Goals: Support parents Early intervention and prevention Ensure quality services Strengthen transitions Interagency collaboration

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 1: Active and Healthy, physical and mental wellbeing								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s) (T.G.)
Social and Emotional Wellbeing	To assess what opportunities are available for children to strengthen social/emotional competence and increase empathy and social connectedness (protective factor) in primary schools.	Number of responses	All primary schools in Waterford	Compile and carry out a survey / consultation with primary schools to establish current delivery of social and emotional literacy programmes Identify gaps/issues and design response	2019 - 2022	NEPS Partner - Primary School sector	Primary school curriculum NEPs strategy CFL	Outcomes 1, 2, 3, and 5 T. Goals: Support Parents Early Intervention and Prevention Ensure Quality Services Strengthen Transitions Interagency Collaboration
Health and Wellbeing with Families	To connect with families and provide them with an opportunity to participate in a health and well-being programme focusing on healthy eating and connectedness.	The number of participants engaged in the programme.	150 participants	Implementation of the learning from 'Just Grow' 2017 project findings. Adapt and develop the 'Just Grow' programme. Provision of urban and rural programmes. Ongoing evaluation with participants.	2019-2020	Foróige	Healthy Ireland Framework The Obesity Policy and Action Plan 2016-2025	Outcomes 1, 2, 5 Support Parents Early Intervention and Prevention Involve Children and YP Ensure Quality Services Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 1: Active and Healthy, physical and mental wellbeing								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s) (T.G.)
Strengthening protective factors	To provide opportunities for parents and children to share learning experiences which can contribute to strengthening positive relationships (protective factor)	Number events held per year	2 events per year	Consult with parents and children about type of activity Joint parent and child activity e.g. Dance, Surfing, Archery	2020 - 2022	HSE, Health Promotion Partners: Waterford Sports Partnership, Family support Sub Group.	Waterford Sport Partnership strategy CFL	Outcomes 1, 2, 3, and 5 T. Goals: Support Parents Early Intervention and Prevention Ensure Quality Services Involving Children and YP Strengthen Transitions Interagency Collaboration
Health and Wellbeing	To share knowledge and experience around holistic health including- mental health, physical health and sexual health	Delivery of a symposium for parents, young people and professionals	1 Symposium delivered	Half day symposium, involving, 15 mins speed talks, breaks out workshops and information stands	Spring 2020	Tusla	Waterford Sports Partnership Strategy Connecting for Life (CfL)	Outcomes: 1,2,3 and 5 T.G. Early Intervention and Prevention Ensuring Quality Services Involve Children and YP Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee									
Outcome 2: Achieving full potential in all areas of learning and development									
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and Transformational Goal(s)	
Parenting Support - Play	To assist parents to value and actively engage in play	Number of Play based sessions delivered	2 per annum	Provide parent only practical workshops focusing on the importance of play for child development	2020-2022	Coiste Cúram Leanaí Phort Láirge	Better Outcomes Brighter Futures	Outcomes 1,2,3 and 5 Support Parents Early Intervention and Prevention Involve Ensure Quality Services Strengthen Transitions Interagency Collaboration	
	To provide professionals working with children and parents a theoretical basis for valuing Play	Number of parents and staff attending information sessions	60 staff	Delivery of information sessions and the delivery of play based sessions	2020 - 2022		Healthy Ireland Framework Get Ireland Active - National Physical Activity Plan Healthy Waterford		
Parenting Support - Early Literacy Intervention for under 5's and their families	To promote, support and contribute to early literacy with families, through the continuance, sustaining and development of Strand 1 - universal and	Number of babies and children receiving the pack	100% of new babies receive Snuggle Stories book pack	Snuggle Stories packs given at PHN developmental check	2019 and ongoing	Snuggle Stories Task Group: Waterford and Wexford ETB Waterford Libraries Coiste Cúram Leanaí Phort Láirge	Snuggle Stories Evaluation (2018)		
		Number of Strand 2 programmes delivered	Completion of 4 strand 2 per annum, scheduling to be responsive to demand	Increase the number of Strand 2 courses operating in local communities with high levels of need		Respond Support St. Brigid's FCC HSE Speech and Language HSE Primary Care Tusla			

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 2: Achieving full potential in all areas of learning and development							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s)
	Strand 2 – targeted elements of the Snuggle Stories Project	Number of Strand 2 programmes delivered during evening or at weekends Revised list of contents for pack Number of leaflets produced	1 programme delivered Agreed list of resources for pack 1,000	Delivery of Strand2 programme to support working parents participation Review the content of Snuggle Stories pack Amalgamate and adapt individual agency leaflets in the book pack into one Plain English resource and review with NALA (National Adult Literacy Agency).			
		Production of guidance resource and	1,700 per annum	Production of a plain English resource for parents promoting the sharing of books with babies			

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 2: Achieving full potential in all areas of learning and development							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s)
		Improved access to resources	Multi-lingual resources will be available through the Library Service	Facilitate parents who speak other languages to have access to early literacy resources (nursery rhymes, children's stories and songs) in their language of origin.			
Transitions	Information for parents on transitions for children from Preschool to National School	Number of information sessions held for parents	2 annual National Parents Council facilitated information sessions for parents	NPC information sessions for parents per year	2020-2022	Coiste Cúram Leanaí Phort Láirge National Parents Council Waterford City and County Council Better Start SENO	1, 2, 3, 5 T. Goals Supporting parents; Supporting Transitions; Early intervention and prevention; Ensure quality services; Interagency collaboration
Transitions	Enabling the smooth transitions for children from preschool to national school	Number of information sessions for Preschool staff and National School teachers on the use of the Mo Scéal resource	4 information sessions	Promotion of Mo Scéal Resource in Preschool services to create linkages with National Schools	2020-2022	Coiste Cúram Leanaí Phort Láirge IPPEN	

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 2: Achieving full potential in all areas of learning and development							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans Link to other national outcome(s) and or Transformational Goal(s)
Transitions	Sharing information on additional supports for children moving from preschool to national school	Number of children for whom information was shared with the National School they are moving into.	All children availing of AIM supports to be offered the opportunity to share key information with National School	Resource to enable sharing of information between preschool and national school for disabled children availing of supports through the Access and Inclusion Model (AIM)	2020-2022	Coiste Cúram Leanaí Phort Láirge Better Start IPPN	Better Start
Promotion of ICT as an educational tool with young people and cross sectorally	Increase ICT knowledge within sectors and participation of YP in ICT development	Establish ICT expert body /advisory role Accurate and informative directory Programme available for use	2 Annual training and/or events to ensure knowledge is up to date in sector E-Directory maintained and updated Development of an inter-generational ICT programme	Delivery of Workshops at Agencies own team days Manage and Promote E-directory (ongoing) Design and piloting an inter-generational ICT programme with the involvement of Young People	2020 - 2022 Ongoing over 3 years	Social Inclusion and Participation sub group	Outcomes 1,2,3 and 5 Support Parents Early Intervention and Prevention Involve Children and YP Ensure Quality Services Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 2: Achieving full potential in all areas of learning and development							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s)
		Number of events held	2 events to inform projects of potential activities / actions to promote safer internet usage	Raise awareness of Safer Internet Day in county in a local capacity			
Visual Aid to parenting Programme s to include marginalise d groups within society	To develop a visual aid to be used with existing parenting programmes	Visual aid developed	Development of Universal Parenting visual aid	Consultation with stakeholders, parents, Parenting Champions and services that deliver Parenting support	3 years	Tusla	Better Outcomes Brighter Futures HSE Parenting Strategy DCYA Parenting Unit
		The number of pilot programmes	Pilot two programmes using visual aid	Review existing tools Develop a universal tool for use with programmes Engage with a design team			Outcomes 1,2,3 and 5 Support Parents Early Intervention and Prevention Involve Ensure Quality Services Strengthen Transitions Interagency Collaboration
Trauma Informed Practice	To promote a trauma informed approach in schools and with allied services in the community	Pilot a series of information sessions for schools and allied services	One pilot – series of information and training sessions	Planning and development of the pilot project Engage with trauma informed practitioner Liaise with	2019-2020	Barnardos Education Welfare Service	1, 2,3, 5 T. Goals Supporting parents Supporting Transitions Early intervention and

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 2: Achieving full potential in all areas of learning and development								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
				<p>schools and allied services and offer briefing session</p> <p>Audit in schools – before and after training</p> <p>Intensive sessions in trauma informed practice with staff.</p> <p>Evaluation of the pilot project</p>				<p>prevention; Ensure quality services Interagency collaboration</p>

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 3: Safe and Protected from Harm							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformational Goal(s)
Information and training on use of Pornography	To support workers understanding and knowledge of the use of pornography and its implications for young people.	Number of staff attending training	Delivery of two training programmes facilitating up to 44 practitioners	Source Training programme Deliver training sessions Evaluation and identification of further training needs in this area, if any.	2020 and 2022	Social Inclusion and Participation Sub Group and National Youth Council of Ireland	Outcomes 1,2,3 Early Intervention and Prevention Ensure Quality Services Interagency Collaboration
Adverse childhood Experiences (ACEs)	Promote understanding of ACEs within services in Waterford	The number of services/professional attending information and training sessions	15 cross sectoral agencies	Source Facilitator Provision of Information sessions Delivery of Training sessions	3 years	Tusla	Outcomes 1,2,3 Early Intervention and Prevention Ensure Quality Services Interagency
							Better Outcomes Brighter Futures Hidden Harm Signs of Safety HI Framework

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 3: Safe and Protected from Harm								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
Family Conflict / Parental Support	To interweave information and awareness on the impact of domestic abuse on families into generic parenting programmes	Module designed and available for use		Determine headings / areas to be included in the module	2019 - 2022	Oasis Outreach Service		Outcomes 1,2,3 Early Intervention and Prevention Ensure Quality Services Interagency Collaboration
		Number of packs distributed	100 packs distributed	Compile an information pack on Domestic Abuse Services				
	To raise awareness of impact of domestic abuse amongst service delivering parenting programmes	Number of agencies engaged and using module	20	Develop a Domestic Abuse module for use in parenting programmes				
	To provide information on how to respond to disclosure of domestic abuse	Number of sessions delivered	20	Deliver information sessions for staff on Domestic Abuse awareness and how to respond appropriately to disclosures				

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 3: Safe and Protected from Harm							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformational Goal(s)
Parenting support – screen time	To consult with parents and provide information about alternatives to screen time To raise awareness among parents of young children of the benefits of reducing screen time and the possible implications of excessive screen time use.	Number of parents participating in surveys Number of national schools, preschools, childcare centres and parent toddler groups involved. Number of settings and media platforms through which information is distributed.	125 parents completing surveys 200 centres involved 2-3 websites and parents forums 5,000 posters/mag nets / leaflets developed	Design and distribution of parent's survey. Distribution of materials developed to all primary care centres / HSE facilities, preschools, childcare centres, national schools and parent and toddler groups Distribution of information that encourages alternatives to screen time and promotes the development of communication, social and cognitive skills. Development of Poster/leaflet campaign to inform parents of the benefits of less screen time and alternatives to screen time	2019 -2020 2019	HSE Speech and Language Partners Coiste Cúram Leanaí Phort Láirge HSE Health Promotion	Better Outcomes Brighter Futures The National Policy Framework for Children and Young People (2014-2020) (DCYA, 2014) Aistear: the Early Childhood Curriculum Framework (National Council and Curriculum and Assessment, 2009) First 5: A Whole of Government Strategy for Babies, Young Children and Their Families

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 3: Safe and Protected from Harm							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformatio nal Goal(s)
		Number of participating restaurants	20 restaurants participating in awareness campaign	Restaurant campaign to encourage families not to use screens when out for meals			
		Number of health centres participating	2 HSE Primary Health Care Centres waiting areas are resourced to discourage screen time use	Book corners in HSE waiting areas			(DCYA, 2018)
		Number of information sessions held	3 information sessions delivered	Information sessions where health professionals outline implications of screen use			

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 3: Safe and Protected from Harm								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformatio nal Goal(s)
		professionals signed up to deliver the Drop -In	be available in Waterford City and environs	suitably qualified professionals from relevant services to staff the Drop – In Review and evaluation of the service			Agency	
Support access to substance misuse services for those living in the Dungarvan / West Waterford area.	To provide young people between the ages of 18 and 24 years who are experiencing problematic substance misuse with the necessary financial assistance to access treatment services across Waterford City and County	Establishment of a financial bursary The number of young people who seek financial assistance to access substance / homelessness misuse services All services working with this age group to have information on bursary Information campaign to inform young adult centred	Secure budget allocation 10 people per quarter 100% of services informed 100% of young people centred services informed	Secure funding and an agency to administer a bursary that young people can access if they require financial assistance for travel/ prescription fees etc. Provide substance misuse services with the awareness and information on how to access such a bursary. Provide a wide variety of young people centred services with the awareness and information to	Development and implementation of Bursary '19 - 2020 Review and evaluation of take up, administration of the bursary Q4 (2020) Implement learning and ongoing implementation of bursary (2021 – 2022)	TREO	Healthy Waterford Strategic Plan (2018 – 2021) South East Regional Drug and Alcohol Task Group	Outcomes 1,2,3 4 & 5 T.G. Early Intervention & Prevention Involve Young People Ensure Quality Services Strengthen Transitions Interagency Collaboration Transitions

Action Plan for Waterford Children and Young People's Services Committee									
Outcome 3: Safe and Protected from Harm									
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)	
		services of the bursary to assist in access services.		inform problematic substance users across all areas of the city and county of the bursary.					

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 4: Economic Security and Opportunity							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or Transformational Goal(s)
Marginalised young people aged 18 – 24	Increase the focus on and establish the needs of marginalised 18 – 24 year olds	Increase awareness of needs of 18 – 24 year olds	Completion of needs analysis and plan of action	<p>Draw up terms of reference for scoping / needs analysis</p> <p>Consultation with agency stakeholders and young adults</p> <p>Dissemination of findings</p> <p>Integrate learning into the work of the sub group and update other relevant agencies</p> <p>Promote the development of actions based on the published document</p>	2019 2019 2020 2020-2022	Focus Ireland and Partners	<p>Outcomes 1,2,3 4 and 5</p> <p>T.G.</p> <p>Early Intervention and Prevention</p> <p>Involve Young People</p> <p>Ensure Quality Services</p> <p>Strengthen Transitions</p> <p>Interagency Collaboration</p> <p>Transitions</p>
Marginalised young people	Give voice to young adults experience and inform agencies of needs and gaps in training, education, employment,	Number of agencies attending seminar	10 + agencies engaged	<p>Host a seminar that will give voice to the experience of young adults</p> <p>Identify key agencies to attend</p> <p>Use learning from Needs Analysis to</p>	2020 - 2021	Department of Employment Affairs and Social Protection	<p>Pathways to Work (2016 – 2020)</p> <p>National Strategy on Children and Young People's Participation in Decision Making</p>

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 4: Economic Security and Opportunity							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans or national outcome(s) and Transformational Goal(s)
	opportunities and pathways.			inform delivery of services to marginalised young adults			
Social Inclusion/ Rural Isolation and young people	To provide unaccredited, flexible and responsive programmes to isolated and unemployed young adults in rural Waterford.	The number of programmes delivered	1 programme per year	Engagement of 18 to 24 years old young adults in West Waterford area in a creative arts programme which will provide a rural transport link. Creative Action / Arts Programme Opportunities for referral of young adults onto relevant training and programmes	2019 -2022	Waterford Area Partnership through SICAP	Social Inclusion and Community Activation Programme through ESF
	To act as a springboard into mainstream education training and employment routes.	Number of partner agencies engaging with participants	5 agencies				

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and Link to other national outcome(s) and or Transformational Goal(s)
<i>Celebrating and Parenting and information provision</i>	To disseminate information to families in accessible locations Provide targeted and accessible supports and information to parents/ guardians experiencing rural isolation.	The number of sessions delivered The number of people attending Number of agencies engaged	10 workshops	To organise consultations with parents on an annual basis Set venues to ensure there is a good geographical spread. Design workshops based on feedback from consultations with parents as well as area profile/needs analysis data. Review and evaluate the model of information provision in rural areas.	2019 - 2022	Tusla Family Support Sub Group Dungarvan / West Waterford Child and Family Support Network	Investing in Families Strategy, Tusla (2013) Outcomes 1,2,3 and 5 Support Parents Early Intervention and Prevention Ensure Quality Services Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformatio nal Goal(s)
Services in Dungarvan / West Waterford (D/WW)	To increase resources in Dungarvan / West Waterford for children, young people and families Determine the optimum structure for promoting and securing rural family support, youth work and wider rural provision for children, young people and families	Number of new services	One Family Resource Centre One funded Youth Work Project	Continue current work under QCBI in highlighting the need for rural work Build on the information gathered in the socio demographic profile and consultation carried out in D/WW in 2018 Capacity building within communities in the D/WW area	2019 - 2022	CYPSC / Tusla CYPSC / WWETB Family Support Sub Group Dungarvan / West Waterford Child and Family Support Network	Outcomes 1,2,3 and 5 Support Parents Early Intervention and Prevention Ensure Quality Services Strengthen Transitions Interagency Collaboration
Participation and Consultation with Children and Young People	To ensure that the voice, views and vision of children and young people underpin CYPSC's priorities and programmes of work	The number of children and young people who have ongoing and meaningful opportunities to be heard and have influence on CYPSC's priorities	48 young people p/a in Focus Groups	4 Annual Focus Groups p/a (2 City/2 County) 1 with young people aged 12 to 17 1 with young people aged 18 to 24 in each area to review and feedback on	Mid-year annually 2020 – 2021	Social Inclusion and Participation (SIP) Sub-Group Partners; All CYPSC Sub-Groups, Hub na nOg	Outcomes 1,2,3, 4 and 5 Support Parents Early Intervention and Prevention Ensure Quality Services

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformatio nal Goal(s)
	To build on and further develop the working relationship between CYPSC and Comhairle na nÓg	Mutual responsibilities of CYPSC and Comhairle are being fulfilled in line with DCYA Guidance for CYPSC on Participation	CYPSC response from 20-30 groups, services or agencies 5 CYPSC Sub-Groups and main Committee demonstrate direct connection with young people on thematic issues 40-60 practitioners engaged in Participation Training/Workshops	CYPSC's progress on CYPSC and identify emerging needs/gaps in service Cross-sectoral CYPSC survey to inform new CYPSC Assess opportunities to strengthen participatory engagement with young people through existing and new structures Participation Training/Workshops: build practitioner values, skills and knowledge to effectively implement Lundy Model with young people in their service	Once every 3 years for new CYPSC Ongoing over 3 year plan 2020	Guidance for CYPSC on Participation National Strategy on Children and Young People's Participation in Decision Making (2015) Lundy Voice Model and Voice Model Checklist Comhairle na nÓg Toolkit One Waterford: Local Economic and Community Plan 2015-2020	Involve Children and Y.P Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformational Goal(s)
			1 joint meeting of CYPSC and Comhairle p/a (35 young people)	Annual Facilitated Meeting of CYPSC with Comhairle na nÓg	Jan/Feb annually Ongoing over 3 year plan	WSTCYS and SIP Sub-Group	
			Comhairle Coordinator attends approx. 8-10 sub-group meetings p/a	Ongoing participation of Comhairle Coordinator on SIP Subgroup	Ongoing over 3 year plan	Partners: WCCC, Comhairle na nÓg Steering Group	
			CYPSC Coordinator attends 4 Steering Group meetings p/a	Ongoing participation of CYPSC Coordinator on Comhairle Steering Group	2019 – 2020 and ongoing over 3 year plan		
			10-15 young people engaged in enhanced participation structures in addition to Annual Facilitated Meeting	Continuing analysis of existing participation infrastructure between CYPSC and Comhairle to identify and implement improvements			

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 5: Connected, Respected and Contributing to their World								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformatio nal Goal(s)
Disability Equality	To inform agencies of their obligations under the UN Convention of the Rights of People with Disabilities	Number of agencies	12	To provide an information session to agencies informing them of their obligations under the Convention	2020	Social Inclusion and Participation Sub Group Human Rights and Equality Commission	UN Convention on the Rights of People with Disabilities	
Disability Equality	To map the current landscape of needs, service provision for and participation of disabled young people in Waterford City and County To build capacity for disability inclusion across the membership of Waterford CYPSC and allied services	Number of participants and CYPSC members engaged in mapping exercise	20 Participants All Waterford CYPSC members will facilitate participation in the research by practitioners and relevant stakeholders	Resources identified to commission research Brief developed and lead agency identified Undertake research to profile the current needs, access to and experience of services and level of participation of disabled young people Dissemination of Waterford CYPSC Disability Inclusion Framework	By March 2020 December 2019 to coincide with International Day of Persons with Disabilities	SIP Sub-Group Partners: DESSA, WIT, NLN Partners: SIP Sub-Group, Waterford CYPSC members, DESSA WWETB and Partners	Waterford CYPSC Disability Inclusion Framework National Strategy on Children and Young People's Participation in Decision-Making (2015-2020) UN Disability Convention Community Inclusion Positive to Disability Charter	

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformatio nal Goal(s)
Disability Equality	To raise awareness of disability inclusion actions with CYPSC agencies	Self-reported improvements in practitioner understanding, competency and/or confidence in the area of Disability Inclusion	2 Thematic Workshops on Communication and Consultation 10 Disability Equality Champions identified in Waterford City and County	Workforce Development; Roll-out of Equality Training and Thematic Workshops with frontline practitioners and senior managers in Waterford Identification of Disability Equality Champions across CYPSC network to promote research recommendations	Autumn 2019 and ongoing 2019 and ongoing	SIP	
Use off STEM ((Science, technology, engineering, art and maths)	To support the development of a STEM project building on the Disability	One digital response developed	2 Dissemination Workshops (1 city/1 county) with 30 attendees at each One project will be developed from inception to completion	CYPSC Disability Inclusion Action Plan in place and being implemented by Q3 2020 Explore the options for developing a digital response to needs identified in the Disability research planned	Action Plan; Q2 2020 Implement Action Plan; from Q3 2020 2020 - 2022	SIP	Science Foundation of Ireland Strategic Plan – Agenda 2020

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	
						Link to other plans	
						Link to other national outcome(s) and or Transformatio nal Goal(s)	
	Inclusion priority area and using the medium of ICT			to support disability inclusion Engage with agencies and young people to develop the project			
Disability Equality	To increase the visibility, participation and civic engagement of disabled young people in their community	Number of CYPSC member organisations Monitoring and evaluation activities Self-reported improvements from research baseline in the numbers of disabled young people participating in all programmes Self-reported improvements at service level in mainstreaming access as defined in the Disability Inclusion Framework	All Waterford CYPSC members will contribute to monitoring and evaluation activities At least 6% of the membership of generic programmes will be disabled young people At least 10-15% of the membership of targeted programmes will be disabled young people	Sectoral monitoring and evaluation of progress on implementing Disability Inclusion Action Plan Identify and make available to groups and agencies resources, supports and toolkits which aid the full participation of disabled children and young people	Q4 2020 – Q4 2021 Ongoing over life of CYP as needs and opportunities arise	(Lead) SIP Sub-Group Partners: Waterford CYPSC members, DESSA	National Strategy on Children and Young People's Participation in Decision-Making (2015-2020)

Action Plan for Waterford Children and Young People's Services Committee							
Outcome 5: Connected, Respected and Contributing to their World							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformatio nal Goal(s)
Social Inclusion – Traveller, Roma and Young People in Direct Provision	To build and further develop the knowledge, skills and cultural awareness of practitioners working with or seeking to engage young people from diverse ethnic backgrounds living in Waterford City and County	Uptake of available places at workshops/training Training calendar in place and circulated to all relevant stakeholders	40-60 practitioners and service managers will be reached through training/workshop programme	Identify providers for and create and implement a calendar of Diversity Training/Workshops with practitioners and service managers	Q3 2019 – End Q1 2020	SIP Sub-Group and Partners: Waterford Traveller CDP, Subla Centre, Waterford Traveller Youth Support Project, Intercultural Health Project, Co. Waterford Traveller Support Group, WAP, Waterford Migrant Integration Forum.	Outcomes 1,2,3, 4 and 5 Support Parents Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration
Social Inclusion – Traveller, Roma and Young People in Direct Provision	To clearly identify and map existing service provision in Waterford with Traveller and Roma children and young people and those living in Direct Provision Centres	Resources identified to undertake mapping exercise	Create an infographic, geographical map and short documentary overview of current demographic of and service provision to the target groups in Waterford	Synthesise CYP research, O4C Hub data, local directories of services, desk research and knowledge of CYPSC network and sectoral stakeholders to gain an overview of current service provision with the target groups in Waterford	H2 2019	Roma in Ireland: a National Needs Assessment National Traveller and Roma Inclusion Strategy 2017-2021 (DJE) Migrant Integration Strategy – A Blueprint for the Future LCEP Social Inclusion Services South East Community Healthcare: Intercultural Health Strategy for Roma, Refugees and People Seeking Protection	

Action Plan for Waterford Children and Young People's Services Committee

Outcome 5: Connected, Respected and Contributing to their World

Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformatio nal Goal(s)
Social Inclusion – Traveller, Roma and Young People in Direct Provision	To create connections with and actively involve professionals and/or community leaders from Traveller, Roma or Direct Provision contexts in CYPSC's structures and processes	Representation from communities on CYPSC, sub group and task groups	At least 2 new members who are part of and/or who represent the target groups join the SIP Sub-Group and CYPSC itself	Building on mapping exercise and existing relationships and contacts, identify and invite key stakeholders to become involved in SIP Sub-Group and CYPSC itself	Ongoing over 3 year plan: prioritise in Year 1	SIP sub group	(2019-2022) National Strategy on Children and Young People's Participation in Decision-Making (2015-2020) Roma in Ireland: a National Needs Assessment National Traveller and Roma Inclusion Strategy 2017-2021 (DJE) Migrant Integration Strategy – A Blueprint for the Future LCEP National Strategy on Children and	Outcomes 1,2,3, 4 and 5 Support Parents Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration
	To improve the visibility and participation in services and	Clear baseline established from which to set KPI's for plan Self-reported	Interagency plan is in place and being implemented	Develop and implement a CYPSC-led interagency plan towards enhanced engagement with	Q2 2020 and ongoing over 3 year plan	SIP sub group		
Social Inclusion – Traveller, Roma and Young People in Direct								

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 5: Connected, Respected and Contributing to their World								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformatio nal Goal(s)
Provision	community life of Traveller and Roma Children and Young People and those living in Direct Provision Centres	improvements in readiness to engage with/contact with target groups by service providers by mid-point of implementation timeframe		and inclusion of the target groups: Needs analysis Identifying gaps in services and barriers to inclusion Determine priorities, resources, actions and outcomes			Young People's Participation in Decision-Making (2015-2020)	
Participation and consultation	To support children to have a say (protective factor) in factors that affect their life e.g the built environment.	Number of participative events	Successful completion of 3 events	Use the Playful city model to support children to make a submission to the Waterford City Development Plan regarding the design of the City and County- e.g. A Playful City	2019- 2020	HSE, Health Promotion Partner Healthy Waterford	LCDC LECP Healthy Waterford Strategic Plan (2018 – 2021) HI Framework National Strategy on Children and Young People's Participation in Decision-Making (2015-2020)	Outcomes 1,2,3, 4 and 5 Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee								
Outcome 5: Connected, Respected and Contributing to their World								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
Participation of Children and Young People	To support workers understanding of participation	Number of training events	One interagency training event per year	Delivery of cross sectoral and interagency Participation Training	2020 - 2022	Tusla and Family Support Sub Group	National Strategy on Children and Young People's Participation in Decision-Making (2015-2020) Lundy Voice Model and Voice Model Checklist	Outcomes 1,2,3, 4 and 5 Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee								
Change Management								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
Promoting collaborative and interagency working	To promote and embed interagency working Increase agencies understanding of challenges and strengths of collaborative working Engage with additional agencies	Self-reported increase in understanding and number of current and new agencies/ sections participating	2 workshops	Delivery of workshops on interagency processes and protocols and the theory underpinning such work.	2020 - 2022	SIP		Outcomes 1,2,3, 4 and 5 Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration

Action Plan for Waterford Children and Young People's Services Committee							
Change Management							
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans and other national outcome(s) and or Transformational Goal(s)
Healthy Waterford	To build on established links between CYPSC and Healthy Waterford (HW) To promote the voice of Children and Young People within HW	Number of initiatives CYPSC partner Number of opportunities for participation by Children and Young people	4	CYPSC Co-ordinator attends HW Steering Group meetings and participate in relevant task groups CYPSC Co-ordinator identifies opportunities for the inclusion of agencies working with children and young people	2019 - 2022	CYPSC	Healthy Waterford Strategic Plan 2018 – 2021 Waterford LECP World Health Organisation and Interagency Health 2020 European Policy UN Sustainable Development Goals (2030) Sustainable Dev Goals through the Lens of a Child (2019) Outcomes: 1, 2, 3, 4 and 5 Listen to and Involve Children and Young People Cross Government and Interagency Collaboration and Co-ordination

Action Plan for Waterford Children and Young People's Services Committee

Change Management								
Priority Area	Objective(s)	Indicators	Target	Activities	Timeframe for completion	Lead Responsibility and partners	Link to other plans	Linked to other national outcome(s) and or Transformational Goal(s)
Substance Misuse	To determine the role of CYPSC in relation to the issue of Substance Misuse	Agency agreement on CYPSC role	A plan for CYPSC's role will be developed	Each Sub group to put the issue on their agenda Discussion on agencies role in relation to the issue, gaps, needs, resources available and required, etc Facilitated discussion on CYPSC role	2020 - 2021	CYPSC and Sub Groups Relevant agencies in Waterford	SERDATF Strategic Plan Hidden Harm	
Traveller Work	To highlight the needs of Traveller children, young people and young adults	Needs analysis completed	Completion of needs analysis and dissemination in collaboration with relevant agencies	Link with the LCDC Traveller Interagency Group Collaborate on a needs analysis Dissemination of the findings Explore options for implementation of recommendations relating to children and young people.	2019 – Q1 2020 Q2 2020 Ongoing - '22	CYPSC		Outcomes 1,2,3, 4 and 5 Early Intervention and Prevention Ensure Quality Services Involve Children and Y.P Strengthen Transitions Interagency Collaboration



Section 7 & 8
Monitoring, Review & Appendices

Section 7: Monitoring and Review

Waterford Children and Young People's Services Committee is committed to a continuous process of monitoring and review of the Children and Young People's Work Plan (CYPP) and will meet with the requirements of the CYPSC Planning and Reporting Framework, as follows:

Annual Programme of Work

Waterford CYPSC will produce an annual statement of intent / action outlining the work to be undertaken and achieved by the CYPSC in each calendar year. The Annual Programme of work will be derived from the CYPSC's three-year Children and Young People's Plan. It will provide a high level overview of what and how the CYPSC will deliver against each of the agreed local objectives and strategic actions for that calendar year.

CYPSC Mid-year Progress Update

Waterford CYPSC will carry out a Mid-year Progress Update. It will determine whether the CYPSC annual programme of work is on schedule. This Mid-year Progress Update will provide CYPSC with a mid-year opportunity to highlight to national level structures any issues or challenges being experienced locally.

CYPSC Annual Progress Report

Waterford CYPSC will produce an Annual Progress Report on its activity and impact to TUSLA - Child and Family Agency, as the nominated agent of the Department of Children and Youth Affairs. The Annual Progress Report will be utilised as a tool for mutual accountability and learning. The report will inform Waterford CYPSC decisions to enact developments or changes within the Children and Young Peoples' Plan. The report will enable Waterford CYPSC to be responsive to emerging local need as well as national policy imperatives.

The CYPSC Annual Progress Report will encompass:

- An overview of how children and young people in the county / CYPSC area are doing under the five national outcomes for children and young people. Highlighting any significant changes, improvements and areas requiring further attention or exploration by the CYPSC.
- Detail of progress on those actions set out in the Annual Programme of Work to improve outcomes for children and young people.
- Detail of CYPSC inter-agency activity including membership, engagement, distribution of leadership across CYPSC members and alignment of / linkages to CYPSC member agencies operational plans.
- Detail of how the CYPSC is involving children and young people in its structures and decision-making.
- CYPSC progress on national policy objectives and commitments as relevant.
- Challenges, achievements, the value add of the CYPSC model of interagency working and lessons learned from implementation.
- Record of leveraged funding into the county / CYPSC area and record of pooled resources by CYPSC member agencies.

Section 8: Appendices



Appendix I – Schedule for the Children and Young People's Plan

Sept 18	Stage 1			Stage 2			Stage 3			Stage 4	
	October 18	Nov 18	Dec 18	January 19	Feb 19	March 19	April 19	May 19	June	July 19	
CYPSC agree schedule	Explore options for updating socio-demographic profile										
			Review work completed and ongoing from current plan Updating Socio-demographic profile and audit of services. Ongoing gathering of data to inform needs analysis.			Headline issues available from review, profile and consultations					
			Individual and group consultations with stakeholders and children and young people. Use of existing consultations and feedback.					Draft and final Report from Stages 1 - 3	Profile, Needs Analysis, Consultation and Actions collated	CYPP Finalised and submitted for Quality Assurance Process	
			Sub Groups begin identifying and naming actions for new plan						Actions and lead agencies agreed		

Easter 19th – 22nd April 2019

Steps: Review work under the current plan
 Updating Socio-demographic Profile
 Consultations and Needs Analysis
 Ongoing CYPSC and Sub Group input
 Finalising Plan locally and submission for Quality Assurance
 Implementation of the plan from Sept 2019 – 2021

Appendix II

Summary of Findings from consultations West Waterford specific:

Focus	Recommendations
Mental Health	<ul style="list-style-type: none"> • Improve mental health service provision for all levels and age groups to include early intervention, Child and Adolescent Mental Health Services (CAMHS), counsellors and support groups. • Increase peer and group bereavement supports for children 10+ years. • Increase wrap around services such as collaborations between mental health, drug and alcohol and homeless services.
Participation	<ul style="list-style-type: none"> • Create space and youth -friendly activities that cater for interests other than sport. • Expand consultations to include more participation by young children and children and young people identifying with specific groups e.g. travellers, migrants, LGBTI+ and Disability.
Professional Youth Workers	<ul style="list-style-type: none"> • Increase provision of professional youth work services west of Dungarvan. • Prioritise high level youth work such as Garda Youth Diversion Programmes and Drug Prevention Programmes.
Service Provision	<ul style="list-style-type: none"> • Increase funding to sustain projects and services on a longer-term basis. • Increase staffing and interagency working in current services. • Develop a stronger outreach model for services or a central hub such as a Family Resource Centre in the West of the county. • Focus on community engagement to build on existing work.
Parental Support	<ul style="list-style-type: none"> • Social support outlets of parents with children of all ages. • Support for parents in relation to specific needs such as mental health, behaviour management and disability.
Primary Health Care	<ul style="list-style-type: none"> • Increase provision of and access to GP and Public Health Nurse Services in West Waterford.
Homelessness	<ul style="list-style-type: none"> • Emergency and supported accommodation for homeless people in the area. • Provide access to a Homelessness Officer through the council in Dungarvan so that people can present as homeless outside of Waterford city. • Develop stronger collaboration between homeless and mental health services.

Domestic Abuse	<ul style="list-style-type: none"> • Provision of a refugee or emergency accommodation in West Waterford.
Transport	<ul style="list-style-type: none"> • Improve public transport services to include a night link, youth bus and a rural link for more isolated townlands.
Marginalised Groups	<ul style="list-style-type: none"> • Develop inclusive social activities for marginalised groups such as migrant communities and social housing residents. • Increase engagement with the EROC centre and single adults.
Travellers	<ul style="list-style-type: none"> • Increase resources to run additional activities in support of the Dungarvan Community Health Project such as social groups, antenatal and parenting support and mental health services.
Disabilities	<ul style="list-style-type: none"> • Increase respite provision and social activities for disabled children. • Sexual health education for teenagers with disabilities and their families.
Volunteer Support	<ul style="list-style-type: none"> • Support volunteers in developing skills to manage commitments and share workloads in community groups and/or services. • Increase volunteer capacity to respond to children and young people with high level needs (Hardiker levels 3 and 4). • Provision of training and capacity building with emphasis on social inclusion.
Public Awareness	<ul style="list-style-type: none"> • Raise public awareness about drug use, especially outside of Dungarvan. • LGBTI+ education and awareness mainstreamed in schools and community groups. • Increase resources for advertising and networking so that families and communities are aware of services and events.

Summary from Consultations with Pre-schoolers – Primary School Children

Strengths	Needs	Concerns
<p>Friends living near by friendly community</p> <p>Family and living close to family</p> <p>Flowers, the beach, field, the countryside</p> <p>Appreciation of natural beauty</p> <p>Being in a peaceful area</p> <p>Going to the park</p> <p>The Greenway</p> <p>Playing with teddies and picnics, digging in the garden, going swimming, going to the cinema, going shopping, helping Nanny, Mammy, Daddy, playing with brothers / sisters and friends</p>	<p>Green spaces to play and playgrounds and bigger parks</p> <p>a trampoline park, a swimming pool, swings and slides, more family friendly places, more sports clubs, a water park, art club, dance classes, music classes</p> <p>Opportunities for safe play and more play</p> <p>A basketball hoop near by</p> <p>To live closer to friends</p> <p>Places for young people to hang out</p> <p>More to do in the summer.</p> <p>Make streets wheelchair accessible</p> <p>A carpark for Walsh Park when there are matches on</p> <p>Bigger homes</p> <p>Footpaths to be fixed</p>	<p>A clean environment to live in, no litter, broken glass, beer cans, bottles, no bonfires, people to pick up dog poo</p> <p>Streets are not clean, people dropping rubbish and paper</p> <p>too much traffic to play safely</p> <p>‘for the earth to be better’ – no plastic, more flowers and trees, more butterflies, ladybirds and animals</p> <p>Homelessness / Housing for homeless people</p> <p>Mental Health and supports for young people / More awareness for mental health in schools</p> <p>Employment</p> <p>Being lonely</p> <p>Safer Roads and better drivers</p>

	<p>More picnic tables</p> <p>Zip wire in the playground</p> <p>Information for adults on LGBTI and supports for LGBTI people</p> <p>A skate park</p> <p>To ride a bike in safety, more bicycle lanes</p>	<p>Crime / Thieves</p> <p>Transport to meet friends</p> <p>Family conflict</p> <p>Bullying and people being mean</p> <p>Animal cruelty – people to look after their dogs and cats</p> <p><u>Pre-schoolers</u></p> <p>(what they don't like)</p> <p>Bumble bees, getting slapped, cars, if trees and flowers are gone, seagulls, rubbish, spiders, family living far away, monsters, the rain, Jail.</p>
<p>Examples of Answers to Magic Wand Question (Pre-schoolers – 13 years)</p>		
<p>Having a Unicorn for a Pet</p> <p>Loads of money</p> <p>Being famous – a footballer or celebrity or pop star</p> <p>Be a Ninja, a Pilot, a Princess,</p> <p>Bigger/better house</p>	<p>Everyone to be happy and Kind</p> <p>Have a Disco Light, huge playground, swimming pool at home, a new dog, more sweets and ice-cream</p> <p>People and pets not to be sick</p> <p>Make the world better in the future</p> <p>Bridges to other countries so we would be connected</p>	

Consultations with teenagers / young adults

Worries	Suggestions
<p>Bullying / Cyberbullying, Poverty, Family, Homelessness / Housing, Alcohol and Drug misuse, mental health supports, Relationships, public transport, threatening behaviour/safety, Unhealthy lifestyles, school being hard, pollution and dumping</p>	<p>More recycling bins / bins, fix footpaths, less pressure and more opportunities, supports for mental health, supports for LGBTI+, talks for 'older people' on 'topical issues', more groups and safe spaces to 'hang out' Adults to engage with ICT on a positive footing. Opportunities for involvement in decisions about their own lives</p>
<p>It was evident from those who were involved in groups and activities that there is an appreciation of these supports and opportunities and that more volunteers and funding for activities would be good.</p>	
Other Findings	
<p>On a small number of occasions the lack of food was mentioned as a worry or what could be improved. Struggles within families is a recurring theme, when expanded on some stated relationships issues between themselves and parents. Poverty and lack of money was highlighted with young people and young adults There were a small number of responses from seldom heard young people and their concerns were about job opportunities, being part of something and exclusion.</p>	

Feedback from Parents
<p>Feedback from parents has been well represented in the report as a whole. The needs analysis is very much informed by what we learned from parents over the duration of the last plan. Concerns relate to a wide and varied number of issues as outlined in the West Waterford findings, needs analysis, and responses included in the Action Template.</p>

Appendix III

Recommendations for Family Support Needs Analysis in West Waterford

This section concludes this needs analysis report by summarising recommendations for children, young people and families in West Waterford within the framework of *Better Outcomes Brighter Futures* national outcome and transformational goals areas, presented in table below.

BOBF Theme	Priority Recommendations (0-24 Years)
Outcome 1: Active and Healthy	<ul style="list-style-type: none"> ❖ Increase provision of and access to GP and Public Health Nurse services in West Waterford. ❖ Improve mental health service provision for all levels and age groups to include early intervention, Child and Adolescent Mental Health Services (CAMHS, counsellors and support groups). ❖ Increase peer and group bereavement supports for children 10+ years. ❖ Increase respite provision and social activities for children with disabilities. ❖ Sexual health education for young people including those with disabilities and their families. ❖ LGBTI+ education and awareness. ❖ Enhance services to address high levels of substance misuse. Raise awareness about drug use, especially outside Dungarvan.
Outcome 2: Achieving in Learning and Development	<ul style="list-style-type: none"> ❖ Address availability and access to appropriate childcare places in the area to meet the needs of children and parents. ❖ Prioritise the needs and actions required to support school going children and young people as the highest percentage of target population are aged 5-18 years.
Outcome 3: Safe and Protected from Harm	<ul style="list-style-type: none"> ❖ Further research into domestic abuse and needs of families affected in the area as well as the provision of emergency services in West Waterford. ❖ Support and establish anti bullying and cyber safety initiatives for 5-18-year olds. ❖ Raise awareness about forms of abuse, especially emotional abuse in families, schools and communities.
Outcome 4: Economic Security and	<ul style="list-style-type: none"> ❖ Prioritise high level youth work such as Garda Youth Diversion and Drug Prevention Programmes. ❖ Provide access to a Homelessness Officer through the council in Dungarvan so that people can present as homeless

Opportunity	<p>outside of Waterford City.</p> <ul style="list-style-type: none"> ❖ Emergency and supported accommodation for homeless people in the area.
Outcome 5: Connected, Respected and Contributing to their World	<ul style="list-style-type: none"> ❖ Increase resources for advertising and networking so that families and communities are aware of services and events. ❖ Improve public transport services to include a night link, youth bus and a rural link for more isolated townlands. ❖ Diversify youth friendly spaces and activities. ❖ Further research into needs of families accommodated in the Emergency Reception and Orientation Centre in Clonea and those resettled in West Waterford as part of the Irish Refugee Protection Programme.
Transformational Goal 1: Support Parents	<ul style="list-style-type: none"> ❖ Explore the specific needs of lone parents in the area as the rates are higher than national averages. ❖ Review support needs of young parents under 24 years. ❖ Provide social support outlets for parents of all ages. ❖ Supports for parents in relation to specific needs such as mental health, behaviour management and disability. ❖ Additional activities for Travellers in support of the Dungarvan Community Health Project such as social groups, antenatal, parenting and mental health supports.
Transformational Goal 2: Earlier Intervention and Prevention	<ul style="list-style-type: none"> ❖ Provision of training and capacity building for staff and volunteers on social inclusion. ❖ Prioritise public awareness of issues and services.
Transformational Goal 3: Listen to and Involve Children and Young People	<ul style="list-style-type: none"> ❖ Additional consultations targeting hard to reach groups who may not be fully represented in this analysis e.g. travellers, migrants, LGBTI+ and disability. ❖ Create youth friendly spaces that caters for interests other than sport and create a strong community connection.
Transformational Goal 4: Ensure Quality Services	<ul style="list-style-type: none"> ❖ Support volunteers in developing skills to manage commitments and share workloads in community groups and/or services. ❖ Increase provision of professional youth work services west of Dungarvan (prioritise Hardiker levels 3 and 4). ❖ Develop detached, mobile, outreach services and/or a central hub such as a Family Resource Centre in the West of the County.
Transformational Goal 5: Strengthen Transitions	<ul style="list-style-type: none"> ❖ Support educational transitions from early years to primary; primary to secondary; and secondary to further education or training.

<p>Transformational Goal 6: Cross – Government and Interagency Collaboration</p>	<ul style="list-style-type: none"> ❖ Strengthen Child and Family Support Networks in the area to enhance awareness and accessibility of services. ❖ Increase wrap around services such as collaborations between mental health, drug and alcohol, homeless, and child and family services. ❖ Commission funding to provide and sustain family support services, taking account of additional costs associated with rural provision. ❖ Create an effective model of provision inclusive of key components identified in this study. ❖ Prioritise awareness, accessibility and inclusiveness.
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Appendix IV - Membership of Sub Groups

<ul style="list-style-type: none"> ● Child and Youth Mental Health 	<ul style="list-style-type: none"> ● Chair: HSE Psychology ● HSE Health Promotion ● HSE Regional Suicide Resource Office ● Foróige ● National Education Psychology Service ● HSE Substance Misuse ● Tusla ● Waterford Libraries ● Waterford and South Tipperary Community Youth Service ● School Guidance
<ul style="list-style-type: none"> ● Social Inclusion and Participation 	<ul style="list-style-type: none"> ● Chair: Waterford and South Tipperary Community Youth Service ● Foróige ● HSE Substance Misuse ● Comhairle Na nOg ● Barnardos ● Waterford Wexford Education and Training Board ● Treo Port Lairge ● Tusla PPFS
<ul style="list-style-type: none"> ● Family Support 	<ul style="list-style-type: none"> ● Chair: Barnardos ● Tusla Education Welfare Service ● Tusla PPFS ● Foróige ● Tusla Commissioning ● St Brigid's Family Resource Centre ● Sacred Heart Family resource Centre ● HSE Public Health Nursing ● Waterford City and County Council ● Tusla Child Protection and Welfare
<ul style="list-style-type: none"> ● 18 – 24 Years 	<ul style="list-style-type: none"> ● Chair: Focus Ireland ● Department of Employment and Social Protection ● Waterford and South Tipperary Community Youth Service ● HSE Substance Misuse ● Waterford Area Partnership ● WWETB
<ul style="list-style-type: none"> ● First 5 	<ul style="list-style-type: none"> ● Chair: HSE Public Health Nursing ● Coiste Cúram Leanaí Phort Láirge ● Respond Support ● St Brigid's Family and Community Centre ● HSE Speech and Language ● Waterford Wexford Education and Training Board ● Tusla PPFS ● HSE Dietetics ● Sacred Heart Family Resource Centre

Appendix V

Sample Letter



What is the Children and Young Peoples Services Committee?

The Children and Young Peoples Services Committee (CYPSC) is a county-wide committee that includes representatives from all of the main statutory, community and voluntary agencies and organisations working locally on behalf of children and young people (aged 0-24 years) in Co. Waterford. Waterford Childcare Committee is only one organisation that is involved, others include TUSLA, HSE, Family Resource Centres, WWETB, and Waterford City and County Council, WSTCYS, etc

What is the aim of the Committee?

The committee is responsible for improving the lives of children, young people and families in Waterford through better co-ordination, planning and service delivery.

The committee also ensures that professionals and agencies work together to ensure that children, young people and their families receive improved and accessible services in Waterford. The overall purpose of the CYPSC is to ensure better outcomes for children and young people in Waterford.

Why do we need your help?

The Committee is now in the process of developing a Children and Young Peoples Plan for the County. The plan will detail how children and young people (aged 0-24 years) will be supported. This plan will not be valid unless it has the voices of children and young people – their issues and needs included in it. We need your help to include these voices. We want to know what is good and bad in children’s communities and what would make life better.

What is involved?

We have 3 questions we need help with. How you consult with the children is open to you. It might be a circle time discussion, an art activity, or a small group discussion, or you might have another innovative way of consulting. The aim is to make the discussion relevant to the children.

If you have any questions at all please contact

Julie Somers

Tel: 051 842946

Email: Julie.somers@tusla.ie

Details

Name of Centre or School	
Name of staff member(s) carrying out the consultation	
Age range of children consulted	
Number of children consulted with	
Describe the method of consultation used	
City/Town/Village/area(s) children are from – This is really important as it will give an idea of where the communities are.	



Questions for Children

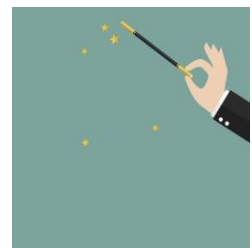
1. **What is your favorite thing about the place where you live?** *(Your town, Village, Community)*



2. **Is there anything you do not like about living in this place?**
(your town, Village, Community)



3. **If you had a magic wand what would you like to change or wish for?**



B) Sample questionnaire

Waterford Children & Young People Services Committee
Consultation for Children and Young People's Plan 2019—2021
FOR USE WITH YOUNG PEOPLE FROM 13 TO 24 YEAR OF AGE IN WATERFORD



I know about or am involved in the following youth activities:

Club /Group / Supports / Services	Yes	No
Local Youth Club		
Local Youth Project		
Sport Clubs and Facilities		
Comhairle Na nÓg		
Drug and Alcohol Services		
Scouts and Guides		
Youth Arts (Music, Dance, theatre, art etc)		
Community Games		
Youth Café		
Information and Guidance		
Crime / Youth Justice Supports		
LGBT Supports		
Disability Groups (Physical or Intellectual)		
Traveller Specific Groups		
Homework Club/Education Supports		
Counselling Services		
Employment Services		
Ethnic Specific Group		
Macra Na Feirme		
Church / Spiritual Groups		
Other (please name)		

I am concerned or worried about the following:

	Yes	No
Bullying / Cyberbullying		
Youth Unemployment		
Poverty / Not having enough money		
My Family		
My Parents/ My Guardians/ My Carers		
Homelessness / Housing		
Alcohol Misuse		
Drug Use		
Gambling		
Internet use that could upset someone		
Crime		

	Yes	No
School		
Mental Health		
Health Services for Young People		
Sexual Health		
Relationships		
Peer pressure		
Unhealthy Lifestyles / Eating / Diet/ Inactivity		
Accessible Public Transport		
Availability of Youth Facilities in my area		
Violence and Threatening Behaviour		
Other (please name)		

In my area what are the good things, the not so good and the things that could be better?

<p>Good things? What do you like about your area?</p>
<p>What would you like to see improved?</p>
<p>What would make my life better?</p>

I am (please circle):

MALE FEMALE NON BINARY / OTHER
 13 to 15 16 to 18 19 to 24
 RURAL URBAN

Would you like to say what area ? _____

IF YOU HAVE BEEN AFFECTED BY ANY OF THE ISSUES RAISED IN THIS CONSULTATION PLEASE IMMEDIATELY CONTACT YOUR FACILITATOR OR SPEAK TO A SUPPORTIVE ADULT.



Waterford Children and Young People's Services Committee Disability Inclusion Framework

This Disability Inclusion Framework sets out the vision and commitment of Waterford Children & Young People's Services Committee's (hereafter CYPSC) to providing equitable services and opportunities for the full participation and inclusion of disabled children and young people ages 0 to 24.

This framework will improve practice by informing Waterford CYPSC and its members of the principles and guidance to address and respond to the particular needs of children and young people who experience disability.

It is underpinned by Waterford CYPSC's belief that disabled people have a right to the same opportunities within society on an equal basis with everyone else.

This reflects a commitment to creating the same quality life outcomes for disabled children and young people as those without disabilities.

Who we are

Waterford CYPSC was established in 2013 with membership drawn from statutory, community and voluntary organisations across County Waterford. In working together, our focus is to ensure that agencies secure better outcomes for children and young people of all abilities in Waterford City and County through more effective integration of existing services and interventions at local level.

We understand disability to be the loss or limitation of opportunities to take part in society on an equal basis with all others due to social, attitudinal and environmental barriers. In adopting this framework we seek to improve quality of life outcomes for all children and young people.

Waterford CYPSC's rights-based approach to inclusion means that children and young people experiencing disability

- Have the same rights and responsibilities as all citizens
- Have the same inherent worth and dignity as all citizens
- Are recognised and valued for their skills and talents
- Have opportunities to participate fully in their community

The Framework Principles

The UN Convention on the Rights of People with Disabilities informs the principles embodied in the framework. These principles underpin Waterford CYPSC's commitment to interagency partnership and collaboration and the acknowledgement that inclusion is everyone's business.

"Inclusion is not a strategy to help people fit into the systems and structures which exist in our societies; it is about transforming those systems and structures to make it better for everyone. Inclusion is about creating a better world for everyone."

Diane Richler, President, Inclusion International

1. **Rights and responsibilities:**

Disabled children and young people have the same rights and the same responsibilities as others in Irish society. They are entitled, as others are, to the equal protection and the equal benefit of the law and require measures for achieving equality.

2. **Empowerment:** Disabled Children and young people require the means to maximize their independence and enhance their well-being.

3. **Participation:** Disabled Children and young people require full access to the social, economic and physical infrastructure which supports our society so that they can participate fully and equally in their communities. Such participation is essential for genuine empowerment.

Our Desired Impact

Waterford CYPSC's approach to inclusion considers the **impact** that disability has on a person's ability to achieve independence, to participate and to be included in communities. It is our ambition that children and young people who experience disability:

- have the same opportunities as other people to access services and supports.
- are encouraged to develop their potential and to contribute to their communities as they so wish.
- actively engage and participate in the development of Waterford CYPSC policies and services that affect them.
- receive information in a format that will enable them to access the information as readily as other people are able to access it.
- actively participate in any consultation process held by Waterford CYPSC.

Steps in Making Inclusion Happen

A strategic approach to inclusion requires a written, costed, time specific strategy for inclusion. Sustaining inclusive practice also requires an ongoing commitment from

senior management, regarding funding, staffing, training & development, implementation, monitoring, evaluation and updating.

The following elements need to be considered in making inclusion happen.

1. Awareness and Mapping

Awareness of disability and its implications is the crucial first step in services becoming inclusive. If plans are to be well founded it is important to know the existing position in terms of the numbers of disabled children and young people, their requirements, and the range of services genuinely available to them.

Interagency Work

In meeting the needs of children and young people with disabilities, Waterford CYPSC recognises above all that an inclusive approach is required to ensure positive quality of life outcomes for disabled children and young people.

2. Key policy development

All policies impacting on children and young people should by definition be inclusive policies. Integrated working with partners within Waterford CYPSC such as leisure, education, transport, health and all children's services is essential to this development.

3. Communication

Communication in all its forms should be inclusive. Consultation and engagement with disabled children and young people and their families is essential in building trust and getting services right.

4. Access to the Mainstream

Mainstreaming is the process which ensures that disabled children and young people can fully participate and be supported to do so across all structures, services and activities within Waterford CYPSC. All mainstream services in Waterford should be encouraged to be pro-active in engaging disabled children and young people.

5. Workforce development

All staff should receive equality training to propel attitudinal change throughout the workforce. Inclusive practice should be at the core of all staff training, irrespective of whether they work directly with children and young people with disabilities.

6. Partnership and Collaboration

It is important for Waterford CYPSC to play a key role in making links at the local, regional and national level. All key players in inclusive services will profit from continuing contact and idea sharing with others, both internally and externally.

Benefits are gained from continuing contact with others in a similar position, and also from keeping inclusion high on providers' agendas.

A Note about Disability Inclusion and Equality

Waterford CYPSC is committed to equality of opportunity for all children and young people. However the committee recognises that certain groups of individuals may experience greater levels of exclusion than others and therefore require specific support measures. Many organisations operate services which are deemed to be 'open to all'. This means they do not have any specific strategy or separate groups or activities for disabled children and young people because they are welcome to join in within mainstream activities.

While Waterford CYPSC does not promote special treatment of persons with disabilities, it does recognise the need for specialised services for disabled children and young people within the generic framework for the delivery of services and supports.

Specific targeting is needed, so that the services and supports:

- make children and young people who experience disability feel welcome

- address the barriers that prevent the participation of disabled children and young people. These barriers include
 - inaccessible physical environment
 - lack of accessible information and equipment
 - negative attitudes, prejudice and stereotyping
 - lack of understanding, competency and confidence in staff
 - assumptions that inclusion is someone else's responsibility

- are proactive and competent in consulting with children and young people and their families in the planning and delivery of services and in decision-making processes.

Full inclusion means that the needs of disabled children and young people are met through generic programmes, while additional essential supports are provided to those individuals whose needs cannot be met through generic programmes and services.

Waterford Children and Young People's Services Committee and DESSA gratefully acknowledge funding support from Tusla and the Department of Children and Youth Affairs under the Quality and Capacity Building Initiative (QCBI) through Dormant Accounts Funding.

